

NHFC 2019 Annual Report



NATIONAL HEALTH FREEDOM
COALITION



Letter from the President

Rosanne Lindsay

Dear Friends of Health Freedom:

As President of the Board of National Health Freedom Coalition (NHFC), I want to personally thank you for all your support this past year. **This year, more than ever, we have had to work hard to preserve our freedoms and rights as Americans, with more challenges to come.**

NHFC has led this **mission to preserve freedoms by educating citizen groups about foundational health freedom principles** as groups envision creating model laws for health freedom protection: such as protection of homeopathic remedies, minimizing negative impacts of restrictive practitioner licensing laws, and understanding the foundational principles behind Safe Harbor practitioner exemption laws. Our sister organization, National Health Freedom Action, has been successful at supporting state groups working on these issues and in February, Maine became the 11th health freedom state to ensure unlicensed holistic practitioners the freedom to practice without threat of criminalization. Wisconsin and Massachusetts are in the last stages of the legislative process, and 20 other states have taken up the health freedom torch to get started.

As I write this letter to you, **things that we never have seen in our lives are playing out quickly before we can connect the dots to see the big picture.** Markets have collapsed. Governments have closed borders and told people to stay at home under mandated lockdowns. Healthy people are caught in the midst of the politics of medicine and confusion. Some people are sick, and some are dying. The extent to which this declared 2020 pandemic plays out remains to be seen.

This declared pandemic comes with new restrictive rules and mandates. Yet, mandates do not exist in a free society. Mandates remove the ability to peaceably assemble, to defend one's family, to speak freely, all natural freedoms embodied in the Constitution. We are witnessing how threats to "public safety and health" are invoked to override individual rights and freedoms. **We are learning that the only freedom that exists is the freedom we each defend.**

The secret of happiness is freedom, the secret of freedom is courage - Thucydides

As we process and endure this new world, it is normal to feel fear, numbness, anger, sadness, frustration, powerlessness, rage, as well as cognitive dissonance, like "This is not happening." However, since we each embody health freedom, we know health and freedom begins within, by reinforcing our free will, courage, and innate immune systems.

While the world goes into "self-quarantine," we can reframe the narrative. Let go of being fearful. Be joyful! Go slow, be patient, be present, stay grounded, and work from the heart. **Life is what we make of it. Even in uncertain times, we can choose to stand for health freedom in body, mind, heart, and spirit.**

Our website address is still the same: www.nationalhealthfreedom.org. Thank you for the opportunity to serve.

In health and freedom,



A handwritten signature in black ink that reads "Rosanne Lindsay". The signature is written in a cursive, flowing style.

Rosanne Lindsay, Naturopath, Herbalist
President, National Health Freedom Coalition

National Health Freedom Coalition

Firmly Embracing Its Vision:

“a healthy nation, with empowered people, making informed health care decisions”

Health-seekers expect to have the freedom to make decisions about their health. But often they do not have adequate truthful information to make informed choices, or the options that they wish to pursue are not available to them. Barriers to the distribution of information, and barriers to access to health care practitioners, products, healthy environments, and other options are increasing and citizens are being negatively impacted. *NHFC educates citizens as to why these events happen and what they can do about it.*

NHFC EDUCATES ABOUT HEALTH FREEDOM BARRIERS:

- Licensed Practitioners practicing holistic approaches can lose their licenses for practicing outside of prevailing and accepted standards of care. Other practitioners, such as herbalists, homeopaths, traditional naturopaths, and energy workers, can be prosecuted for practicing a profession without a license. NHFC supports the concept of safe harbor practitioner exemption laws for non-licensed practitioners, and laws that support minority standards of care for innovative licensed professionals.
- Parental decision-making rights are being denied when governments require children to be vaccinated before they go to daycare or school, or to undergo chemotherapy or other toxic treatments and procedures against parental wishes. NHFC supports parental rights to determine the health of their families.



Rally in St. Paul, MN, organized by Vaccine Safety Council of MN and Health Choice MN

• **Quality of food and protection of the land and natural resources is being jeopardized.**

Organic food standards are being challenged, and the danger of genetically modified foods is being covered up. Sustainable agricultural practices are desperately needed. NHFC supports those brave leaders sounding the alarm regarding our food supply and mother earth, and those working on strong solutions.



• Citizens are incurring illness and **health risks from high frequency environments.**

This is a new area of concern for so many; the future generations of our world will need to take heed as we become more dependent on frequency-based activities.

• **Farmers selling fresh produce from the farm are being raided.**

Food sovereignty is in danger. NHFC supports the local environments to feed their communities and believes that food sovereignty strengthens communities.



NHFC EDUCATING FOR POSITIVE CHANGE

NHFC receives a broad range of requests from citizens, including requests to: attend state and national group calls to explain or educate regarding a particular health freedom topic; help citizens know what types of bills are at their state legislatures that might negatively impact health freedom; study the laws of a particular health freedom topic and report back on what our understandings are; help find groups in their state that might be addressing their health freedom concern; making presentations to groups on health freedom including webinars and conferences.

Attorney Anne Gillum responds to calls daily from around the country from citizens and leaders regarding



health freedom issues. Anne keeps abreast of state health freedom group formations and facilitates their progress. She uses Westlaw to track bills across the country that may impact health freedom. Attorney Diane Miller joins numerous state and national calls to provide feedback and guidance on the understanding of health freedom. Diane provides Webinars on How to Lobby your Legislature, and on Laws regarding Traditional Naturopathy, and Naturopathic medicine.

NHFC ATTENDS CONFERENCES THAT PROMOTE HEALTH FREEDOM

Diane Miller was honored to give a plenary presentation at the **2019 International Herbal Symposium Conference** in Norton, Massachusetts where hundreds of herbalists gathered to share their in-depth knowledge about plants and herbs.

Attorney Anne Gillum gave a presentation to the Alliance of International Aromatherapists (AIA) at its **2019 Aromatherapy Conference & Wellness Expo** in Minneapolis, Minnesota, educating the practitioners about the legal issues surrounding complementary and alternative health care practices.

Board Members Sally Tamplin and Lynette Albrecht represented NHFC and NHFA at the **Joint Homeopathic Conference** in Baltimore, Maryland, where they were able to discuss the practitioner and the product issues with attending homeopaths.



Jerri Johnson and Anne Gillum attended the **AutismOne Conference** in Rosemont, Illinois where citizens gathered to learn about vaccine rights and to support the right of all people to make decisions regarding vaccines for themselves and their families.



Diane Miller gave a presentation at the **Trinity Health Freedom Expo** in Tinley Park, Illinois on safe harbor practitioner exemption laws and NHFA and NHFC staff members joined her in the conference attendance.

BRINGING THE HEALTH FREEDOM COMMUNITY TOGETHER

NHFC is known nationally for hosting the US Health Freedom Congress, a gathering of health freedom leaders, to increase collaboration in the health freedom movement. NHFC has hosted twelve of these gatherings, leading to increased effectiveness in the movement. NHFC looks forward to hosting future Health Freedom Congress gatherings.



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NHFC Financial Statement for 2019

Statement of Revenue & Expenses for 2019

Balance Sheet, December 31, 2019

REVENUE - General Operations		ASSETS	
Contributions and grants	134251	Current assets:	
Memberships	342	Checking	58927
Misc revenue	<u>79</u>	Misc receivables	<u>4665</u>
Total Revenues, General Operations	134672	Total Current Assets	63592
EXPENSE - General Operations:		Equipment, net of depreciatoin	<u>1211</u>
Wages, payroll taxes & benefits	82342	TOTAL ASSETS	64803
Contracted services	19195	Payroll taxes owed and accrued	1405
IT and Online services	6878	Accounts payable	600
Rent, storage, teleph, utilities, internet	4625	Wages and benefits payable	<u>3399</u>
Travel & transportation & lodging	3677	TOTAL LIABILITIES	5404
Supplies, software, merchant & bank fees	2284	Unrestricted net assets	<u>59399</u>
Postage & printing-copying	3125	TOTAL NET ASSETS	59399
Equipment maint, repair, depreciation	753		
Insurance	291		
Training, tuition, advertising & misc	<u>1154</u>		
Total Expenses, general operations	124324		
Net, Revenue over Exp, general operations	10348	TOTAL LIABILITIES & NET ASSETS	64803
Future Congress, 2019 Revenues	500		
Future Congress, 2019 expenses	80		
Future Congress, Net Rev over Expense	420		
Total Net, General operations & Future Congress	10768		

2019 Donors

NHFC gratefully acknowledges those whose gifts support our work.

\$25,000 and above

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\$10,000 - \$24,999

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Anonymous (23)



NATIONAL HEALTH FREEDOM COALITION

An educational 501(c)3 non-profit organization

Our Vision

A healthy nation, with empowered people, making informed health care decisions.

Our Mission

To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.

Join us and help us ensure your health care choices.

www.nationalhealthfreedom.org

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