

National Health
Freedom Coalition
Presents



Hosted by
NHFC

2016

UNITED STATES HEALTH FREEDOM CONGRESS

*A Gathering of State and National
Health Freedom Organizations and Leaders*



Ronnie Cummins
Organic Consumers Association
Keynote Speaker

July 31, August 1 & 2, 2016

St. Olaf College
Buntrock Commons
1520 St. Olaf Ave, Northfield, Minnesota

National Health Freedom Coalition presents

2016 United States Health Freedom Congress

*A Gathering of State and National
Health Freedom Organizations and Leaders*

July 31, August 1 & 2, 2016
St. Olaf College, Northfield, MN
Buntrock Commons
1520 St. Olaf Avenue

SCHEDULE

SUNDAY, JULY 31

4:00-7:00pm

ST. OLAF DORM CHECK-IN & CONGRESS REGISTRATION (YTTERBOE HALL)

7:00-9:00pm

2016 HEALTH FREEDOM MEET & GREET NETWORKING

(Beverages and Hors d'Oeuvres Provided)

Location: Kings' Dining Room, 1520 St. Olaf College, Northfield, MN

Speakers: Attorney Judith McGeary of Farm and Ranch Alliance (TX)
Regi Haslett-Marroquin—Main Street Project

MONDAY, AUGUST 1

MORNING PROGRAM

8:00-9:00am

REGISTRATION AND BREAKFAST

*(Coffee, Tea, Organic Oatmeal,
Fruit, and Yogurt provided at
8:30am)*

9:00-9:10am

WELCOME by Marianne Lon-
ergan Curtis, President, NHFC

9:10-9:20am

READING OF INTERNATIONAL
DECLARATION OF HEALTH FREE-
DOM AND OPENING REMARKS
by Diane Miller, JD, Director of
Law and Public Policy, NHFC/
NHFA

9:20-9:30am

SPONSORSHIP APPRECIATION
by Jerri Johnson, President,
NHFA

9:30-9:50am

HEALTH FREEDOM STORY OF
COURAGE: TIM WELSH

9:50-11:30am

VOTING MEMBER ORGANIZA-
TIONS CONVENE—US HEALTH
FREEDOM CONGRESS CIRCLE AND
BUSINESS

11:30-12:15

INTRODUCTION TO OPEN SPACE
MEMBERS AND PUBLIC AT-
TENDEES

“Crafting the question that wants
to be answered.”

AFTERNOON PROGRAM

12:15-1:15pm: Lunch

Lunch in Kings' Dining Room—
Organic Food Bar available

1:15-5:30pm

OPEN SPACE INSTRUCTIONS
FOLLOWED BY OPEN SPACE
MARKETPLACE.

Do your utmost “presencing” -
listening—allowing—and
notetaking. Freeform discus-
sions, people move freely be-
tween groups.

MONDAY EVENING PROGRAM

5:30-6:30pm: Dinner

Organic Buffet Supper
St. Olaf College, Black Ballroom

8:15-10:00pm

MOVIE: VAXXED—St. Olaf
College Viking Theatre

6:30-8:00pm: WORKSHOP

Geo-Engineering: *The Daily
Assault on the Health Freedom
Movement* by Clifford Carnicom

Followed by Q&A with Director,
Andrew Wakefield and Producers,
Del Bigtree and Polly Tommey

TUESDAY, AUGUST 2

MORNING PROGRAM

8:30-9:00am

BREAKFAST

*(Coffee, Tea, Organic Oatmeal,
Fruit, and Yogurt)*

9:00-11:30am

OPEN SPACE WORK SESSION

11:30am-12:00pm

HEALTH FREEDOM STORY OF
COURAGE: ABDIRIZAK JAMA

AFTERNOON PROGRAM

12:00-1:15pm: Lunch

Kings' Dining Room - Organic
Food Bar Available

1:15pm-4:00pm

OPEN SPACE WORK SESSIONS
AND CLOSE OF OPEN SPACE

4:00-4:40pm

RECONVENING HEALTH
FREEDOM CONGRESS AND
VOTING MEMBER CIRCLE
Voting Member Session

4:40-5:00pm

CLOSING CIRCLE

6:30pm

HEALTH FREEDOM AWARDS
BANQUET

*Awardee Presentations
and Keynote Speech
with Ronnie Cummins*

“Food Freedom, Health Free-
dom, Building the Movement”
*Sit-Down Organic Dinner
Buntrock Commons Sun Ballroom*

OUTDOOR BONFIRE WITH MU-
SIC/INDOOR RECEPTION
(10:00pm-Midnight)

BEVERAGES, CASH BAR AND
SNACKS—bring your instruments
and join us (inside if raining)

Congress Purpose

- To bring together key organizations and leaders in the United States Health Freedom movement;
- To experience an egalitarian gathering of autonomous and diverse leaders, where leaders communicate face-to-face in a large round (Congress-style format);
- To increase collaboration and inspire each other to unity and solidarity;
- To identify top health freedom issues and topics that are impacting health freedom;
- To find areas of common ground and pass resolutions;
- To work together to identify strategies for enhanced health freedom; and
- To celebrate the health freedom movement and give awards honoring successful leaders.

VOTING MEMBERS

American Herbalist Guild
Carnicom Institute
Citizens for Health
DAMS, Inc. (Dental Amalgam Mercury Solutions)
ElectromagneticHealth.org
Farm and Ranch Freedom Alliance
Focus for Health Foundation
Foundation for Alternative & Integrative Medicine
Gary Null & Associates
Health Choice
HealthKeepers Alliance
IAACN (Int'l and American Assoc. of Cl. Nutritionists)
Mercola.com
Minnesota Natural Health Coalition
Moms Across America
National Health Federation
National Health Freedom Action
National Health Freedom Coalition
National Vaccine Information Center (NVIC)
North American Society of Homeopaths (NASH)
Oklahoma Health Freedom Action Network
Organic Consumers Association
ParentalRights.org
Sunshine Health Freedom Foundation
Texas Health Freedom Coalition
The Robert Scott Bell Show
Voice for HOPE - Healers Of Planet Earth
Weston A. Price Foundation
Wisconsin Health Freedom Coalition

ABOUT THE CONGRESS

The 2016 United States Health Freedom Congress is the 11th national health freedom gathering hosted by NHFC. (National Health Freedom Coalition). It brings together health freedom leaders from across the country, individuals and organizations alike to strengthen and articulate the health freedom movement. The public is welcome. Voting Member organizations have a brief time on the first day where they re-convene the Congress and sit "in the round" to share their campaigns, and to strategize ways to work together, strengthening the health freedom movement through unity and solidarity. For the rest of the two-day event all attendees participate together in Open Space sessions vigorously dialoguing and discerning next steps for the health freedom movement and participating in all additional special events during the Congress.

2016 HEALTH FREEDOM CONGRESS STAFF

CONGRESS MODERATORS	Diane Miller, JD Marianne Longergan Curtis, Pres. NHFC
PARLIAMENTARIAN	Anne Gillum, JD
OPEN SPACE MODERATOR	Denise Lewis-Premeschak, Voice for HOPE
SPONSORSHIP	Jerri Johnson, Public Relations NHFC
CONGRESS PLANNER AND REGISTRAR	Judy Buroker
CONGRESS PLANNER ASST.	Kathy Schuurman
CONGRESS ASSISTANTS	Gayle Bowler, Barbara Brockway, Sylvia Knutson, Sue Kraemer, Mary Malone, Karen Stene-Finch, Deborah Tenner, Barbara Vaile, Patti Wilder

Keynote

Keynote Speech with Ronnie Cummins

“Food Freedom, Health Freedom, Building the Movement”

Ronnie Cummins is the Co-founder and International Director of the Organic Consumers Association (OCA) and its Mexico affiliate Via Organica.



Ronnie Cummins has been active as a writer and activist since the 1960s, with extensive experience in public education, grassroots mobilization, and marketplace pressure campaigns. Over the past two decades he has served as director of US and international campaigns dealing with sustainable agriculture issues including food safety, genetic engineering, factory farming, and global warming.

From 1992-98 Cummins served as a campaign director for the Foundation on Economic Trends in Washington, D.C. In 1998, Cummins co-founded the Organic Consumers Association, the largest network of organic consumers in the USA. In 2009 Cummins founded Via Organica, a network of organic consumers and farmers based in Mexico

City and San Miguel de Allende, Guanajuato. Cummins is a frequent lecturer, both in the US and abroad as well as a regular contributor to online publications such as Organic Bytes, Common Dreams, Truthout, Huffington Post, and Nation of Change. Cummins has published hundreds of articles in the alternative and mainstream press. He is also the author of a series of children's books called Children of the World, as well as the book Genetically Engineered Food: A Self-Defense Guide for Consumers (Second Revised Edition Marlowe & Company 2004). Cummins lives with his wife and 18 year-old son in Minneapolis, Minnesota. Please Join Us in honoring Ronnie Cummins, Health Freedom Hero.

2016 Health Freedom Awardee:

AWARDED for his over 50 years of work to bring the conversation surrounding food quality into the consciousness of all consumers, and for teaching the necessity of freedom as part of food quality and preserving the earth and its species. And now for promoting the urgency of regenerating the soil of the earth. And for his courage and leadership being one of the 10 Steering Committee members of the International Monsanto Tribunal, a citizen tribunal taking place in The Hague, Netherlands October 15-16, 2016 investigating Monsanto for potential violations and crimes against humanity and the earth's ecosystems.

Ronnie Cummins

Keynote Speaker

& Health Freedom Awardee

MONDAY EVENING WORKSHOP

Monday Evening Workshop (6:30-8:00pm)

Geoengineering: The Daily Assault on the Health Freedom Movement



Clifford Carnicom, Founder and President of Carnicom Institute, has spent nearly two decades as a scientist studying the composition and eventual harmful effects of airborne contaminants, and educating the public on this threat to our soils, our foods and our health. Carnicom will give an historical overview of this practice of engineering our environment. He will present his discoveries regarding the relationship between the increased toxicity of the environment and the rising incidence of common ailments and new diseases. Carnicom will also emphasize the problem of informed consent, as well as the broad array of human rights violations which this practice constitutes. He will appeal to the need for professional involvement and the importance of many health freedom groups to let their voices be heard in unity.

Open Space

Meeting in OPEN SPACE

Our focus as Health Freedom activists and leaders will be strengthened by tapping into the vision and experience of this year's participants — as well as building on our last 4 years of insights and shared purpose.

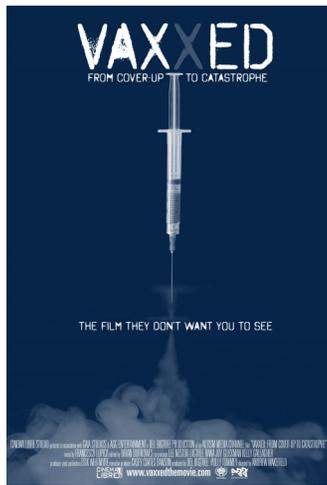
Open Space is a meeting technology used by organizations all over the world to bring diverse individuals together in a self-ordered environment that fosters creativity, empowers collaboration, and creates meaningful outcomes.

At Congress, Open Space is a container for connecting with important allies to construct and expand future action, enrich our ongoing work, and regenerate our spirits.

Facilitator: **Denise Lewis Premschak** is a facilitator of personal growth, leader awareness, and collaborative process. Her focus is on expanding how leaders show up, how organizations do things, and what gets done. Her passions lie in the realm of human potential, community-building, deeper learning, and conscious dying. She is on the board of Voice for HOPE [HealersOfPlanetEarth] and a voting member of the Congress.



Special Screening: VAXXED



VAXXED: From Cover-up to Catastrophe

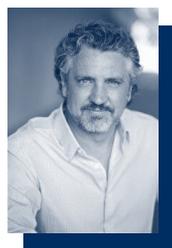
Followed by Q&A with
Director Andrew Wakefield
Producer Del Bigtree and
Producer Polly Tommey

Monday, August 1
8:15PM

Join us in the showing of the movie, VAXXED: From Cover-up to Catastrophe in which information is revealed regarding confidential data that was destroyed by the CDC linking the Measles-Mumps-Rubella (MMR) vaccine to autism.

Interviews with pharmaceutical insiders, doctors, politicians, and parents of vaccine-injured children reveal an alarming deception that has contributed to the skyrocketing increase of autism and potentially the most catastrophic epidemic of our lifetime.

DIRECTOR Andrew Wakefield MB.BS., is an academic gastroenterologist. He received his medical degree from St. Mary's Hospital Medical School, London in 1981. He qualified as Fellow of the Royal College of Surgeons in 1985 and trained as a gastrointestinal surgeon with a particular interest in inflammatory bowel disease. He was awarded a Wellcome Trust Traveling Fellowship to study small-intestinal transplantation in Toronto. He was made a Fellow of the Royal College of Pathologists in the U.K. in 2001. Wakefield has published over 140 original scientific papers, reviews, and book chapters.



PRODUCER Del Bigtree was an Emmy Award-winning producer on the daytime talk show *The Doctors*, for six years. With a background both as a filmmaker and an investigative medical journalist, he is best known for combining visually impactful imagery, raw emotional interviews and unbiased investigative research into stories that push the envelope of daytime television. Some of his most thought-provoking episodes include a rare televised debate between Monsanto's head of toxicology Dr. Donna Farmer and GMO activist Jeffrey Smith and an exposé on a "gold standard" medical test that mistakenly indicts loving parents for child abuse, causing their children to be remanded to Child Protective Services.

PRODUCER Polly Tommey is the mother of Billy, a 20-year old boy with autism, a book author, founding Editor-in-Chief of the world's preeminent autism magazine *The Autism File*, and Autism Media Channel's TV host and award-winning documentary film producer ("*Who Killed Alex Spourdalakis*"). An outspoken autism advocate and founder of the not-for-profit Autism Trust in the UK and US, Polly has appeared in print and television media around the globe, gone head-to-head with top political leaders, and never compromised. She has received multiple nominations and awards from, among others, The Women of The Year Foundation, *Red* magazine, and the British Society of Magazine Editors.



Radio Broadcast



The Robert Scott Bell Show
Broadcasting **LIVE**
Monday and Tuesday, August 1 and 2
(6:00 – 8:00 PM)

Robert Scott Bell hosts the fastest two hours of healing information on radio, dealing with everyday health issues from the perspective of alternative/holistic health care. Robert Scott Bell tackles the tough issues and shows no fear when confronting government and corporate bullies who would stand in the way of health freedom.

You will be amazed by the amount of information about healing that is kept secret from you and what you can do to learn more about it!

STORIES OF FREEDOM, STORIES OF COURAGE

Health Freedom Stories of Courage:

Tim Welsh: Evolution of a Health Freedom Advocate. Tim Welsh is a World Citizen (Australian born, UK citizen), is a New-age, High-tech Guerilla Activist who is driving social media and doing great things for those in need. His team has won five Pepsi Refresh Grants. He has promoted and been in "The United States of Autism" movie, driven #CDCwhistleblower to over \$5billion impressions, and promoted "VAXXED: Cover-up to Catastrophe". Tim came to this arena following his son Tanner's vaccine injury and regression into Autism and two heart attacks at age 38. Tim will also share some secrets for driving your team's social media advocacy efforts. TinyURL.com/VaxXedDadTD @TannersDad, TinyURL.com/MasterManipulators

Abdirizak Jama: Imagine the courage it takes to testify at a legislative hearing. Then imagine doing that in a country to which you have immigrated, and testifying against a government policy that has harmed your child. Abdirizak Jama has told legislators the story of his son who was healthy until the day he received his MMR vaccine. He had seizures in the car on the way home, and has been debilitated ever since. Given that so many Somali parents tell a very similar story, and the rate of autism is 1 in 32 children in the Somali community, Abdirizak has educated many Somali community leaders about the problem and what can be done.

Stories of Freedom, Stories of Courage celebrate those who stand up, while also inspiring those working toward freedom, strengthening relationships, and encouraging collaboration.

2016 HEALTH FREEDOM AWARDEES



Tinia Creamer
West Virginia Farmer

AWARDED “For her outstanding leadership in a seven-year battle to make raw milk in West Virginia legal through cow shares. Her success has brought positive change in West Virginia on the issue of raw milk rights and food freedom and the passing of legislation that makes raw milk in West Virginia available through cow share arrangements. Tinia took Food Freedom from a place of silence to a hot button issue that the whole state of West Virginia has now talked about.”

BIOGRAPHY: Living with a Purpose on a Farm in Appalachia. I am originally from Ranger, West Virginia, where I called a little store known as Lucas Grocery home for my first years. Graduated from Marshall University in 2011 in History and Literature. I love what is old, real and sometimes what is fancy. Three fellows call me their unschooling, volunteering, Jesus Loving Kind of Hippie Libertarian Wordsmith of a Momma. President of Heart of Phoenix Equine Rescue, FarmHer at Lucas Farm, Now I Lay Me Down to Sleep Area Coordinator, Weston A. Price Chapter Leader, Hobby photographer at Rhyme and Reason.



VAXXED:
From Cover-up to Catastrophe
Director Andrew Wakefield
Producers Del Bigtree and
Polly Tommey

AWARDED “For the film’s ability to bring to the public the untold truth about the lack of scientific integrity at the CDC regarding vaccines. I For the film’s remarkable interviews with pharmaceutical insiders, doctors, politicians, and parents of vaccine-injured children that reveal deception that has contributed to the skyrocketing increase of autism and potentially the most catastrophic epidemic of our lifetime.

Dr. Andrew Wakefield, for his attentive succinct delivery of a movie that clearly tells the complex story of how this terrible assault on freedom could have happened, and indeed did happen in this great and prosperous country of ours.

Del Bigtree for being a truth-seeker and a truth teller, for being open to hearing facts that could turn conventional perspectives upside down, and for his courage to delve into what he learned and bring that information to all those who can hear with a personal and professional cost that will forever change his life, and hopefully will bless his life.

Polly Tommey, for her unwillingness to be patronized and lied to, for her questioning spirit and search for truth igniting an entire world wide community of parents and children and professionals working to stop the injury suffering and death of children, and for her tireless stamina, amidst her family’s work in raising their Billy.

In Recognition for Outstanding Leadership **FOR HEALTH FREEDOM**



Becky and John Hanks
Virginians for Health Freedom

AWARDED “For their outstanding leadership and success protecting the right of healers, bodyworkers, and practitioners whose practices were put in jeopardy by the introduction of a restrictive massage licensing bill in their state. A proactive amendment introduced to the massage bill led to the successful passage into law of protection for the practices of healers and bodyworkers in Virginia.”

BIOGRAPHY: Becky is a Master Herbalist, Certified Natural Health Professional, and has a Doctorate of Naturopathic Ministries. In 2006 she founded the Virginia Chapter of the Certified Natural Health Professionals, and she currently serves as the legislative coordinator for Virginians for Health Freedom. John has been active with Certified Natural Health Professionals and Virginians for Health Freedom for over 10 years, the last four as their registered lobbyist. John and Becky, along with Joseph Hanks own and operate a natural health store in Prince George, Virginia.
www.virginiansforhealthfreedom.org



Michelle Ford
V-IAL

AWARDED “For her arduous work bringing leaders and organizations together, Demanding Truth, Transparency and Freedom at the CDC Truth Rally, and for her launch of V-IAL, Vaccine-Injury Awareness League,

organization to raise awareness about Vaccine-Injuries and the prevalence of Vaccine-Injuries through community education, seminars, public speaking, with a mission to ignite compassion, understanding and respect in the area of vaccine-injuries.”

BIOGRAPHY: Michelle Ford is a happily married mother of 5...the eldest of which suffered “minor” vaccine-injuries. She is a health insurance broker in Southern California and the Founder of the non-profit, Vaccine-Injury Awareness League (aka V-IAL) which aims to educate the Nation about the atrocities of vaccine-injury. She has independently studied vaccine-injuries since 2004. She serves her community as the immediate past president of the Culver City Chapter of the National Exchange Club whose mission is the prevention of child abuse.



Ronnie Cummins
Organic Consumers Association
Keynote Speaker and Awardee

BIOGRAPHY: (see biography on previous page)

Principles of Health Freedom

SUPPORTING PRINCIPLES OF HEALTH FREEDOM THAT EMBODY THE FOUNDATION OF THE HEALTH FREEDOM MOVEMENT

Principle 1

Freedom To Be Let Alone

Individuals and members of the human family have the inherent fundamental right of self-determination, to be let alone to survive on their own terms and in their own manner.

Principle 2

Freedom To Act

Individuals and members of the human family hold the fundamental right and freedom to act on one's own behalf and as one chooses to secure one's health and survival.

Principle 3

Freedom To Access

In order for freedom of choice to be implemented or meaningful, individuals and members of the human family hold the fundamental right and freedom to access their choices, whomever and whatever one deems necessary or prefers for one's health and survival.

Principle 4

Responsibility To Do No Harm

In order to maintain the health and survival of individuals, members of the human family, and the community as a whole, individuals and members of the human family have the responsibility to do no harm.

Principle 5

Responsibility of Tolerance

Because of the diverse nature of the human experience, members of the human family have the responsibility to be tolerant to the extent of avoiding hostile acts toward diverse health and survival options and choices, and similar tolerance toward those who choose those options.

Principle 6

General Responsibility of Corporations

Corporations have the potential of significantly impacting the health and survival of the human family, and thus have the responsibility and duty to be trustworthy entities safeguarding health freedom rights and responsibilities.

Principles of Health Freedom

Principle 7

Special Responsibilities of Corporations

In light of the special legal nature of corporate entities and their potential systemic impact on the health and survival of the human family, corporations have the following five responsibilities:

Principle 7-1

Corporations and similar entities have the responsibility to honor and preserve the sovereign nature of individuals, the sovereignty of the United States, and avoid any negative impact on the sovereignty of other nation states as it applies to health and survival;

Principle 7-2

Corporations and similar entities have the responsibility to honor and preserve American financial and cultural diversity and multicultural systems that are abiding by and upholding American law, and avoid negative impact on the financial or cultural status of other nation states as it applies to health and survival;

Principle 7-3

Corporations and similar entities have the responsibility to avoid creating or being monopolies with large monopolistic ownership of resources and then allowing that status or position to dictate or dominate cultures, public policies, regulations, or laws, that impact health and survival;

Principle 7-4

Corporations and similar entities have the responsibility to avoid the dominant control of natural resources, the suppression of access to natural resources, or causing potentially harmful modifications or destruction of natural resources;

Principle 7-5

Corporations and similar entities have the responsibility to avoid promotion of products, protocols, policies, regulations, or laws, that would encourage unlimited dependence on corporations and institutions, or that would discourage, prohibit, or otherwise negatively impact the ability or will of humans and local human communities to survive and prosper without the existence of the corporation or institution.

Principle 8

Responsibility of Government

Government has the responsibility and duty to protect health freedom and to make no law or public policy abridging health freedom or its fundamental principles.

Sunshine Health Freedom Foundation



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for generations to come
that will allow our children
to have health freedom

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National Health Freedom Coalition

Mission Statement

*To promote access to all health care information, services,
treatments and products that the people deem beneficial for
their own health and survival; to promote an understanding
of the laws and factors impacting the right to access; and to
promote the health of the people of this nation.*

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