

# The 2016 U.S. Health Freedom Congress

## *Strengthening the Voice of Food and Health Freedom!*

Hosted by  
National Health Freedom Coalition



On July 31 – August 2, thirty leading health freedom organizations and fifty additional organizations and participants representing millions of health freedom-conscious Americans came together at St. Olaf College in Northfield, Minnesota. They discussed urgent concerns for health freedom and strengthened collaboration within the health freedom movement.

freedom comments from **Judith McGeary**, Executive Director of **Farm and Ranch Freedom Alliance** of Cameron, TX (a Voting Member organization of the Health Freedom Congress). After seeing



The event opened Sunday evening, July 31, with health freedom comments from **Judith McGeary**, Executive Director of **Farm and Ranch Freedom Alliance** of Cameron, TX (a Voting Member organization of the Health Freedom Congress). After seeing how government regulations benefit industrial agriculture at the expense of family farms, Judith founded the Farm and Ranch Freedom Alliance to promote common-sense policies for local, diversified agricultural systems. FARFA is a national organization that supports independent family farmers and protects a healthy and productive food supply for American consumers.



Following Judith's comments, attendees participated in fun, light-hearted networking led by Program Committee member Rosanne Lindsay and the excitement in the room was tangible with so many wonderful leaders face-to-face with each other.

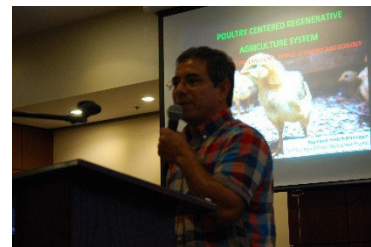


Attendees were then honored with a presentation by **Reginaldo (Regi) Haslett-Marroquin** of **Main Street Project** of Northfield, Minnesota. Regi is the



principal architect of the innovative poultry-centered regenerative agriculture model that is at the heart of Main Street Project's work. As CSO, his focus is on the development of multi-level strategies for building regenerative food and agriculture systems that deliver social, economic and ecological benefits. He leads Main Street's engineering and design work and currently oversees restorative blueprints for communities in the US, Mexico, Guatemala and Honduras.

Attendees were completely impressed with his formula for small farmers to build an integrative system of crops and animals that would multiply their production and income capacity and, at the same time, be completely regenerative of mother earth and the animals and the quality of product.



**The following two days were filled with the Congress work and activities.** The Congress opened and closed with the Health Freedom Voting Member organizations convening in a circle, beginning the first day with introducing their organizations and closing the second day by giving their response to Monday and Tuesday's work.

"The work" was done by all attendees in the Open Space format, led by facilitator **Denise Lewis Premschak**. This year's Congress again showed continued collaboration and comradery attributed to all leaders participating in the deep dialogue sessions.



Other special evening events were a Geoengineering workshop by **Clifford Carnicom**, of the **Carnicom Institute**, and a sold-out showing of the movie "**VAXXED**" that was followed by an inspiring Q & A with the movie's director, **Del Bigtree**, and producer, **Andrew Wakefield**. The Congress culminated on Tuesday evening with The Health Freedom Awards Banquet and remarkable words from Keynote speaker **Ronnie Cummins**, Co-founder & Int'l Director of **Organic Consumers Association (OCA)** and its Mexico affiliate Via Organica. **Click [Here](#)** to view Ronnie Cummins remarkable keynote speech.

**[Click Here](#)** to view entire Congress Program.

## Detailed Highlights

Each aspect of the Congress inspired and motivated leaders to work together to strengthen the entire health freedom movement. Three resolutions were passed by the 2016 Health Freedom Congress. **Click Below** on resolutions passed and see the endorsing organizations for each resolution:

**Resolution 1: Toxic Exposure, Parental and Citizen Rights**

**Resolution 2: Oklahoma Parents' Bill of Rights**

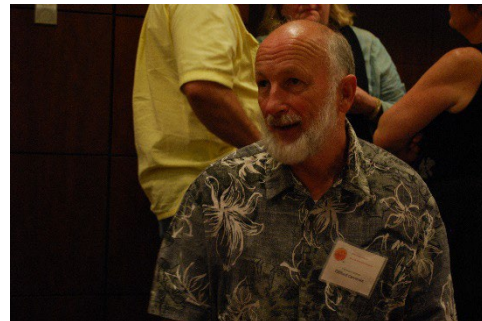
**Resolution 3: American Anti-Corruption Act**

**The open Space Sessions were remarkable and** were facilitated by **Denise Lewis Premschak** of Voice for HOPE, who adeptly walked leaders through the Open Space activity. Sessions gave leaders an opportunity to voice their priorities, develop focus groups, state their unique perspectives on issues before them, and then report back to the larger group with their comments and recommendations referencing the “golden nuggets” that emerged in dialogue. These wonderful words and phrases were written on colored papers and posted for all to see.



**“Geoengineering: The Daily Assault on the Health Freedom Movement”** was a workshop presented by **Clifford Carnicom** who spent nearly two decades as a scientist studying the composition and eventual harmful effects of airborne contaminants, and educating the public on this threat to our soils, our foods and our health. Carnicom stated that the freedom to choose

health is based upon an environment that is not compromised by toxins, and where healthy food, water, and air are available. For some 70 years our biosphere has been under toxic attack from many directions, and particularly from the skies in the form



of aerosols that are hazardous to health. Carnicom gave a historical overview of the practice of engineering our environment and his discoveries regarding the relationship between the increased toxicity of the environment and the rising incidence of common ailments and new disease.



**The final Monday evening event was the showing of the movie: “VAXXED”. The public was invited and over 140 people attended this special, moving event.** Parents and grandparents alike were informed about how the CDC suppressed information about the lack of safety of the Measles, Mumps, Rubella vaccines.



Interviews with doctors, politicians and parents of vaccine-injured children reveal an alarming deception that has contributed to the skyrocketing increase of autism. The Q & A after the movie with director, Del Bigtree, and producer, Andrew Wakefield, proved their determination to expose those who are trying to hide the facts no matter what is said about them.

**Tuesday featured two brilliant and moving Health Freedom Stories!** Celebrating those who stand up for health freedom, the Stories provided inspiration to those working for freedom, strengthened relationships, and encouraged collaboration. **Thank you**



**to Tim Welsh** (Story of Courage: Son, Tanner, who suffered vaccine injury and regression into Autism) **and Abdirizak Jama** (Story of Courage: How Abdirizak, a Somali parent, testified before the legislature



against a government policy and the story of his son who was healthy until the day he received his MMR vaccine) **for speaking their truth.**



**The event culminated with a passionate address by Ronnie Cummins**, Co-founder of **Organic Consumers Association**, at the Health Freedom Awards Banquet. **Click [Here](#) to view the Keynote Address.** Ronnie Cummin’s presentation was stunning, including the profound history and perspective of Ronnie’s participation in the health freedom movement and his vast knowledge of the workings of corporate dominance and its impact on the health of our nation. Ronnie inspired leaders and

highlighted campaigns dealing with sustainable agriculture issues including food safety, genetic engineering, factory farming and global warming.

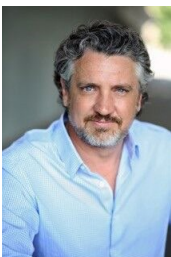
**Health Freedom Awards were presented** at the banquet to five outstanding health freedom leaders: **Tinia Creamer**, West Virginia farmer, The movie **“VAXXED”** along with director, **Del Bigtree** and producers, **Andrew Wakefield** and **Polly Tommey**; **Becky and John Hanks of Virginians for Health Freedom**; **Michelle Ford of Vaccine-Injury Awareness League**; and **Ronnie Cummins of Organic Consumers Association**.

## The 2016 US Health Freedom Congress AWARDEES

1. **Tinia Creamer, West Virginia farmer:** AWARDED “For her outstanding leadership in a seven-year battle to make raw milk in West Virginia legal through cow shares. Her success has brought positive change in West Virginia on the issue of raw milk rights and food freedom and the passing of legislation that makes raw milk in West Virginia available through cow share arrangements. Tinia took Food Freedom from a place of silence to a hot button issue that the whole state of West Virginia has now talked about.”



2. **The movie VAXXED: From Cover-up to Catastrophe:** AWARDED “For the film’s ability to bring to the public the untold truth about the lack of scientific integrity at the CDC regarding vaccines. For the film’s remarkable interviews with pharmaceutical insiders, doctors, politicians, and parents of vaccine-injured children that reveal deception that has contributed to the skyrocketing increase of autism and potentially the most catastrophic epidemic of our lifetime.”



“**Del Bigtree**” for his attentive succinct delivery of a movie that clearly tells the complex story of how this terrible assault on freedom could have happened, and indeed did happen in this great and prosperous country of ours.



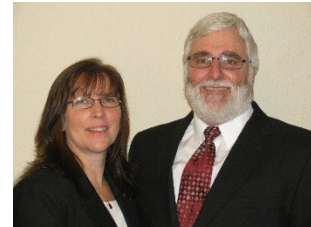
“**Andrew Wakefield**” for being a truth-seeker and a truth teller, for being open to hearing facts that could turn conventional perspectives upside down, and for his courage to delve into what he learned and bring that information to all those who can hear with a personal and professional cost that will forever change his life, and hopefully will bless his life.



“**Polly Tommey**” for her unwillingness to be patronized and lied to, for her questioning spirit and search for truth igniting an entire world wide community of parents and children and professionals working to stop the injury suffering and death of children, and for her tireless stamina, amidst her family’s work in raising their Billy.

3. **Becky and John Hanks, Virginian for Health**

**Freedom:** AWARDED “For their outstanding leadership and success protecting the right of healers, bodyworkers, and practitioner’s whose practices were put in jeopardy by the introduction of a restrictive massage licensing bill in their state. A proactive amendment introduced to the massage bill led to the successful passage into law of protection for the practices of healers and bodyworkers in Virginia.”



4. **Michelle Ford, V-IAL:** AWARDED “For her arduous work bringing leaders and organizations together, Demanding Truth, Transparency and Freedom at the CDC Truth Rally, and for her launch of V-IAL, Vaccine-Injury Awareness League, an organization to raise awareness about Vaccine-Injuries and the prevalence of Vaccine-injuries through community education, seminars, public speaking, with a mission to ignite compassion, understanding and respect in the area of vaccine-injuries.”



5. **Ronnie Cummins, Co-founder of Organic Consumers**

**Association:** AWARDED “For his over 50 years of work to bring the conversation surrounding food quality into the consciousness of all consumers, and for teaching the necessity of freedom as part of food quality and preserving the earth and its species. And now for promoting the urgency of regenerating the soil of the earth. And for this courage and leadership being one of the 10 Steering Committee members of the International Monsanto



tribunal, a citizen tribunal, to take place in The Hague, Netherlands October 15-16, 2016 investigating Monsanto for potential violations and crimes against humanity and the earth's ecosystems.”

**View more photos from the 2016 Congress [here](#).**

**The 2016 Voting Members and attendees forged alliances** and collaborative plans to ensure the vision of health freedom in our country. We encourage you to know and support these organizations and join in the health freedom movement.

**The 2016 US Health Freedom Congress  
VOTING MEMBER ORGANIZATIONS**

**American Herbalist Guild**

**Carnicom Institute**

**Citizens for Health**

**DAMS, Inc. (Dental Amalgam Mercury Solutions)**

**ElectromagneticHealth.org**

**Farm and Ranch Freedom Alliance**

**Focus for Health Foundation**

**Foundation for Alternative & Integrative Medicine**

**Gary Null & Associates**

**Health Choice**

**HealthKeepers Alliance**

**IAACN (Int'l and American Assoc. of Cl. Nutritionists)**

**Mercola.com**

**Minnesota Natural Health Coalition**

**Moms Across America**

**National Health Federation**

**National Health Freedom Action**  
**National Health Freedom Coalition**  
**National Vaccine Information Center (NVIC)**  
**North American Society of Homeopaths (NASH)**  
**Oklahoma Health Freedom Action Network**  
**Organic Consumers Association**  
**ParentalRights.org**  
**Sunshine Health Freedom Foundation**  
**Texas Health Freedom Coalition**  
**The Robert Scott Bell Show**  
**Voice for HOPE - Healers Of Planet Earth**  
**Weston A. Price Foundation**  
**Wisconsin Health Freedom Coalition**



**A Big Thank You to the 2016 NHFC Board of Directors**



**We also appreciate all of our 2016 Congress **Volunteers** for all their support in making this event happen!**

**We couldn't have done it without you!**



### **In SUMMARY**

The coming together of these organizations and leaders marks another historic event in the movement to bring freedom in health back to all health-seekers of our country.

## **We thank our generous 2016 Sponsors!**

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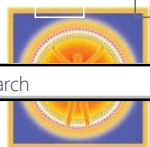


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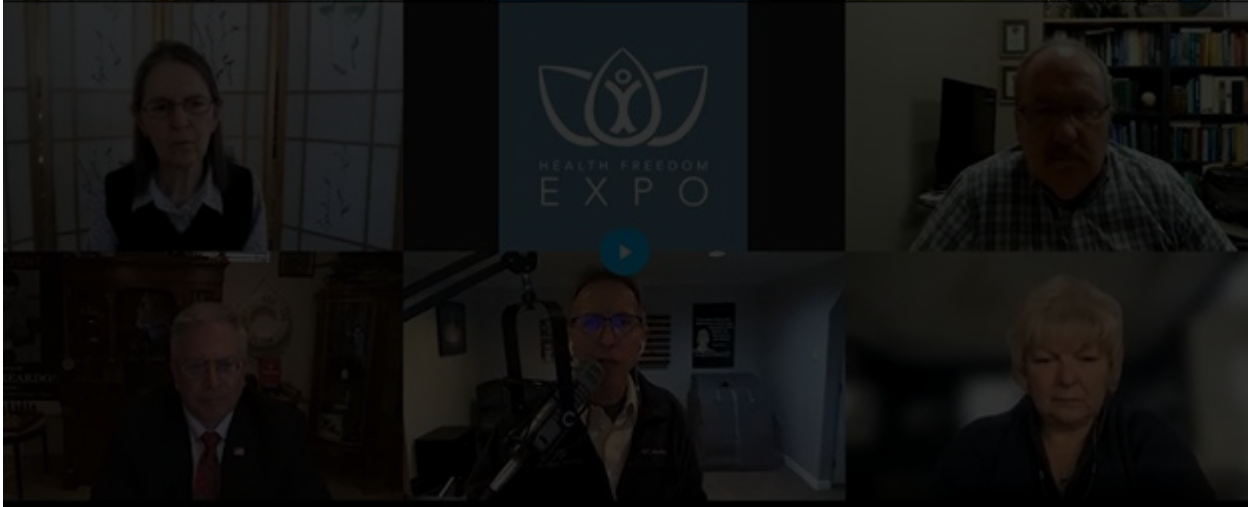
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2022 US Health Freedom Congress Keynote Speaker, Scott Tips, NHF, September 24, 2022

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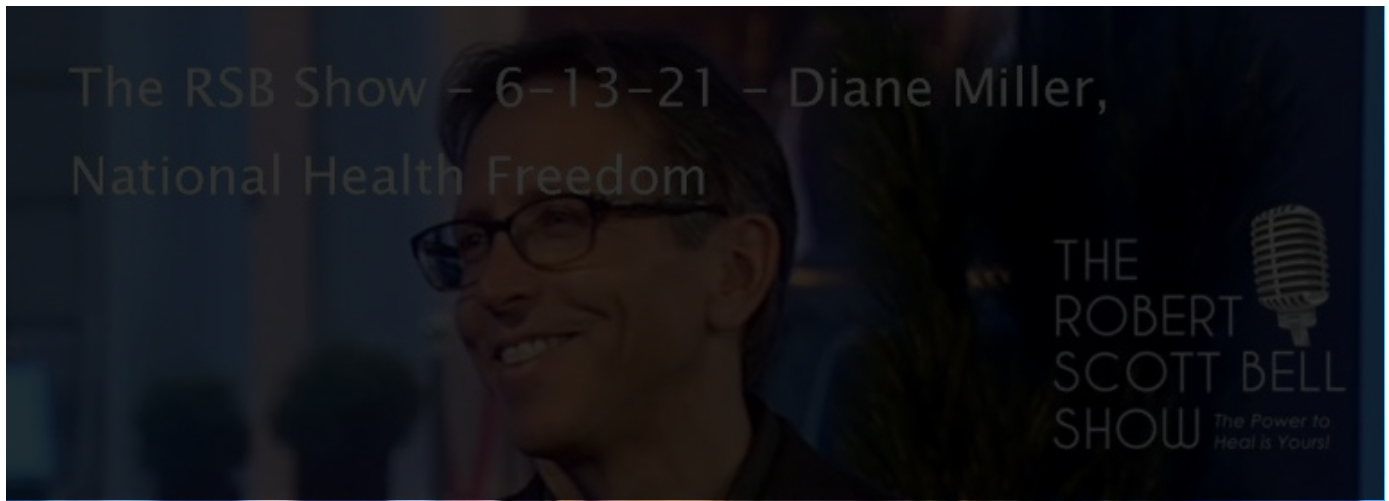
2022 US Health Freedom Congress Awardees, September 24, 2022



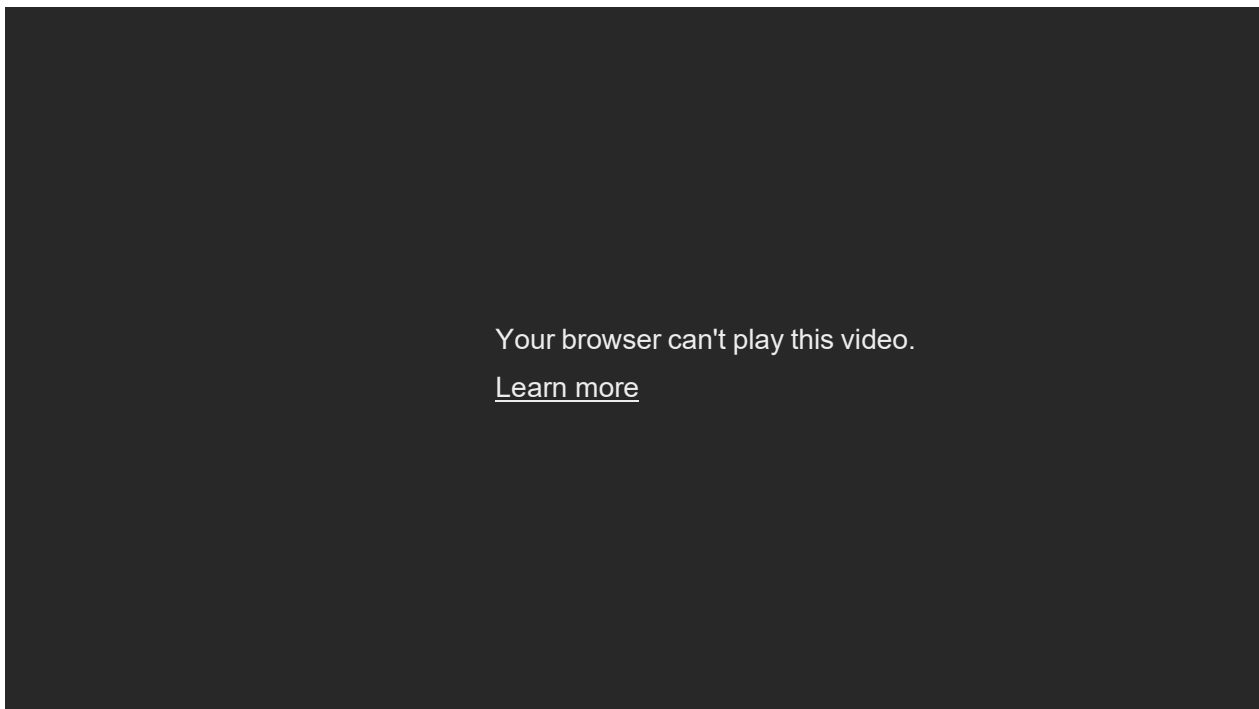
Live panel of 5 Health Freedom Leaders at Trinity Expo, February 26, 2022

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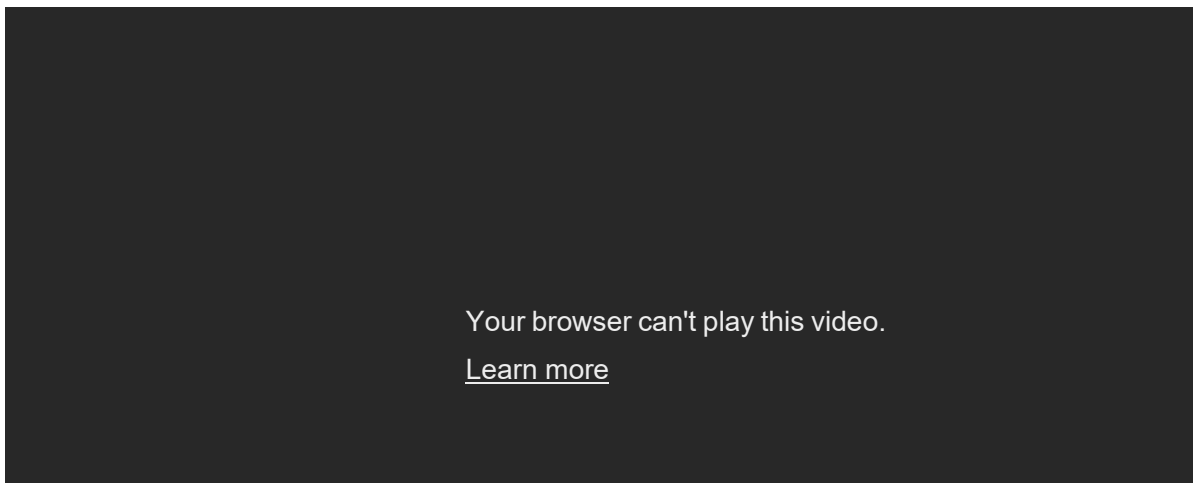
Attorney Diane Miller, Health & Freedom Summit, Nashville, TN Dec 5, 2021



Diane Miller on the Robert Scott Bell Show - June 13, 2021

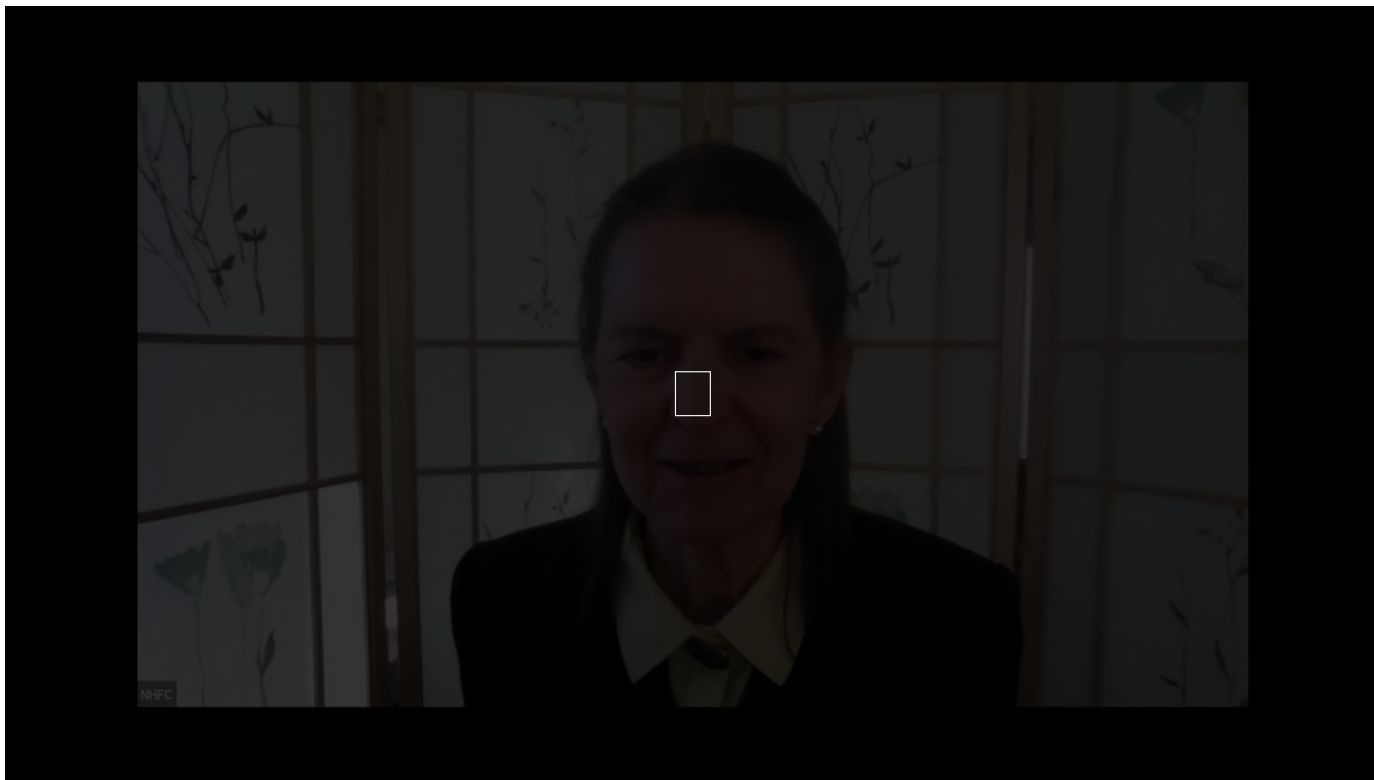


Diane Miller JD presents at Virtual International Herbal Symposium, June 10-13, 2021

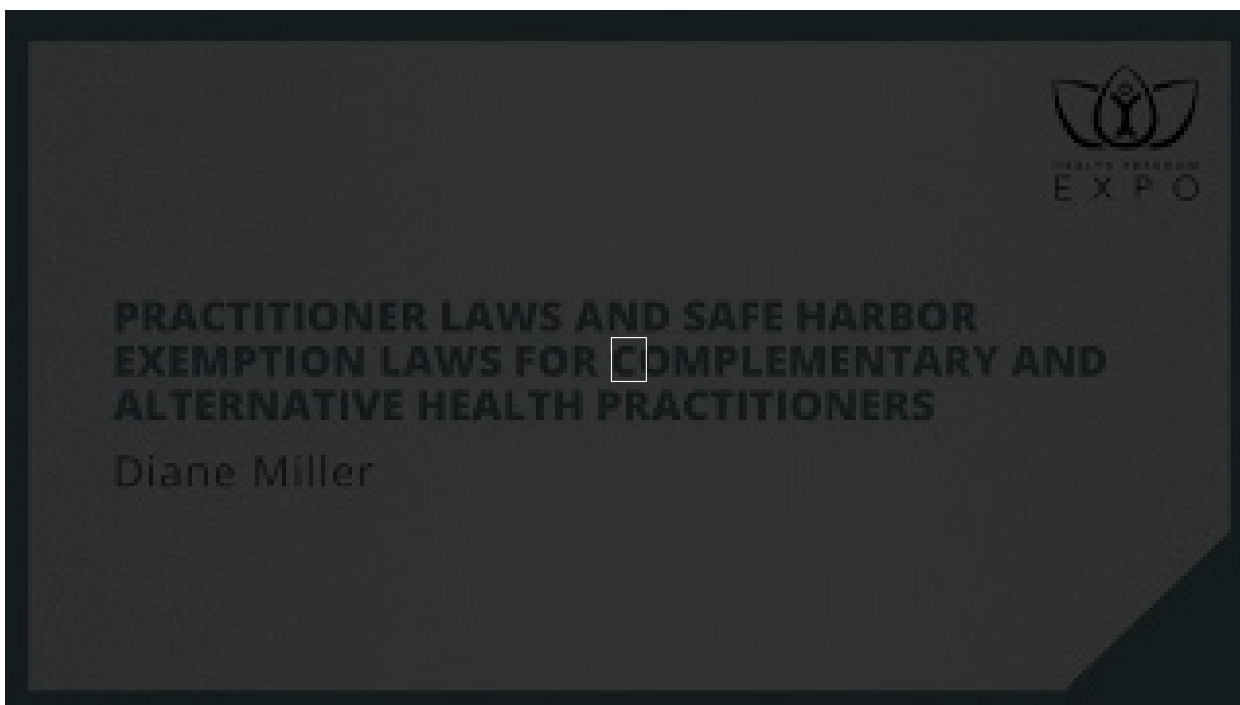




Trinity 2020 Virtual Expo - October 24-25, 2020 Presentation by Diane Miller JD



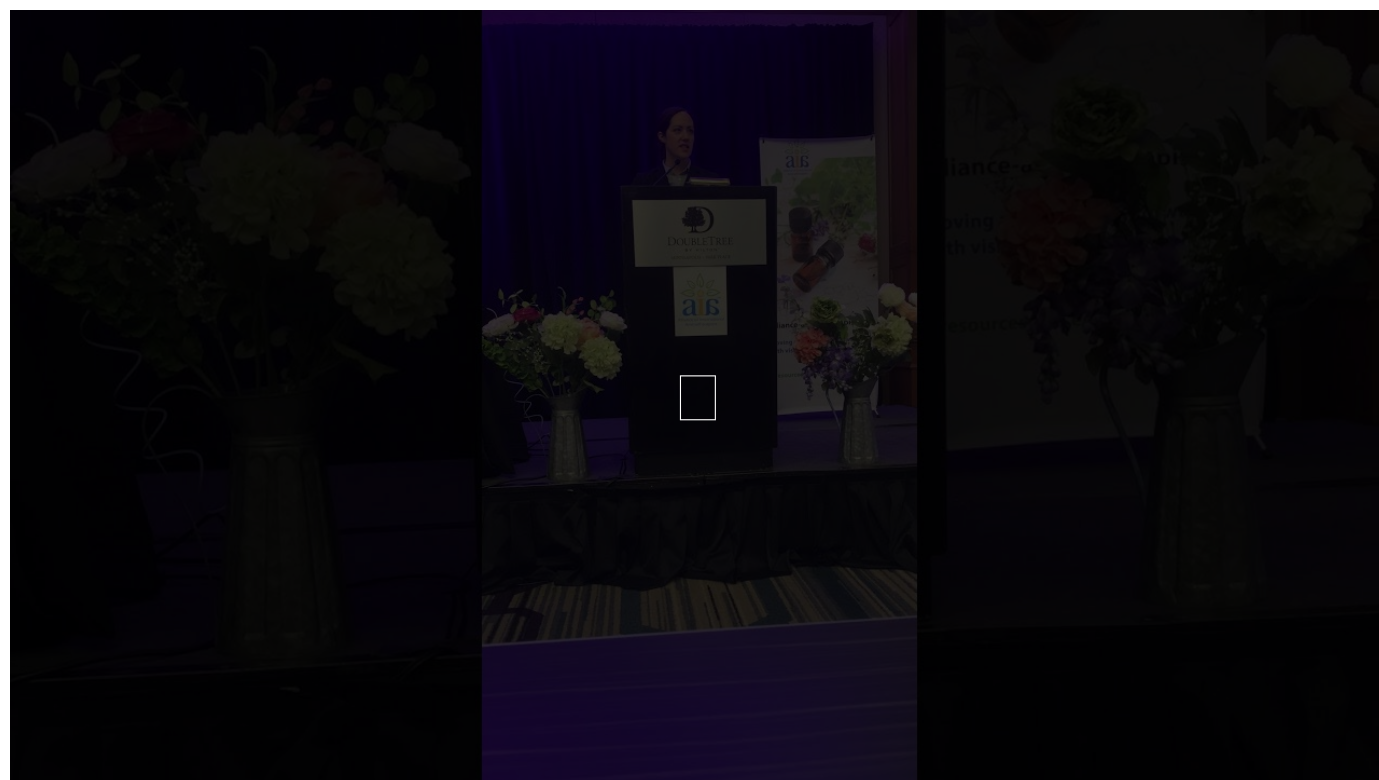
Constitutional Right - Matter of Survival by Diane Miller, JD -- November 4, 2020



Diane Miller, JD at Trinity Health Freedom Expo, Tinley Park, IL on October 27, 2019

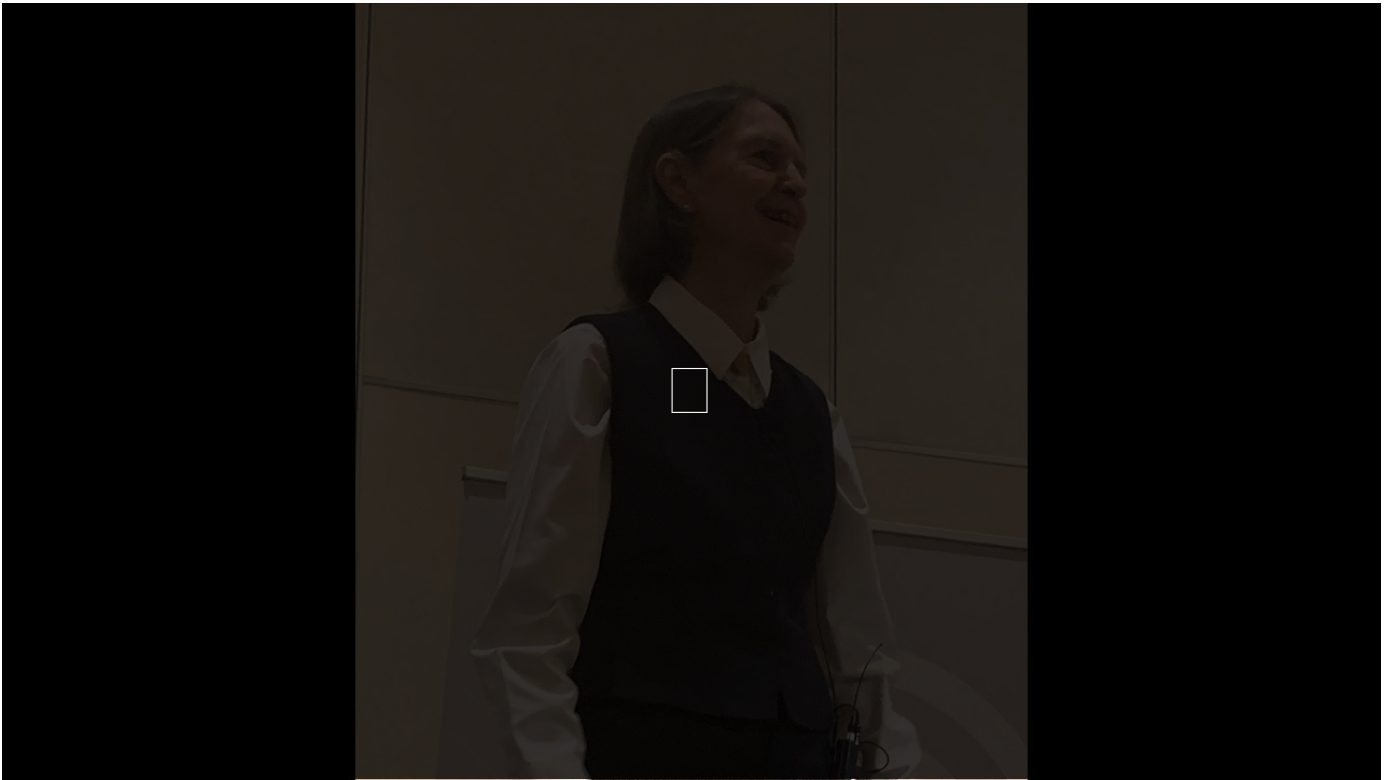


Lobbying Your Legislator by Diane Miller for CHCA

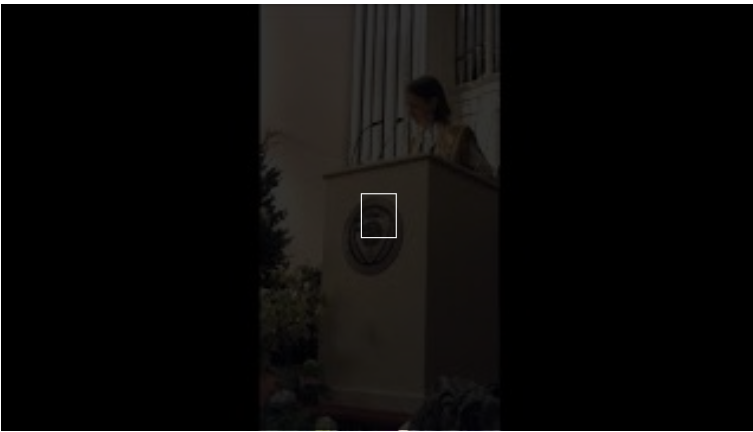


Anne Gillum, JD at AIA Int'l Conference, Sept 2019

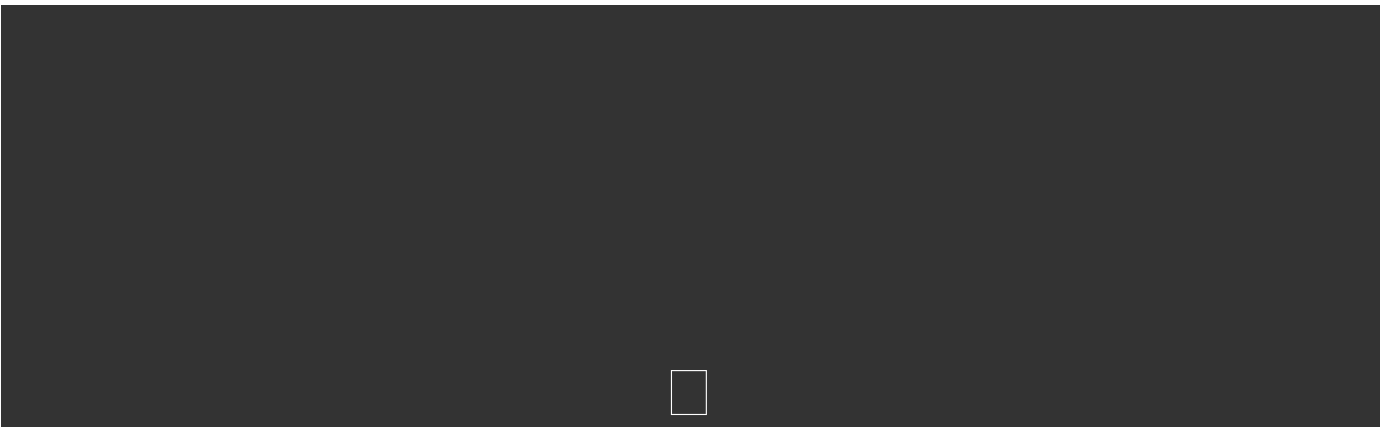




Diane Miller, JD at NSP Convention, Las Vegas, Sept 2019



Diane Miller at Int'l Herbal Symposium - June 2019





Diane Miller: Lobbying 101, Presented at 2018 US Health Freedom Congress

A promotional graphic for the "Stories of Courage" series. It features a circular logo for the "2018 United States Health Freedom Congress" in the top left. The main title "Stories of Courage" is in a large, bold, orange font. Below it, the name "David Stephan" is written in a large, bold, white font. A quote in white text reads: "Throughout all the struggles that David and Collet have endured, after wrongfully being found guilty by the Crown for failing to provide for their son, David has learned that love is the only way forward. "As my healing from this bitterness largely came, not only through my learning to share love with those around me, but also in the love that was shared with me, I have found myself beginning to love those who I once deemed unloveable." To the right of the text is a photograph of a family of five (a man, a woman, and three children) sitting together and smiling. At the bottom, the text "U.S. Health Freedom Congress 2018, St. Paul, MN" is written in a bold, orange font.

Story of Courage: David Stephan





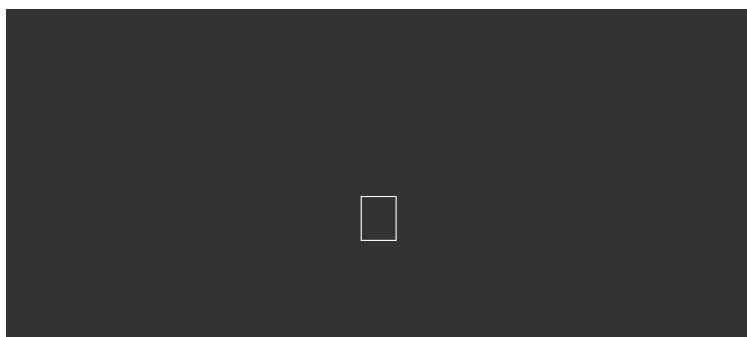
Diane Miller: 2018 Congress Wisdom Speaker



Jerri Johnson: 2018 Congress Wisdom Speaker

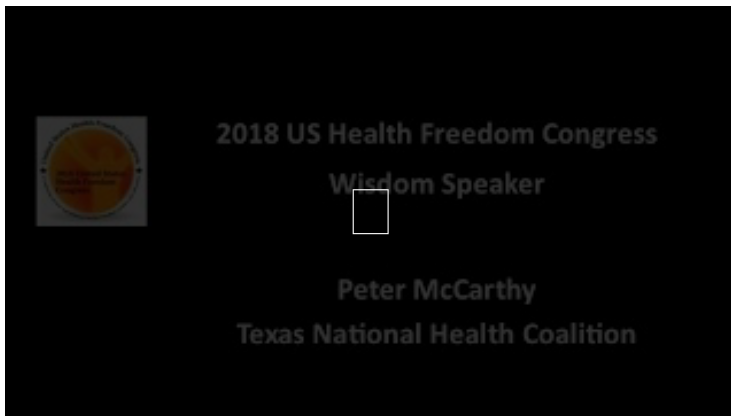


Leo Cashman: 2018 Congress Wisdom Speaker





Robert Scott Bell: 2018 Congress Wisdom Speaker



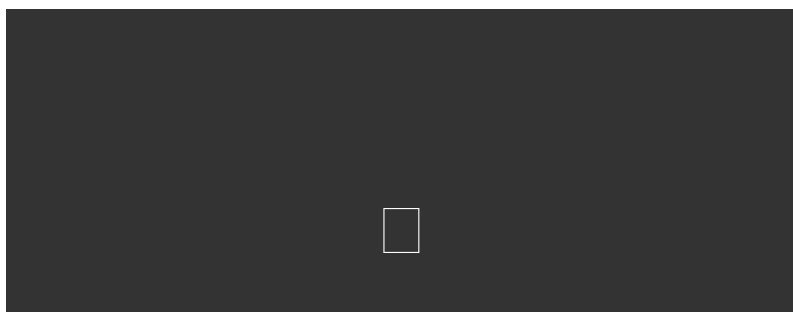
Peter McCarthy: 2018 Congress Wisdom Speaker

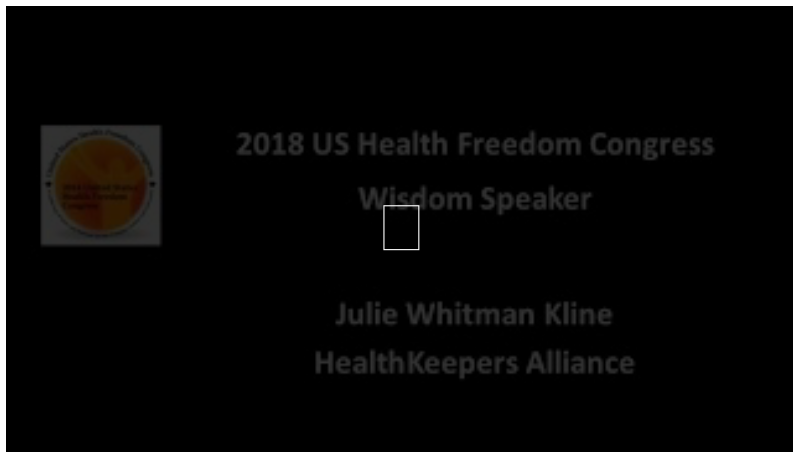


Scott Tips: 2018 Congress Wisdom Speaker

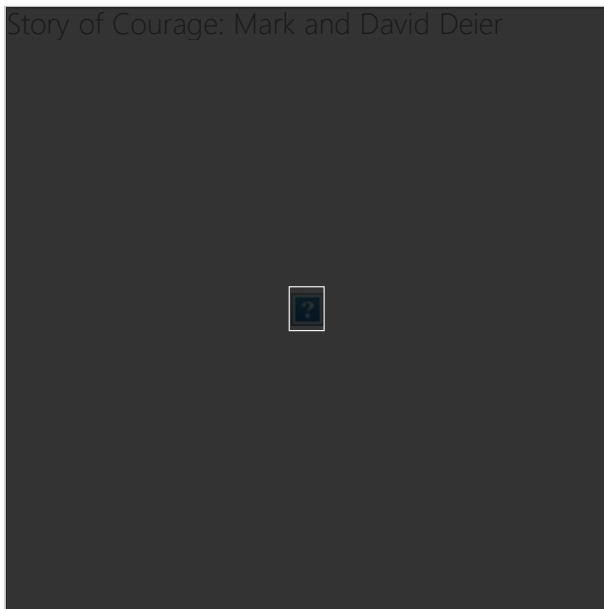


Camilla Rees: 2018 Congress Speaker

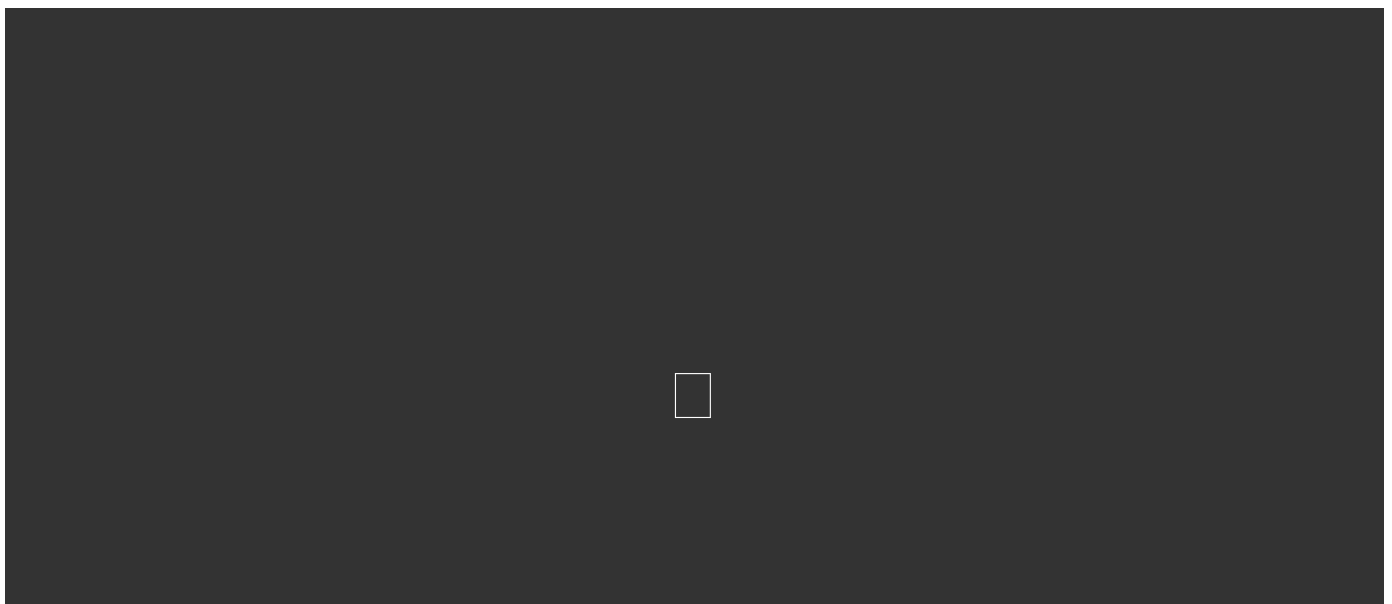





Julie Whitman Kline: 2018 Congress Wisdom Speaker



Story of Courage: Mark and David Deier






# Story of Courage

# Dave Berglund

Dave Berglund is a “plain old dairy farmer” who stands up vigorously for the right to sell dairy products, including raw milk, to willing people to come to his farm. Dave believes in the freedom of choice, and the right of people to purchase the healthy, good food that they wish to consume, and is engaged in continual struggle with the Minnesota Department of Agriculture to protect that right. Article XIII, section vii, of the Minnesota Constitution describes the right of farmers to sell and peddle the products of the farm.

Dave farms with his wife, Heidi, and his three children at Lakeview Natural Dairy, near Grand Marais, Minnesota.



**U.S. Health Freedom Congress 2018, St. Paul, MN**

Story of Courage: Dave Berglund



# Story of Courage

# Michelle Krinsky

Michelle is a registered nurse in the state of Ohio with an expertise in Neonatal nursing. Her position of 29 years in the Special Care nursery was terminated for refusing to take the flu vaccine. No exemptions were allowed in her unit.



**U.S. Health Freedom Congress 2018, St. Paul, MN**

Story of Courage: Michelle Krinsky





Jim Turner, Esq: 2018 Congress Keynote Speaker



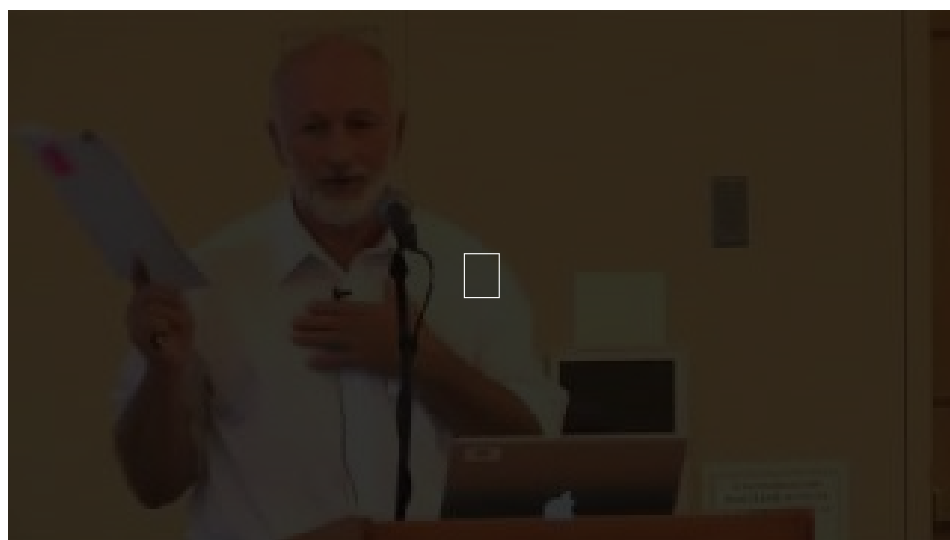
Jim Ronnie Cummins: 2016 Congress Keynote Speaker



2016 Congress Vaxxed Q&A final



2016 Congress Awards presentations



Clifford Carnicom workshop - Geoengineering - 2016 Congress





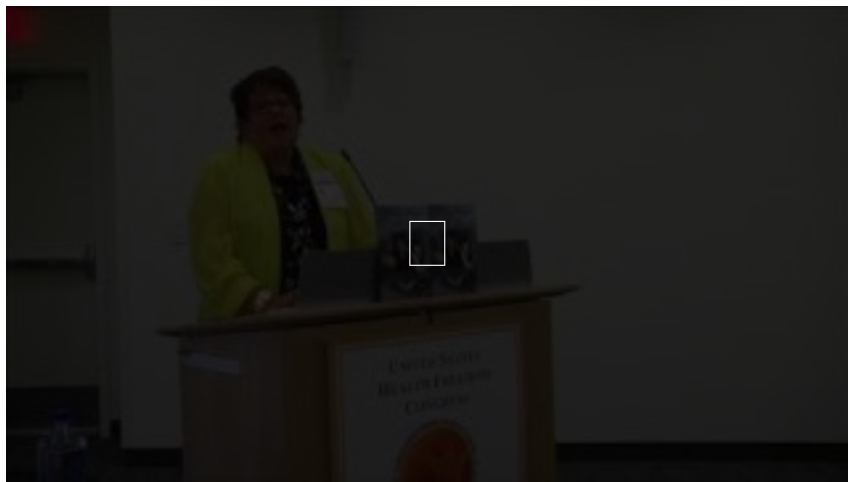


Frank Wallis Wyoming Food Freedom

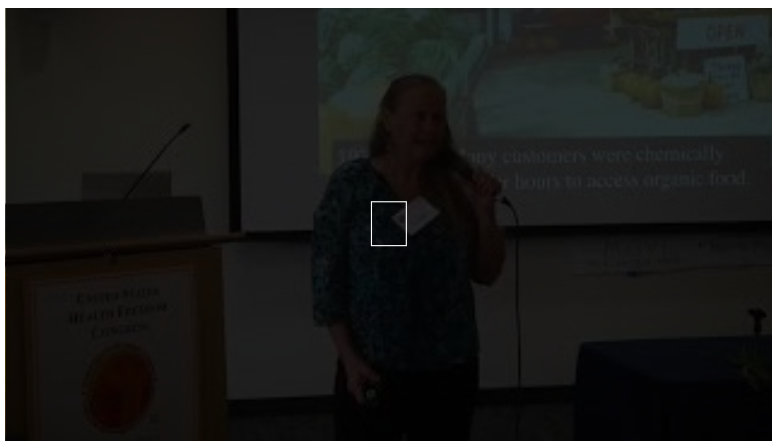


Brian S Hooker Keynote Speech

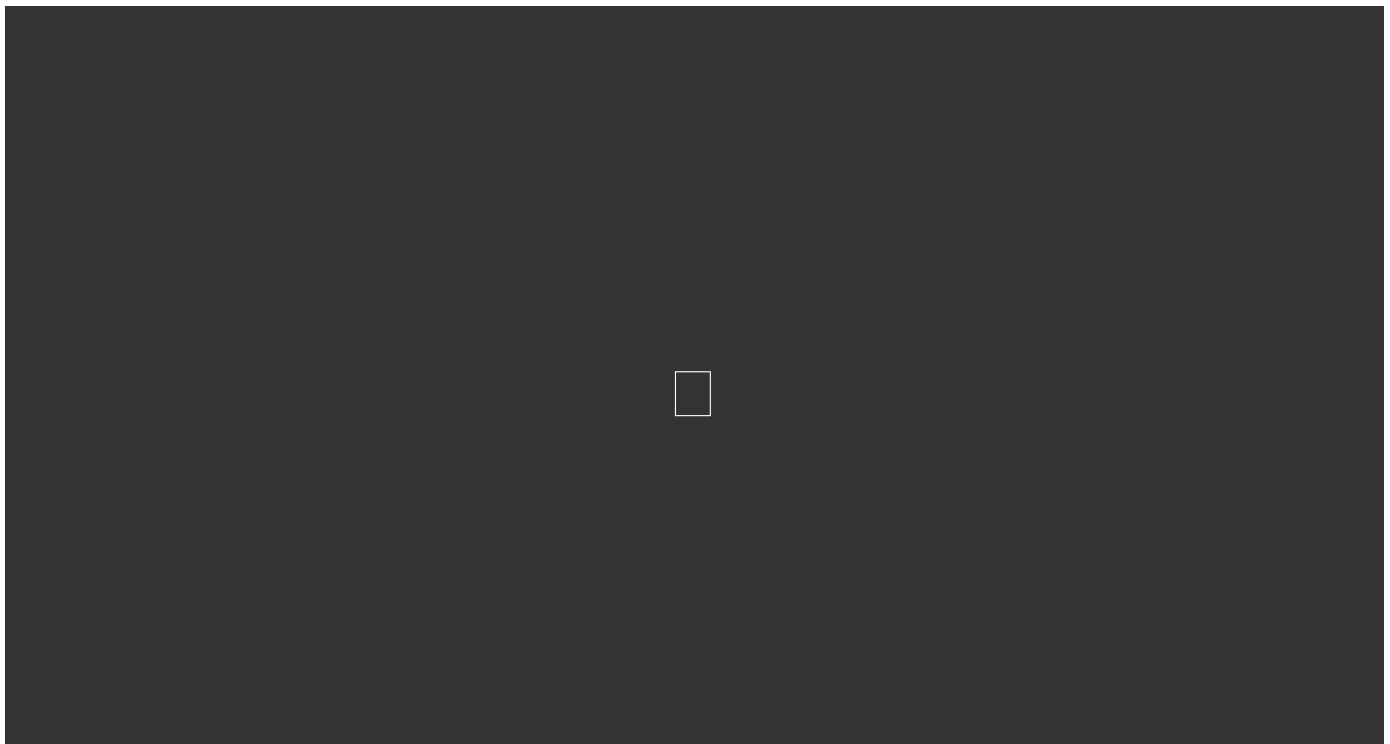


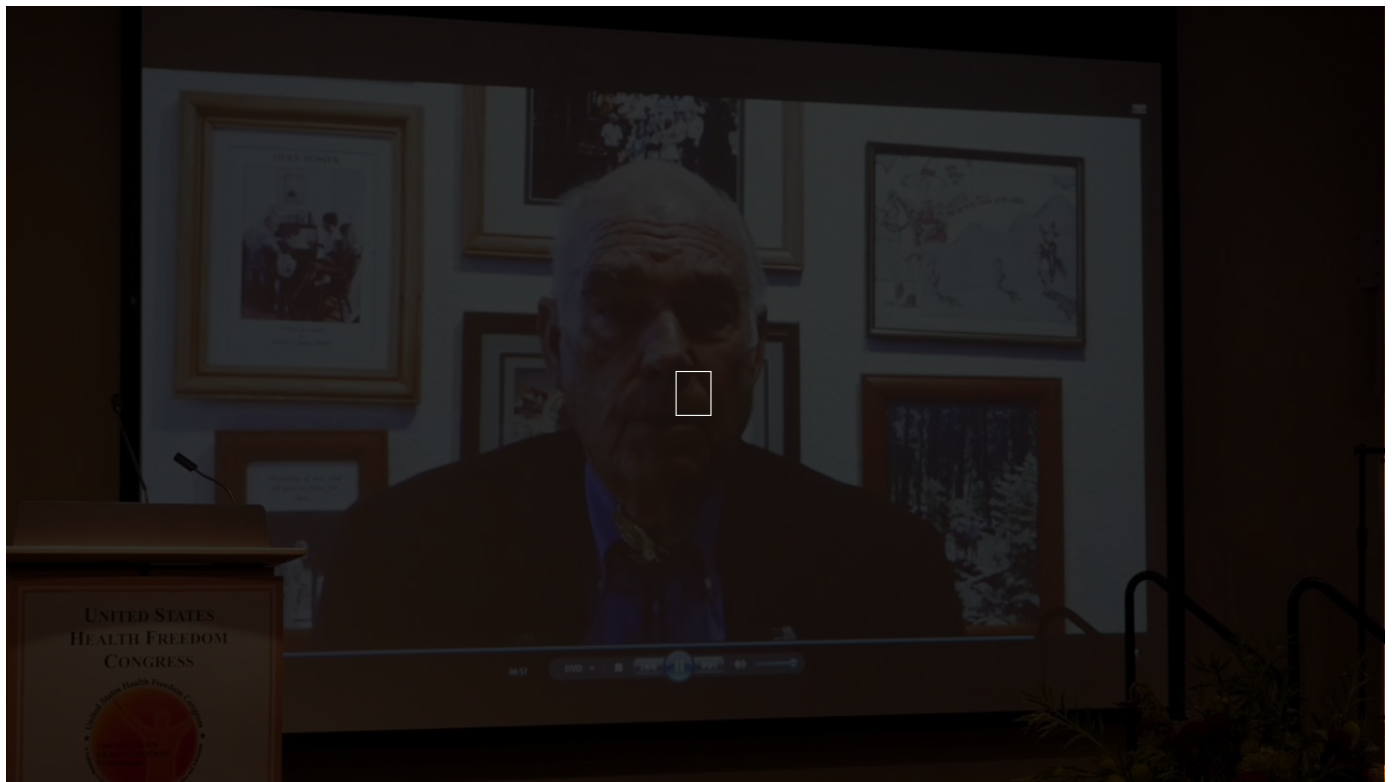


Tami Goldstein 2015 Health Freedom Stories of Courage

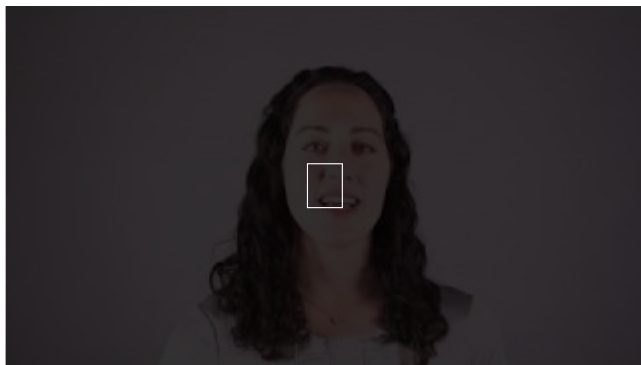


Atina Difley 2015 Health Freedom Story of Courage

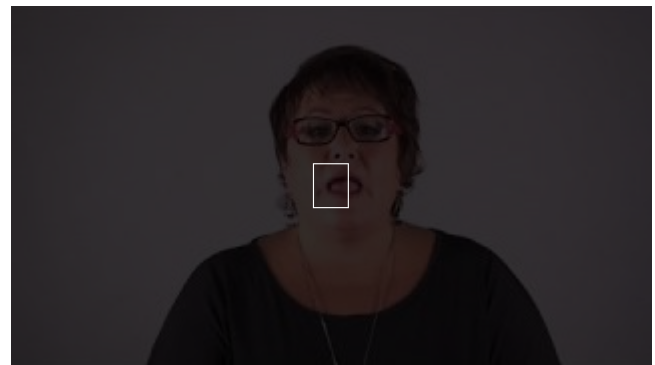




2015 Health Freedom Awardees



Anne - One Size Does Not Fit All



Tami Freedom to Choose

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