

# NHFC 2018 Annual Report



NATIONAL HEALTH FREEDOM  
COALITION

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## Letter from the President

### *Rosanne Lindsay*

#### Dear Friends of Health Freedom:

As president of the Board of the National Health Freedom Coalition (NHFC), I want to honor your important work and **thank you**, again, for your generous, continuing support.

As you may know from our eblasts, NHFC experienced a productive 2018 regarding organizational changes. We not only streamlined our online software database program to keep you informed, but also built and launched two new user-friendly websites. **Visit your new website at** <https://nationalhealthfreedom.org>, to stay updated through an educational resource center, a media page, and a new donation page that allows for recurring donations to support our ongoing work.

Our biggest priorities for 2019, as always, are **protecting your inherent rights**. As an increasingly hostile media writes a narrative that undermines healthy people who make healthful choices, new proposed mandates attempt to legislate the freedom to choose. At the same time, federal government has begun to censor communications in all media, including social media. And State governments are introducing bills nationwide that remove non-medical vaccine exemptions, as well as bills that restrict or remove parental choice. NHFC continues to assist Minnesota, California, and other states, legally, to protect parental rights.

Director Diane Miller, and staff attorney Anne Gillum continue to **educate and promote “safe harbor” exemption state laws** for homeopaths, naturopaths, and herbalists in several states, as well as protecting the rights of all consumers to choose non-toxic health options. Four states introduced legislation this session: Iowa, Maine, Massachusetts, and Wisconsin.

Finally, in response to the FDA draft guidance restrictions on homeopathic remedies, Diane Miller is in contact with the homeopathic community and has collaborated with California Health Freedom Coalition to draft legislation for discussion using a health freedom approach that ensures access and distribution to consumers of the widest range of homeopathic remedies, while also relieving smaller manufacturers of red-tape. It is time to **reclaim** the narrative.

Thank you for the opportunity to serve alongside you,

In health and freedom,



A handwritten signature in cursive script that reads "Rosanne Lindsay".

Rosanne Lindsay, ND, MA  
President, National Health Freedom Coalition

# Our Team

## BOARD OF DIRECTORS

**ROSANNE LINDSAY**  
*President*

**LEO CASHMAN**  
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Ex. Director of DAMS, Inc.

**BARBARA FORD**  
*Herbalist*

**PETER HELGASON**

**DIANE MILLER JD**  
*NHFC/A Director of Law and Public Policy*



## NHFC TEAM

**JUDY BUROKER**  
*Administrative Assistant*

**LEO CASHMAN**  
*Accountant*

**ANNE GILLUM JD**  
*Assistant Attorney*

**JERRI JOHNSON**  
*Public Relations Coordinator*

**DIANE MILLER JD**  
*NHFC/A Director of Law and Public Policy*

## Special Thanks!



Thank you so much to our **board members and staff** who work so tirelessly to promote health freedom in our nation and to serve our supporters.

Special thanks to Rosanne Lindsay, President of NHFC and also co-Moderator of our 2018 US Health Freedom Congress!

Also, to our website team: Judy Buroker, Barbara Ford, Diane Miller and Anne Gillum; who spent many hours working on our new websites and final completion. Thank you!

# Health Freedom Challenges

## *Promoting freedom of choice And access to health care choices*

### Barriers to Health Freedom

Many consumers have lost access to the health care options of their choice for healing. NHFC educates citizens as to why these events happen and what they can do about it.

- Licensed Practitioners practicing holistic approaches can lose their licenses for practicing outside of prevailing and accepted standards of care. Other practitioners, such as herbalists, homeopaths, traditional naturopaths and energy workers, can be prosecuted for practicing a profession without a license.
- Government regulations and laws are blocking people's fundamental rights to make health care decisions. Parental decision-making rights are being denied when governments require children to be vaccinated before they go to daycare or school, or to undergo chemotherapy or other toxic treatments and procedures against parental wishes.
- Quality of food and protection of the land and natural resources is jeopardized. Organic food standards are being challenged and the danger of genetically modified foods is being covered up.
- Farmers selling fresh produce from the farm are being raided. Food sovereignty is in danger.

### NHFC Educating for Positive Change

NHFC raises awareness of what health freedom is and what needs to be done to protect it. We support citizens in **forming state health freedom groups** and train them on how to participate in the legislative process to make the changes they want. NHFC receives a broad range of requests from citizens, including: help in understanding legislative bills; where to turn if a practitioner has been shut down for practicing a healing art; how to become active when a person's right to decline vaccines, or their right to obtain organic and non-genetically modified foods or fresh raw milk from a farm, or their right to parent their child without intervention from Child Protective Services has been jeopardized; and much more.

# Health Freedom Work in 2018

## National Health Freedom Coalition *Moving Forward Toward Health Freedom in 2018!*

NHFC was on the road in 2018, **teaching about health freedom, and what citizens can do to protect and extend their freedoms.** Rosanne Lindsay, President of NHFC, spoke at the Southeastern Wise Woman Herbal Conference, about the fact that herbalists, as well as many other practitioners, are at risk of being prosecuted for the practice of a health care profession without a license. Jerri Johnson, NHFC Public Relations Coordinator, shared information at the American Herbalist Guild Symposium. They let herbalists know that NHFC's sister lobbying organization, National Health Freedom Action (NHFA), is working to pass practitioner exemption safe harbor laws, which give many practitioners exemptions from professional practice acts. Today, **ten states** have some form of safe harbor law that ensures that consumers can access a wide array of holistic practitioners.

Sally Tamplin, Vice President of NHFA, and Jerri Johnson, attended the Joint American Homeopathic Conference, discussing with homeopathic leaders homeopaths' right to practice and the importance of the practitioner exemption safe harbor bills. Jerri also spoke at the annual Minnesota Homeopathic Association conference.



Rosanne Lindsay, NHFC  
President at Trinity Conf.  
in Illinois



Jerri Johnson at MN  
Homeopathic Assoc Conf.  
in Minneapolis, MN



Jerri and Sally at JAHC  
Phoenix, AZ



Jerri, Rosanne and Anne, Autism One, Lombard, IL



Rosanne Lindsay at SE Wise Women's Herbal Conf. in Henderson NC



Jerri at AHGS in Helen, GA

**Homeopathy was challenged in 2018 because the FDA introduced a Draft Guidance Document** entitled "Drug Products Labeled as Homeopathic for FDA Staff and Industry". NHFC has a strong interest in protecting access to homeopathic remedies, so it leaped into action, researching the laws of homeopathic remedies and supporting NHFA in its formal response to the FDA.

**Parents' rights to make choices about their children's health** has become a huge issue in the health freedom movement, with governments and corporations attempting to coerce or mandate recommendations for treatments. Anne Gillum, attorney with NHFC and NHFA, Jerri Johnson, and Rosanne Lindsay

attended the Autism One Conference where the parental right to make choices about vaccinations and children's health was a key topic. NHFC educated about the importance of conscientious, philosophical and religious exemptions from government recommended vaccines, and about the importance of keeping these options available for parents in every state. In addition, Rosanne Lindsay participated in a panel on vaccines at the Trinity Conference. NHFC educates constantly

about **the importance of ensuring that parents be able to make medical decisions for their children, including regarding their diet, chronic illness treatments, cancer treatments, vaccinations, and much more.**



# NHFC hosted the 2018 Health Freedom Congress

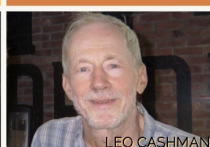
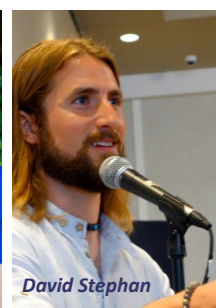
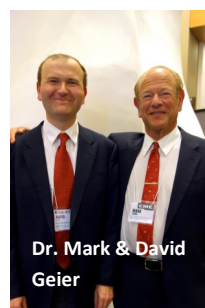


NHFC hosted the US **Health Freedom Congress** in 2018 under the theme of *Wisdom And Its Application: A Sacred Synthesis*. Leaders of thirty leading health freedom organizations and fifty additional organizations joined together to strengthen the diverse health freedom and food freedom movements.

The participants celebrated successes and collaborated to strategize new ways to achieve our **common goals** of health and food freedom.

## Highlights

- **Inspiring Stories of Courage included:** **Dave Berglund and Greg Gentz** on the struggles of a Minnesota raw dairy farmer; **Dr. Mark and David Geier** spoke on their success against the Maryland Board of Physicians; **Michelle Krinsky, RN**, on her refusal of the flu vaccine; and **David Stephan** shared his story of courage after the Supreme Court of Canada threw out his case, citing 'wrongful conviction' in the death of his son.
- **Words of Wisdom were shared** by eight of our longstanding voting member organization leaders including NHFC/NHFA founders, **Diane Miller, Jerri Johnson and Leo Cashman**, as well as **Scott Tips** of the National Health Federation, **Peter McCarthy** from Texas Health Freedom Coalition, **Julie Whitman Kline** of Trinity School of Natural Health and Health-Keepers Alliance, **Robert Scott Bell** of the Robert Scott Bell Show and **Camilla Rees** of ElectromagneticHealth.org.

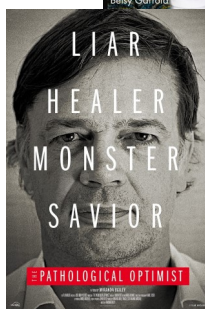






Denise Lewis Premschak

- **Activities:** *Lobbying 101 Workshop* by Diane Miller, JD, NHFC/NHFA Director of Law and Public Policy, *Movie, The Pathological Optimist: A Profile of Andrew Wakefield*, *Open Space* facilitated by Denise Lewis Premschak and a *dance* following the Keynote and Awards Banquet rounded out the two-day event.
- **Health Freedom Awards and Keynote Address:** Awards were presented to seven outstanding health freedom leaders: *Ohio Advocates for Medical Freedom* (OAMF); *Food for Maine's Future*; *John Melnychuk* (California Health Freedom Coalition) and *Kirk Bashaw* (Sunshine Health Freedom Foundation); *Dr. Mark Geier and David Geier*; and *Jim Turner, Esq.* The event culminated with *Jim Turner* presenting the keynote titled, *Health Freedom, Use it or Lose it*.



"The US Health Freedom Congress 2018 was an absolutely remarkable experience that resonated with everything we've intuitively known to be true, but was refreshing to hear from those who have paved the way and led the path of truth to preserve our most precious liberty. We are grateful beyond words, humbled and inspired by every single health freedom advocate and voice of wisdom at the congress. Looking forward to continuing to show up in truth, nurture relationships and embrace our new allies in the spirit of love, unity and understanding."



## Mission Statement of the National Health Freedom Coalition:

To promote access to all health care information, services, treatments and products

That the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.

# 2018 Financial Statement

## NHFC Financial Statement for 2018

### 2018 Statement of Revenue & Expenses

<b>REVENUE, General operations:</b>	
Grants, contributions & memberships	107446
<b>TOTAL REVENUE:</b>	
<b>General Operations</b>	<b>107446</b>
<b>EXPENSES, General Operations:</b>	
Wages (non-congress only)	57057
Payroll Taxes and benefits	12709
Contracted services	36666
Online services	10352
Rent, storage space	570
Telephone, internet & utilities	2511
Travel, transportation & lodging	7669
Interest, finance charges	78
Merchant fees, bank charges	2334
Depreciation	156
Insurance	383
Supplies and software	427
Postage & printing/copying	2629
Equipment, maint & repair	151
Training & tuition expense	1457
Advertising & misc. expense	<u>208</u>
<b>TOTAL EXPENSES:</b>	
<b>General Operations</b>	<b>135357</b>
<b>Net, Revenue over Expense, general operations</b>	<b>-27911</b>
Congress 2018 Revenues	42115
Congress 2018 Expenses	54291
Net, Rev over Exp, Congress for 2018	-12176
<b>Total Net, General Operations + Congress 2018 activity</b>	<b>-40087</b>

### Balance Sheet, December 31, 2018

<b>ASSETS</b>	
Checking & cash on hand	60174
Misc receivables	829
Equipment, net of depreciation	<u>575</u>
<b>TOTAL ASSETS</b>	<b>61578</b>
<b>LIABILITIES: (all are current)</b>	
Accounts payable, misc payables	4482
Payroll taxes owed & accrued	1113
Wages payable	6655
Health benefits payable	<u>1774</u>
<b>TOTAL LIABILITIES</b>	<b>14024</b>
<b>NET ASSETS</b>	
NET ASSETS (all unrestricted)	<u>47554</u>
<b>TOTAL NET ASSETS</b>	<b>47554</b>
<b>TOTAL LIABILITIES &amp; NET ASSETS</b>	<b>61578</b>

# 2018 Donors

National Health Freedom Coalition gratefully acknowledges those whose gifts support our work, and our health freedoms.

## \$20,000 and above

Focus for Health Foundation, Inc

## \$10,000 - \$19,999

Organic Consumers Association

Robert P Rotella Foundation

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The NASH Foundation

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Karen Stene Finch

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Deborah Tenner

V E Irons, Inc\*

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Lynette Albrecht

Joanne Aldrich

Kirk Bashaw

Abby & Christopher Beale

Dawn Bennett

Kathryn Berg

Edna Bernstein

Kathryn Blackburn

Jeannie Branick

Tami Breidinger

Barbara Brockway

Charles Brown

Phillip Burbutes

Judy Buroker

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Donald Dyll

Jennifer Ehrhardt

Woodland Essence LLC

Sharon Ginsburg

Rosemary Gladstar

Becky Hanks

Cecelia Hard

Illinois Citizens for Health

Freedom

Healer Within Natural Therapies

Minnesota Holistic Nurses

Association

Jerri Johnson

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Alice Kitzmann-Bates

Jackie Krammer

Larry Kuusisto

Amy Lansky, TTEE

Karen Lyke

Bill Manahan

Conrad Maulfair

William Mears

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Alice Reynolds

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Mary Ann Smith

Richard Stene

Jeannine Stene

Sally Tamplin

The Ayurvedic Institute

JoAnn Thomas

Sally Weatherly Nikolic

Cilla Whatcott

Jean Williams

Anonymous (7)

## \$1 - \$99

Gerhard Bedding

Kristina & Jeff Boudreaux

Gayle Bowler

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Talya Meldy

Just Natural

Sally Norton

Jeanie Porter

Melanie Powell

Mary Alice Sell

Nita Stewart

Sarah Thompson

Joseph Toth

Dori Trossen

Varda Wilensky

Anonymous (18)



# NATIONAL HEALTH FREEDOM COALITION

An educational 501(c)3 non-profit organization

## **Our Vision**

A healthy nation, with empowered people, making informed health care decisions.

## **Our Mission**

To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.

**Join us and help us ensure your health care choices.**

**[www.nationalhealthfreedom.org](http://www.nationalhealthfreedom.org)**

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