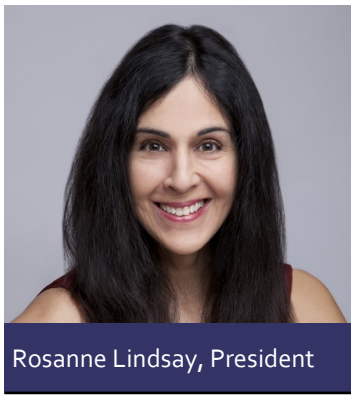


NHFC 2020 Annual Report



NATIONAL HEALTH FREEDOM
COALITION



Rosanne Lindsay, President

Letter from Our NHFC President

Dear Friends of Health Freedom:

As president of the Board of the National Health Freedom Coalition (NHFC), I am honored to be able to **thank you, again, for your generous, continued support as we navigate difficult times and unprecedented challenges that threaten health freedom Rights for all.**

As Americans, **we all face an uncertain future when it comes to preserving inherent, natural Rights.** Contradictory messages in the media serve to confuse a fearful public. Governors have issued medical mandates under health emergency power laws.

Governor Executive Orders are used to remove individual Rights and to enforce illegal mandates. Yet, **NHFC remains an anchor for preserving health freedoms since its inception twenty years ago.**

Twenty years ago, three friends formed the national non-profit sister organizations of NHFC and NHFA. In 1999 Diane Miller, Jerri Johnson, and Leo Cashman were part of Minnesota's Natural Health Legal Reform Project, **working with Minnesotans to pass the first Safe Harbor practitioner exemption law for complementary and alternative health care. They also worked to pass the first state law for the Right to Refuse health countermeasures when implemented under a state of emergency.** After their Minnesota work, they went on to form both national organizations. Today, those friends are still together, working with a small group of dedicated staff and board members to remind everyone that Rights are an individual and collective responsibility to preserve freedoms that are rightfully ours by birth.

In 2020 NHFC's attorneys had important opportunities to give numerous online presentations on laws impacting health freedoms: laws on the right of all healing practitioners to practice; laws regarding Governor powers during health emergencies and abuse of power; and constitutional concepts of personal liberty and sovereignty. And NHFC provided detailed reporting on the amazing work of NHFA as it worked with Massachusetts and Wisconsin to pass safe harbor practitioner exemption laws. These states experienced setbacks after having successfully passed legislation through respective health committees and floor votes. Due to lockdowns and legislative schedule changes, their bills stalled and expired. They have resumed the process in 2021 to keep the momentum going.

Now, with new laws that threaten people's health freedom during ongoing declared health emergencies, NHFC has drafted new model legislation to protect the Rights of people to refuse health measures without their consent. With interest from around the country, NHFC is guiding state groups to understand the importance of Right to Refuse laws that prevent the coercion, interference, or intimidation of people to accept testing, treatments, or medical procedures against their will. More than ever before, the political climate will determine each state's success in passing Right to Refuse legislation. NHFC's sister lobbying organization, NHFA, is working with many states to craft laws that protect freedom.

The First Amendment to the U.S. Constitution still protects the freedom of speech, religion and the press. It still protects the right to peaceful protest and to petition the government. After all, government was established to protect the inalienable, or natural Rights of the people. **Natural Rights consist of basic Rights which are derived from the law of nature, and encompasses such things as life, liberty and property, to achieve the preservation of each individual, body, mind, soul, and spirit.**

Join with us to preserve health freedom as new mandates challenge the relationship with government that Americans once enjoyed. Even under dire circumstances, NHFC is still here to assist.

Thank you for the opportunity to serve along side you.

In health and freedom,



A handwritten signature in black ink that reads "Rosanne Lindsay". The signature is fluid and cursive.

Rosanne Lindsay, ND, MA
President, National Health Freedom Coalition

National Health Freedom Coalition

INFORMING HEALTH SEEKERS ABOUT THE RIGHT TO MAKE HEALTH DECISIONS!

Your Favorite Health Care Practitioners

2020 accentuated the importance of having a health care practitioner whom you trust. And there is a broad range of health care and healing practitioners eager to help. NHFC works to help you know and understand your right to access the health

practitioner of your choice. First and foremost, **your practitioner**

needs the right to legally practice in your state! Unfortunately,

in most states, practitioners such as herbalists, health coaches, traditional naturopaths, homeopaths, and energy healers, **are at risk of criminal prosecution for the “practice of medicine without a license.”**



NHFC wants you to be able to access the health care practitioners that are right for you!

When citizens call NHFC from their home state and want to protect their practitioners, NHFC lets them



Citizens all over the country are reaching out to NHFC to learn how they can have an impact on state laws and public policy.

know that safe harbor practitioner exemption laws are the most effective solution for maximizing access to complementary and alternative health care practitioners. These types of laws have passed in eleven states. **In 2019**

Maine became the 11th state to succeed, and Wisconsin and

Massachusetts came close to becoming the 12th and 13th states – but legislatures ground to a halt with the COVID-19 situation. In 2021,

Wisconsin and Massachusetts reintroduced their safe harbor practitioner exemption bills and more states are surging forward to protect this health freedom right. NHFC is helping to educate and train

groups in states that want to learn how to work effectively in the legislative process. NHFC's sister lobbying organization, National Health Freedom Action

(NHFA), works with state groups that are introducing and passing legislation. Awareness is growing of the importance of this issue, and the effectiveness of this solution!

Making Your Best Choices During a Health Emergency



Diane Miller Speaks at the Trinity Expo: "Practitioner Safe Harbor Exemption Laws for Complementary and Alternative Health Practitioners"

The year of 2020 was unparalleled in many regards and brought forth great debates on the role of government in our lives, including whether government has the authority to restrict individual rights to run a business, go to work or school, and make a living during a declared health emergency. NHFC was called to speak out and write about this issue on many levels. Please visit our website to see a collection of writings from many of our colleagues that resonated with health freedom. Diane Miller, JD, Director of Law and Public Policy, spoke at conferences and on radio shows, dissecting the conflicts that arise when public health concerns collide with individual rights.

NHFC upholds the importance of the constitutional fundamental right of bodily autonomy to make one's own health care decisions, even during emergencies.



Staff member Julie Booras at the Advanced Medicine Conference



In August 2020, NHFC's sister advocacy organization NHFA, drafted and distributed language for Right to Refuse legislation, upholding the right of individuals to refuse testing, treatment, and vaccination during public health emergencies.

The issue of the right of all individuals to decide whether and when to receive a vaccination for themselves or for their children was already contentious in regard to infant and childhood vaccines. But it came into sharper focus in 2020 when some schools and universities attempted to require adult flu vaccines for post-secondary students and staff. The issue of the right to decline vaccines continues to be debated in 2021 with the introduction of new experimental vaccines targeted for COVID-19. NHFC will always speak out and raise awareness of our right to bodily autonomy when it comes to medical interventions including vaccines.



Informing the Public about Toxins in the Environment, and about Health Options



NHFC sends out regular communications to our subscribers informing them about issues important to their health, including dental mercury, fluoride in dental practices, EMFs (electromagnetic frequencies) and the new 5G technology. We sent an action alert encouraging individuals to contact their Department of Health leaders to inform their state residents about supports they could implement for their immune system during outbreaks of any viral or

infectious disease. **We are training people to speak up, speak out, to be in contact with government leaders, even educate them on issues important to our health.**



Julie Booras, new NHFC team member for public outreach and development



We are excited to introduce our newest team member, Julie Booras. Julie brings a love of health freedom, a passion for growth, and a ton of energy to our NHFC staff. Julie will be assisting with outreach and development, to ensure the financial stability and resources for the future that NHFC needs. Bringing her creative, marketing and entrepreneurial skills to the team, Julie is a big voice in the movement to protect our rights to bodily autonomy through education. We are excited to see the growth that NHFC has achieved this year to be able to meet the challenges that are so important for all of us.

Mission Statement of the National Health Freedom Coalition:

To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.

Our Team

BOARD OF DIRECTORS

LEO CASHMAN
Treasurer/Secretary
Ex. Director of DAMS, Inc.

PETER HELGASON

ROSANNE LINDSAY
President

DIANE MILLER JD
NHFC/A Director of Law and Public Policy



NHFC STAFF

JULIE BOORAS
Fundraising Consultant

JUDY BUROKER
Administrative Assistant

LEO CASHMAN
Accountant

ANNE GILLUM JD
Assistant Attorney

JERRI JOHNSON
Public Relations Coordinator

DIANE MILLER JD
NHFC/A Director of Law and Public Policy

NHFC Financial Statement for 2020

Statement of Revenue & Expenses for 2020

Balance Sheet, December 31, 2020

REVENUE

| | |
|-----------------------|---------------|
| Contributions | 129583 |
| Memberships | 35 |
| Total Revenues | 129618 |

EXPENSE

| | |
|---|---------------|
| Wages, payroll taxes & benefits | 62679 |
| Contracted services | 22493 |
| Online services | 7434 |
| Rent, telephone, utilities, internet | 3449 |
| Travel, transportation, lodging | 879 |
| Supplies, merchant fees, bank charges | 2256 |
| Insurance, depreciation on equipment | 682 |
| Postage, printing and copying | 4725 |
| Equipment maint, repair, disposal | 139 |
| Tuition and training expense | 680 |
| Grant to National Health Freedom Action | 2000 |
| Total Expenses | 107416 |

Net, Revenue over Exp, general operations **22202**

Congress, net of revenue over expense 320
NET, REVENUE over EXPENSE overall **22522**

ASSETS

| | |
|-----------------------------------|--------------|
| Checking | 82146 |
| Misc receivables | 2879 |
| Prepaid expense | <u>1488</u> |
| Total Current Assets | <u>86513</u> |
| Fixed Assets, net of depreciation | 788 |
| TOTAL ASSETS | 87301 |

LIABILITIES

| | |
|---------------------------------|-------------|
| Accounts payable, wages payable | 5380 |
| TOTAL LIABILITIES | 5380 |

NET ASSETS 81921

TOTAL LIABILITIES & NET ASSETS **87301**

2020 Donors

NHFC gratefully acknowledges those whose gifts support our work.

\$25,000 and above

Focus for Health Foundation, Inc

\$10,000 - \$24,999

Organic Consumers Association
Anonymous (1)

\$5,000 - \$9,999

Anna Gray
The NASH Foundation
NOW Health Group, Inc.
William L. Rand Company, Inc.

\$1,000 - \$4,999

Agri-Dynamics, Inc
Kathryn Loeb
Miller Family Charitable Fund
National Vaccine Information Ctr
John Ourant
Real Immunity
Spring Forest Qigong Company, Inc
Kathleen Stienstra
Trinity School of Natural Health
Washington Homeopathic Prod, Inc
Lise Wolff
Ned Wuertz
Anonymous (3)

\$500 - \$999

Joanne Addis
Debra Andrews
Tami Breidinger
Joan Brennan
Martha and Jeff DeMarco
JoAnn and Kirby Fager
Sharon Ginsburg
Rosemary Gladstar
Newton Homeopathics
Melanie Powell
Tooth By The Lake
Christine West
Anonymous (6)

\$250 - \$499

Joanne Aldrich
Alternative Horizons, LLC
David Barbarisi

Abby & Christopher Beale
Marybeth Buchele
Colorado Sunshine Hlth Freedom
Denise Fogg
Baerta Graff
Ronald Kenmir
Pete Kennedy
Tedd Koren
Jackie Krammer
Susan Lein
Jeffrey Loeb
Mastel's Health Foods, Inc.
Ralph Mitchell
Northwestern Aca. of Homeopathy
Chad Oler
Brandi Snell
Mary Spielberg
Deborah Tenner
Anonymous (6)

\$100 - \$249

Carole Addlestone
Monica Andersen
Ralph Bauer
Sonja Benjamin
Kathryn Blackburn
Julie Booras
Gayle Bowler
Jeanne Branick
Barbara Brockway
Judy Buroker
Janelle Bussert
Bonnie Carter
Miranda Castro
Elly Nyberg Clark
Geoffrey & Charlotte Clark
Ann Marie Clifton
Claudia David
Tony DiBiase
James Dickerson
Rachael Doherty
Donata Dow
EarthSong Herbs
East West School of Planetary
Herbology
Margaret Feravich
Sofia Galanis
Arnold Gore
Cecelia Hard
Stephen Henke
Homeopathic Medical Cl, P.A
Mark Houllif

Jodey House
Gina Inez
Anne Johnston Smith
Georganne Kaehler
Karaya Wellness Clinic LLC
Alice Kitzmann-Bates
Paul Krause
Amy Lansky
Paige Leacure
Rosanne Lindsay
Bill Manahan
Julia McLean
William Mears
Heather Melstrom
Julia Michniewicz N.D.
Diane Miller
Kathleen Monaghan
Evitta Morrow
Natural Healing Alliance
Tricia Nelson
Jane Orient
Lori Osterheldt
Patricia Pfof
Camilla Rees
Barbara Seideneck
Jane Semple
Mary Smith
Susan Sonz
Jeannine Stene
Richard Stene
Charlene Terrana
Jo Ann Thomas
Linnie Thomas
Vital Health Resources, Inc
Sally Weatherly Nikolic
Wynn Werner
Dick Williams
Catherine Witzke
Anonymous (19)

\$1 - \$99

Barbara Alpert
Victor Alvarez
Darlene Anderson
Apositiva LLC
Jennifer Avery
Lee Beaty
Gerhard Bedding
Dawn Bennett
Brenda Berner
Stacy Blaisdell
Maria Bondanza

Rebekah Botello
Claudia Braun
Margaret Brewster
Ellen Brown
Lauren Cheney
Bianca Clow
Lottie Cocanig
Anne Cohoon
Jessica Collins
Nathan Crane
Gwendolin Crockford
Lindsay Desrosier
Jean Diekmann
Christy Duckworth
Eileen Elder
Ann Endrulat
Meredith Gabriel
Karen Gay
Kelly Genzlinger
Teresa Glick
Dennis Gorman
Jason Hatlestad
Jeanne Handke
Heartsong Books
Mark Hoch
Laurie Hoffman
Pradeep Jadhav
Jeraldin Johnson
Just Natural
Lynn Koll
Susan Kraemer
Pam Kreuger
Karen Kurz-Riemer
Laurie Larson
John Laughlin
Barbara Lemke
Leslie Lepaske
Karen Lewis
Asha Lundgren
Lindsey Mann
Chelsea Mariotti
Cheryl Marschak
Eugenia McGrath
Mary Miller
Tracy Miller
Danielle Morrow
Robert Morse
Mustang Hollow
Gina Orlando
Katherine Peterson
Kim Pilgrim
Jeanette Porter
Pure Life Homeopathy

Paula Quinlan
Rachel Reiche
Valerie Retan
Sara Schaaf
Helen Schilling
Heidi Schor
Karen Stene Finch
Chanchal Suri
Janet Tait
Dorothy Tod
Andrea Tolle
Joseph Toth
Annette Vaughan
Vital Force Consulting
Amy Wenschlag
Donna Widmaier
Varda Wilensky
Bernard Windham
Anonymous (62)



NATIONAL HEALTH FREEDOM COALITION

An educational 501(c)3 non-profit organization

Our Vision

A healthy nation, with empowered people, making informed health care decisions.

Our Mission

To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.

Join us and help us ensure your health care choices.

www.nationalhealthfreedom.org

National Health Freedom Coalition
PMB 218, 2136 Ford Parkway
St. Paul, MN 55116-1863

Phone: 507-663-9018
E-mail: info@nationalhealthfreedom.org
www.nationalhealthfreedom.org

Return Service Requested