

# The 2016 U.S. Health Freedom Congress

## *Strengthening the Voice of Food and Health Freedom!*

Hosted by  
National Health Freedom Coalition



**On July 31 – August 2**, thirty leading health freedom organizations and fifty additional organizations and participants representing millions of health freedom-conscious Americans came together at St. Olaf College in Northfield, Minnesota. They discussed urgent concerns for health freedom and strengthened collaboration within the health freedom movement.

freedom comments from **Judith McGeary**, Executive Director of **Farm and Ranch Freedom Alliance** of Cameron, TX (a Voting Member organization of the Health Freedom Congress). After seeing



**The event opened Sunday evening, July 31**, with health freedom comments from **Judith McGeary**, Executive Director of **Farm and Ranch Freedom Alliance** of Cameron, TX (a Voting Member organization of the Health Freedom Congress). After seeing how government regulations benefit industrial agriculture at the expense of family farms, Judith founded the Farm and Ranch Freedom Alliance to promote common-sense policies for local, diversified agricultural systems. FARFA is a national organization that supports independent family farmers and protects a healthy and productive food supply for American consumers.



Following Judith's comments, attendees participated in fun, light-hearted networking led by Program Committee member Rosanne Lindsay and the excitement in the room was tangible with so many wonderful leaders face-to-face with each other.



Attendees were then honored with a presentation by **Reginaldo (Regi) Haslett-Marroquin** of **Main Street Project** of Northfield, Minnesota. Regi is the



principal architect of the innovative poultry-centered regenerative agriculture model that is at the heart of Main Street Project's work. As CSO, his focus is on the development of multi-level strategies for building regenerative food and agriculture systems that deliver social, economic and ecological benefits. He leads Main Street's engineering and design work and currently oversees restorative blueprints for communities in the US, Mexico, Guatemala and Honduras.

Attendees were completely impressed with his formula for small farmers to build an integrative system of crops and animals that would multiply their production and income capacity and, at the same time, be completely regenerative of mother earth and the animals and the quality of product.



**The following two days were filled with the Congress work and activities.** The Congress opened and closed with the Health Freedom Voting Member organizations convening in a circle, beginning the first day with introducing their organizations and closing the second day by giving their response to Monday and Tuesday's work.

"The work" was done by all attendees in the Open Space format, led by facilitator **Denise Lewis Premschak**. This year's Congress again showed continued collaboration and comradery attributed to all leaders participating in the deep dialogue sessions.



Other special evening events were a Geoengineering workshop by **Clifford Carnicom**, of the **Carnicom Institute**, and a sold-out showing of the movie "**VAXXED**" that was followed by an inspiring Q & A with the movie's director, **Del Bigtree**, and producer, **Andrew Wakefield**. The Congress culminated on Tuesday evening with The Health Freedom Awards Banquet and remarkable words from Keynote speaker **Ronnie Cummins**, Co-founder & Int'l Director of **Organic Consumers Association (OCA)** and its Mexico affiliate Via Organica. **Click [Here](#)** to view Ronnie Cummins remarkable keynote speech.

**Click [Here](#)** to view entire Congress Program.

## Detailed Highlights

Each aspect of the Congress inspired and motivated leaders to work together to strengthen the entire health freedom movement. Three resolutions were passed by the 2016 Health Freedom Congress. **Click Below** on resolutions passed and see the endorsing organizations for each resolution:

**Resolution 1: Toxic Exposure, Parental and Citizen Rights**

**Resolution 2: Oklahoma Parents' Bill of Rights**

**Resolution 3: American Anti-Corruption Act**

**The open Space Sessions were remarkable and** were facilitated by **Denise Lewis Premschak** of Voice for HOPE, who adeptly walked leaders through the Open Space activity. Sessions gave leaders an opportunity to voice their priorities, develop focus groups, state their unique perspectives on issues before them, and then report back to the larger group with their comments and recommendations referencing the “golden nuggets” that emerged in dialogue. These wonderful words and phrases were written on colored papers and posted for all to see.



**“Geoengineering: The Daily Assault on the Health Freedom Movement”** was a workshop presented by **Clifford Carnicom** who spent nearly two decades as a scientist studying the composition and eventual harmful effects of airborne contaminants, and educating the public on this threat to our soils, our foods and our health. Carnicom stated that the freedom to choose

health is based upon an environment that is not compromised by toxins, and where healthy food, water, and air are available. For some 70 years our biosphere has been under toxic attack from many directions, and particularly from the skies in the form



of aerosols that are hazardous to health. Carnicom gave a historical overview of the practice of engineering our environment and his discoveries regarding the relationship between the increased toxicity of the environment and the rising incidence of common ailments and new disease.



**The final Monday evening event was the showing of the movie: “VAXXED”. The public was invited and over 140 people attended this special, moving event.** Parents and grandparents alike were informed about how the CDC suppressed information about the lack of



safety of the Measles, Mumps, Rubella vaccines. Interviews with doctors, politicians and parents of vaccine-injured children reveal an alarming deception that has contributed to the skyrocketing increase of autism. The Q & A after the movie with director, Del Bigtree, and producer, Andrew Wakefield, proved their determination to expose those who are trying to hide the facts no matter what is said about them.

**Tuesday featured two brilliant and moving Health Freedom Stories!** Celebrating those who stand up for health freedom, the Stories provided inspiration to those working for freedom,



strengthened relationships, and encouraged collaboration. **Thank you to Tim Welsh** (Story of Courage: Son, Tanner, who suffered vaccine injury and regression into Autism) **and Abdirizak Jama** (Story of Courage: How Abdirizak, a Somali parent, testified before the legislature



against a government policy and the story of his son who was healthy until the day he received his MMR vaccine) **for speaking their truth.**



**The event culminated with a passionate address by Ronnie Cummins**, Co-founder of **Organic Consumers Association**, at the Health Freedom Awards Banquet. **Click [Here](#) to view the Keynote Address.** Ronnie Cummin’s presentation was stunning, including the profound history and perspective of Ronnie’s participation in the health freedom movement and his vast knowledge of the workings of corporate dominance and its impact on the health of our nation. Ronnie inspired leaders and

highlighted campaigns dealing with sustainable agriculture issues including food safety, genetic engineering, factory farming and global warming.

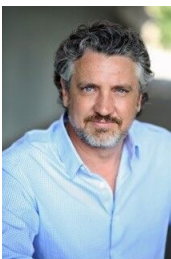
**Health Freedom Awards were presented** at the banquet to five outstanding health freedom leaders: **Tinia Creamer**, West Virginia farmer, The movie **“VAXXED”** along with director, **Del Bigtree** and producers, **Andrew Wakefield** and **Polly Tommey**; **Becky and John Hanks of Virginians for Health Freedom**; **Michelle Ford of Vaccine-Injury Awareness League**; and **Ronnie Cummins of Organic Consumers Association**.

## The 2016 US Health Freedom Congress AWARDEES

1. **Tinia Creamer, West Virginia farmer:** AWARDED “For her outstanding leadership in a seven-year battle to make raw milk in West Virginia legal through cow shares. Her success has brought positive change in West Virginia on the issue of raw milk rights and food freedom and the passing of legislation that makes raw milk in West Virginia available through cow share arrangements. Tinia took Food Freedom from a place of silence to a hot button issue that the whole state of West Virginia has now talked about.”



2. **The movie VAXXED: From Cover-up to Catastrophe:** AWARDED “For the film’s ability to bring to the public the untold truth about the lack of scientific integrity at the CDC regarding vaccines. For the film’s remarkable interviews with pharmaceutical insiders, doctors, politicians, and parents of vaccine-injured children that reveal deception that has contributed to the skyrocketing increase of autism and potentially the most catastrophic epidemic of our lifetime.”



**“Del Bigtree”** for his attentive succinct delivery of a movie that clearly tells the complex story of how this terrible assault on freedom could have happened, and indeed did happen in this great and prosperous country of ours.



“**Andrew Wakefield**” for being a truth-seeker and a truth teller, for being open to hearing facts that could turn conventional perspectives upside down, and for his courage to delve into what he learned and bring that information to all those who can hear with a personal and professional cost that will forever change his life, and hopefully will bless his life.



“**Polly Tommey**” for her unwillingness to be patronized and lied to, for her questioning spirit and search for truth igniting an entire world wide community of parents and children and professionals working to stop the injury suffering and death of children, and for her tireless stamina, amidst her family’s work in raising their Billy.

3. **Becky and John Hanks, Virginian for Health**

**Freedom:** AWARDED “For their outstanding leadership and success protecting the right of healers, bodyworkers, and practitioner’s whose practices were put in jeopardy by the introduction of a restrictive massage licensing bill in their state. A proactive amendment introduced to the massage bill led to the successful passage into law of protection for the practices of healers and bodyworkers in Virginia.”



4. **Michelle Ford, V-IAL:** AWARDED “For her arduous work bringing leaders and organizations together, Demanding Truth, Transparency and Freedom at the CDC Truth Rally, and for her launch of V-IAL, Vaccine-Injury Awareness League, an organization to raise awareness about Vaccine-Injuries and the prevalence of Vaccine-injuries through community education, seminars, public speaking, with a mission to ignite compassion, understanding and respect in the area of vaccine-injuries.”



5. **Ronnie Cummins, Co-founder of Organic Consumers**

**Association:** AWARDED “For his over 50 years of work to bring the conversation surrounding food quality into the consciousness of all consumers, and for teaching the necessity of freedom as part of food quality and preserving the earth and its species. And now for promoting the urgency of regenerating the soil of the earth. And for this courage and leadership being one of the 10 Steering Committee members of the International Monsanto



tribunal, a citizen tribunal, to take place in The Hague, Netherlands October 15-16, 2016 investigating Monsanto for potential violations and crimes against humanity and the earth's ecosystems.”

**[View more photos from the 2016 Congress here.](#)**

**The 2016 Voting Members and attendees forged alliances** and collaborative plans to ensure the vision of health freedom in our country. We encourage you to know and support these organizations and join in the health freedom movement.

**The 2016 US Health Freedom Congress  
VOTING MEMBER ORGANIZATIONS**

**American Herbalist Guild**

**Carnicom Institute**

**Citizens for Health**

**DAMS, Inc. (Dental Amalgam Mercury Solutions)**

**ElectromagneticHealth.org**

**Farm and Ranch Freedom Alliance**

**Focus for Health Foundation**

**Foundation for Alternative & Integrative Medicine**

**Gary Null & Associates**

**Health Choice**

**HealthKeepers Alliance**

**IAACN (Int'l and American Assoc. of Cl. Nutritionists)**

**Mercola.com**

**Minnesota Natural Health Coalition**

**Moms Across America**

**National Health Federation**

**National Health Freedom Action**  
**National Health Freedom Coalition**  
**National Vaccine Information Center (NVIC)**  
**North American Society of Homeopaths (NASH)**  
**Oklahoma Health Freedom Action Network**  
**Organic Consumers Association**  
**ParentalRights.org**  
**Sunshine Health Freedom Foundation**  
**Texas Health Freedom Coalition**  
**The Robert Scott Bell Show**  
**Voice for HOPE - Healers Of Planet Earth**  
**Weston A. Price Foundation**  
**Wisconsin Health Freedom Coalition**



**A Big Thank You to the 2016 NHFC Board of Directors**



**We also appreciate all of our 2016 Congress **Volunteers** for all their support in making this event happen!**

**We couldn't have done it without you!**



### **In SUMMARY**

The coming together of these organizations and leaders marks another historic event in the movement to bring freedom in health back to all health-seekers of our country.

## **We thank our generous 2016 Sponsors!**

**Who made this gathering possible!**

### **Gold Sponsors**



### **Health Freedom Lunch Sponsor**



### **Promoting Sponsor**

Spring Forest Qigong

**Supporting Sponsors**

Agri-Dynamics

A Voice for Choice

Int' & American Associations of Clinical Nutrition

(IAACN)

Mercola.com

Mountain Rose Herbs

National Vaccine Information Center (NVIC)

Natural Awakenings

Organic Consumers Association

Paul Krause Creative

Sage Mountain Herbs

The Edge

The Robert Scott Bell Show

Washington Homeopathic Products

**Associate Sponsors**

ElectromagneticHealth.org

GW Health, Inc.

Iowa Holistic Dentistry

Life Extension Foundation

**Congress Boosters**  
Isotonix.com/silversmith  
Northwestern Academy of Homeopathy  
Way Better Snacks

**Printing Services Provided By**  
Tangible Values Print Solutions

**National Health Freedom Coalition:**  
*Working for your access to the health care  
practitioners, products and information of your  
choice!*

**Connect with Us**

National Health Freedom Coalition  
PMB 218 | 2136 Ford Parkway  
St. Paul, MN 55116-1863

Phone: (507) 663 9018  
Fax: (507) 663 9013  
[info@nationalhealthfreedom.org](mailto:info@nationalhealthfreedom.org)



NHFC is a non-profit 501(c)3 educational organization and your contributions may be tax deductible for charitable giving purposes.

[www.nationalhealthfreedom.org](http://www.nationalhealthfreedom.org)

It is not our intention to send unsolicited e-mail or spam of any kind. Please accept our apologies if you have received this e-mail without subscribing to our list. If you do not wish to receive further email communications from National Health Freedom Coalition, please [click here](#) then press SEND.