



A Letter from the President

Marianne Lonergan Curtis

September 2011

Dear Health Freedom friends:

As important events impacting our health freedoms continue to unfold in our country, we are filled with gratitude to be working together with all of you to strengthen the voice of health freedom. Personal choice in health care decisions is in heated debate in the USA. At NHFC we know that if we can develop a strong voice of solidarity with all of our friends and colleagues across the country, the vision of true health freedom will manifest fully and healing systems will be transformed to reflect our true human natures.

The freedom to make health care decisions for one's self and one's family is a basic liberty that we must forever protect. In order to be in a meaningful conversation regarding our health we need to know the truth of the matter, and we need to have access to whatever information, practitioners, and treatments that we need to make the most beneficial decisions for our health.

Unfortunately, consumers continue to lose access to many health care practitioners and products. That is because laws get passed that reflect the dominant conventional medical drug-based model, which includes only very narrow consumer options. The investigation and detaining of medical doctors, dentists, homeopaths, naturopaths, and alternative practitioners of all kinds continues, even when there is no showing of harm, just because the treatments are innovative and not part of the conventional model. Dietary supplements and nutritious foods continue to be restricted or banned, even when there is no showing of harm, just because they are being used for prevention and cure of disease instead of using drugs. And drugs and vaccines that have incredible deleterious impacts on the population continue to be marketed and used.

Consumers are searching for information about the laws and about their rights and NHFC is hearing from them. Inside this report you will see a glimpse of the important work of our team.

We could not do this work without you, and we appreciate so much your participation and support. With your help we will continue to push for keeping health freedom in the forefront of the freedom conversation. Together we will continue working every day to maintain our freedom to access the health care practitioners, products and information upon which we depend.

Warmest Blessings for Your Good Health,

A handwritten signature in black ink that reads "Marianne Lonergan Curtis". The signature is written in a cursive, flowing style.

**Marianne Lonergan Curtis, CAMT, CFT
NHFC – President**

Our Core Work

Responding to the Public

NHFC responds daily to calls from around the country. Calls come from citizens, practitioners, and manufacturers who are worried about losing access to natural health practitioners or products.

Educating About Health Freedom

NHFC educates citizens about health freedom by phone, emails and in-person meetings. We travel to state capitols and grassroots venues, providing on-site presentations on health freedom principles, laws and public policies. We teach citizens how to best articulate health freedom concepts in public forums, and we provide an extensive informational website.

Educating About Political Process

We educate citizens on participation in the political process by providing advocacy and lobbying training sessions. We help citizens start state health freedom groups, from the very beginning stages of incorporating, all the way through to their active stages where they are ready to implement effective projects to promote health freedom.

Providing Timely Updates and Alerts

Consumers are daily bombarded with information about health freedom issues, and many look to NHFC for timely analysis on whether a particular event or happening will infringe on their health freedoms.

Collaborating and Gathering with Other U.S. Health Freedom Leaders

NHFC has long held the belief that if we work together we will have a stronger voice for health freedom. Since 2001 we have hosted six national leadership conferences, bringing state and federal health freedom organizations and companies together to build solidarity in the freedom movement. We are daily in touch with health freedom leaders in small or large group conversations, and we host and manage a state leaders Yahoo group where state health freedom leaders can confidentially communicate with each other about key strategies and health freedom issues.

Global Health Freedom

As the world changes and globalization takes hold there are many health freedom issues impacting consumer options in health care. The passage of the Codex Guidelines for Vitamins and Minerals is just one example of where the assumption that dietary supplements are dangerous drug-like products has manifested and transformed into an international trade guideline. NHFC has attended Codex meetings in Geneva and Rome and stays in contact with the US NGO representing US consumers at Codex, National Health Federation, in order to help strengthen the voice of health freedom internationally. NHFC hosted the World Health Freedom Assembly in 2006, which brought together 14 international health freedom organizations that drafted and endorsed the International Declaration for Health Freedom, signed by 18 international health freedom organizations.

NHFC TEAM

JUDY BUROKER
Administrative Assistant

LEO CASHMAN
Accountant

JERRI JOHNSON
Public Relations Coordinator

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Director of Law and Public Policy

ANNE TENNER JD
Assistant Attorney

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PETER HALGASON
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V.E. Irons, Inc

DIANE MILLER JD

The Year in Review

WINTER 2010 JANUARY - MARCH

- **For 10 years, National Health Freedom Coalition has given presentations and taught grassroots advocates across the country on how to participate in the political process to protect health freedoms.** In the 2010 state legislative sessions, seven groups that received guidance and coaching from NHFC went forward at their state capitols to initiate or block particular pieces of legislation that impacted health freedom: Colorado Sunshine Health Freedom Foundation, Colorado Springs Health Freedom Steering Committee, Maryland Health Freedom group, Minnesota Natural Health-Legal Reform Project, New Jersey Sunshine Health Freedom, Ohio Sunshine Health Freedom Coalition, Virginia Chapter of the CNHP (Certified Natural Health Practitioners), and Wisconsin Health Freedom Coalition.



Wisconsin Capitol, Madison

- **These groups became active in advocating for safe harbor legislation to protect consumer access to herbalists, naturopaths, homeopaths, and many complementary health care practitioners. They opposed** overly broad bills that would have restricted the rights of citizens to speak about nutrition, such as strict dietitian licensure bills, or massage bills that would attempt to block the right of citizens to do healing touch.
- **In March NHFC staff gave presentations at the Long Beach Health Freedom Expo** to educate the public on important health freedom issues on the state, federal, and international level, including UN Codex issues regarding dietary supplement guidelines and labeling issues for genetically modified foods (GMOs). At the NHFC booth many citizens signed up to keep informed of their health freedoms.



Clinton Miller at Health Freedom Expo

SPRING 2010 APRIL - JUNE

- **NHFC provided expert testimony at legislative hearings and attended trials that deal with health freedoms.** Diane Miller, JD, NHFC Director of Law and Public Policy testified in the Ohio House of Representatives to inform legislators about what was taking place in other states regarding safe harbor exemption laws for unlicensed practitioners. Miller also attended the State V. Hartmann trials in Minnesota dealing with raw milk. NHFC supports consumer access to raw milk and consumers' use of raw milk as a whole and unadulterated natural food source, rich in vitamins, minerals, and immune transfer factors. NHFC supports creative solutions to ensure access, and does not support un-announced raids and hostile treatment of raw milk farmers, nor unnecessary restrictions on consumers that use raw milk.



Suzan Gingerich & Joe Bassett, Ohio health freedom leaders



Ohio Capitol, Columbus

- **The Chicago Health Freedom Expo is a high point in the year as health freedom activists come together to** share presentations and develop strategies for upcoming events to protect health freedom. Director Miller, and NHFA Board Member Clinton Miller both, provided presentations, and participated on panels attended by hundreds of consumers of natural health care. The NHFC team was also supported by fundraising advisor Deborah Ward and NHFA Board member Larry Hanus, pictured at right with Dr. Dan of www.OnlineRehabClinic.com.



Dr. Larry Hanus, DDS, and Dr. Dan

SUMMER 2010 JULY – SEPTEMBER

- **On August 4th NHFC moved into its new larger, and environmentally sound, office space** with bright southeastern sunny windows. What a dream!
- **“Raw milk” politics was in the forefront as a huge issue in the summer of 2010.** When NHFC adds new areas of expertise to their quiver it goes in-depth and immerses itself. Regarding the access to raw milk issue, NHFC attended the Weston Price Foundation Raw Milk Conference, participated in public meetings, and researched the legal issues surrounding raw milk, both state and federally. The steps taken to gain a more in-depth understanding of the laws and public policies specifically on raw milk and to gain a deeper understanding of what consumers and farmers want regarding access to raw milk, were foundational in the even larger and ongoing work of discussing and recommending workable solutions to the problems surrounding consumer access to natural, organic, and raw foods.
- **To top off a busy summer our Director, Diane Miller JD, gave a visiting lecture to law students at Hamline University School of Law** in the Complementary and Alternative Medicine class taught by former Professor Cynthia Jesson, (now Minnesota Commissioner of Health and Human Services).



Kathryn Berg, Greg Schmidt, Nancy Hone, & Diane Miller, Minnesota activists

AUTUMN 2010 OCTOBER - DECEMBER

- **Cambridge, England was the meeting place for Homeopathic Action Trust for 100 homeopaths from around the world.** NHFC Director Diane Miller and former NHFC Board Member Marylu Miller Peterson, RSHom, CCH, homeopath, were invited to attend and join the effort in setting the global vision for homeopathy. Their report back was one of wonder and awe as the Homeopathic Action Trust had led them in a three day interpersonal journey to develop and name the global vision for homeopathy in the world today. A stunning short documentary has been released reflecting this important meeting.
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Simon Taffler, Homeopathic Action Trust, Cambridge Conference



Marylu Miller Peterson homeopath participant in Cambridge, England



John Melnychuk, homeopath and founder of California Health Freedom Coalition
- **Autumn brought the passings of two of NHFC's close colleagues:** Dr. Ronald King, DDS, Minnesota mercury-free dentist and former Board Member of the Minnesota Dental Board of Examiners; and Attorney Sandra Duffy of Oregon, drafter and advocate for health freedom legislation in the state of Washington, and Director of Consumers for Dental Health. Dr. King and Sandra Duffy will be greatly missed and we honor their work and friendship that we have shared over these many years.
 - **The state of Colorado was important in the health freedom conversations of 2010,** culminating in a special meeting in Denver to enhance understanding among Colorado interest groups on the benefits and working of safe harbor legislation protecting consumer access to natural health care practitioners. Director Miller was invited by Colorado Sunshine Health Freedom, and Colorado Springs Citizens for Health Freedom, giving presentation to Colorado Department of Regulatory Agency leaders, Colorado Medical Society representatives and special health interest lobbyists.



Jackie Pinkham of Colorado Sunshine Health Freedom Foundation and Diane Miller NHFC



NATIONAL HEALTH FREEDOM COALITION

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Board of Directors

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Leo Cashman, Treasurer
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Robert Irons, PhD.
Jerri Johnson, Vice President
Diane M. Miller JD

2010 National Health Freedom Coalition

Statement of Revenue & Expense - 2010

| | |
|---|-------------|
| REVENUE: | |
| Grants (matching) | 48000 |
| Grants, other | 23000 |
| Contributions | |
| -matching | 33876 |
| - year end | 2610 |
| - other contributions | <u>2575</u> |
| Total, Contributions | 39061 |
| Memberships | 530 |
| Interest revenue | <u>14</u> |
| TOTAL REVENUE | 110605 |
| | |
| EXPENSE: | |
| Wages | 28188 |
| Payroll Taxes & benefits | 2540 |
| Contracted services | 21438 |
| Supplies, merch fees, food | 4724 |
| Telephone | 1905 |
| Information technology/ on-line | 193 |
| Postage | 1047 |
| Rent, space | 2095 |
| Utilities | 1092 |
| Printing, copying, newsletter | 1165 |
| Travel, lodging, transportation | 5062 |
| Vehicle repairs, insurance, other | 1416 |
| Depreciation | 311 |
| Insurance, general liability | 372 |
| Filing fees, services charges | 81 |
| Conference expense | 154 |
| Grant to National Health Freedom Action | <u>3778</u> |
| Total Expense | 75561 |
| | |
| Net, Revenue over Expense | 35044 |

Balance Sheet - December 31, 2010

| | |
|--------------------------------|-------------|
| ASSETS | |
| Checking | 42334 |
| Misc Receivables | 7150 |
| Security deposit | 500 |
| Total Current Assets | 49984 |
| | |
| Fixed Assets: | |
| Vehicle | 8000 |
| less: Accum Deprec | -8000 |
| Equipment | 1557 |
| Accum depreciation | -467 |
| Total Fixed Assets | <u>1090</u> |
| TOTAL ASSETS | 51074 |
| | |
| LIABILITIES (all current) | |
| Payroll taxes owed & accrued | 1928 |
| Accounts payable | 1317 |
| Wages payable | <u>245</u> |
| TOTAL LIABILITIES | 3490 |
| | |
| NET ASSETS | |
| Unrestricted Net Assets | 47584 |
| TOTAL NET ASSETS | 47584 |
| | |
| TOTAL LIABILITIES & NET ASSETS | 51074 |

Mission Statement of the National Health Freedom Coalition:

To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation

National Health Freedom Coalition gratefully acknowledges those whose gifts support our work, and our health freedoms.

January 1, 2010 – December 31, 2010

\$48,000 Matching Grant

Dr. Clark Research Association

\$5,000 to \$8,000

Samaritan Group, Becker
Furniture World Foundation
Truehope
William L. Rand Company, Inc.
Anonymous

\$1,000 to \$4,999

Cal and Maureen Banyan
Dave Carpenter
Heartland Products, Inc
Steve & Jerri Johnson
Mastel's Health Foods, Inc.
Anonymous

\$500 to \$999

Dr. Phillip W. Burbutes
Miranda Castro
John and Diane Framsted
Burton Goldberg
Minnesota Homeopathic Association
Newton Laboratories
Kari Seaverson
Ralph Wolf
Anonymous

\$200 to \$499

Bette Jo Arnett
Margaret Bennett
Janelle M. Bussert & Anita C. Hill
California Health Freedom Coalition
Geoffrey Clark
Lori P Foley
Homeopathy Center of Houston
Ronald Kenmir
Tedd Koren, D.C.
John D. Laughlin, III
Clinton Miller
Diane M. Miller
North American Society of Homeopaths
Pam Prosser
Craig Repasz
Judith Steele
Steve Taylor
Walter Wainright

Michael Weber
Christine West
Anonymous

\$100 to \$199

Carole Addlestone
Vivien Bacaner
Edna R. Bernstein
Kathryn Blackburn
Desiree Brazelton
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Mary Brekke
Marybeth Buchele
Judy Buroker
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Karina Roth
Judith Sims
Mary A. Spielberg
Jeannine Stene
Richard Stene
Karen Stene-Finch
Sally Tamplin
Mary Ann Toohey
Martha Wade
Deborah Ward
Anonymous

\$1 to \$99

American Naturopathic
Certification Board
Lee Beaty
Dawn E Bennett
William L. Bennett
Gayle Bowler
Barbara Brockway
Paul Bussert
George Christen
Jacqueline Dexter
Caroline Elizabeth Eddy
Barbara Ford
Pamela Gerry
Rickie Gill
Arnold Gore
Linda Hedquist
Claiborne Holtzman
Irving Johnson
Martin Johnson
Anne Johnston Smith
Alice Kitzmann
Jackie Krammer
Stephanie Lee
Barbara C Lemke
Margaret Leutele
Rhenand Mendoza
Jacob Mirman
Bob Modaff
Sheila Parks
Cynthia Pileggi
Mary Alice Sell
Amy Storbakken
Kip Sullivan
Ross and Carol Taylor
Karen Willcox
Matthew Wood
Anonymous

Our United Vision:

***A healthy nation,
with empowered people,
making informed
health care decisions***

National Health Freedom Coalition

An educational 501(c)3 non-profit organization

“promoting freedom of access to health care”

Our Vision: A healthy nation, with empowered people, making informed health care decisions.

Our Mission: To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.

**Working nationally, internationally, and statewide to ensure your
Health Freedom!**

Join us and help us ensure your health care choices.

www.nationalhealthfreedom.org

National Health Freedom Coalition

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