



NATIONAL
HEALTH FREEDOM
COALITION

NHFC

2023 Annual Report

www.nationalhealthfreedom.org

A MESSAGE FROM THE PRESIDENT



Rosanne Lindsay, President

“Freedom is not a gift bestowed upon us by other men, but a right that belongs to us by the laws of God and nature.”

– Benjamin Franklin

Dear Friends of Health Freedom,

Despite attacks on freedom in 2023, NHFC is still here, working to protect inherent rights, our natural rights, considered sacred. Our organization is one of few non-profits that stand firm to protect a practitioner’s right to serve, and for people to have access to holistic modalities, and complementary and alternative practitioners, state-by-state. Thanks to you, we offer guidance to those who request our services at no charge. In 2023, NHFC worked with four states to draft Safe Harbor Practitioner Exemption Bills: Connecticut, Massachusetts, Florida, and Oregon.

As long as people remain involved, then efforts to block freedoms are slowed or thwarted. For example, when groups of licensed practitioners, within the U.S., attempt to block Traditional unlicensed healers from the right to practice, NHFC steps in to organize local groups and offer support. In 2023, NHFC helped to defeat a Florida naturopathic licensing bill, that did not have protections for holistic unlicensed practitioners.

On a larger scale, international organizations, such as the World Health Organization (WHO), and their work on a pandemic and emergency response accord, and the Food and Agriculture Organization (FAO), and their work on Codex and international food standards, make far reaching decisions that negatively impact healthcare on a global scale. With unelected officials representing member countries, positioned to make international policy decisions, citizens are more aware. They are demanding protection of national laws. As an educational organization, NHFC sends eblasts and alerts, identifies harmful legislation when introduced, and counsels state leaders for effective lobbying, so people can make real impacts at critical junctures.

Education is key. When it comes to protecting health freedom, our staff attorneys educate groups about how to participate in the political and legislative processes that impact freedom.

As NHFC board president, I invite you to learn more about: 1) legislation to protect unlicensed practitioners, 2) Right-to-Refuse project to track state bills, and 3) ways to become involved where you live. We can always be found at nationalhealthfreedom.org. As always, thank you for your generous, continued support as we navigate challenging times. And for the opportunity to work alongside you.

Thank you.
In health freedom,

A handwritten signature in black ink that reads "Rosanne Lindsay". The signature is written in a cursive, flowing style.

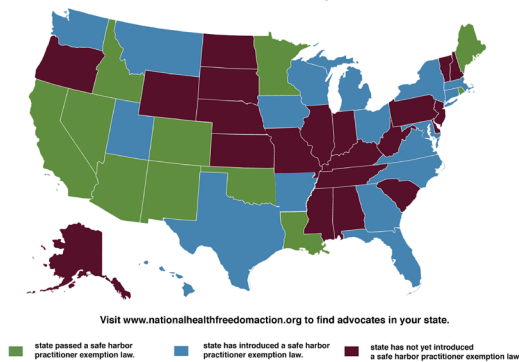
Rosanne Lindsay, ND, MA
President, National Health Freedom Coalition

NHFC envisions an America where all people can have access to the practitioners and products they need on their healing journey, and all are free to make their own health decisions, for themselves and their families.

During 2023, attacks on our health rights continue. But the good news is progress is being made! People are getting involved. Health freedom advocates in states across the nation not only continue to push back against ongoing attempts to infringe on our rights, but they are also moving forward with protective legislative solutions in a big way.

NHFC is an educational organization and our attorneys work hard to educate groups about health freedom and their options of how to participate in the political process when change is needed. Because of the ongoing challenges in 2023 to bodily autonomy and the right to make ones own decisions regarding health, NHFC has found itself educating many groups on this area of law including local groups in MA, VT, CA, OH, IL, SC, IN, PA, KS, FL, and MD.

Is there a Safe Harbor Practitioner Exemption Law in Your State?



In addition, NHFC attorneys have been available to those leaders working in four states that are in the process of passing Safe Harbor Practitioner Exemption Bills that would protect the right of complementary and alternative health care practitioners to practice and be accessible to consumers: Massachusetts, Connecticut, Florida, and Oregon. This area of law is very unique and NHFC is a leader in understanding it and teaching about it. Understanding the current law is essential when working to make new laws.

We pledge to continue to raise awareness about the critical importance of health freedom rights...



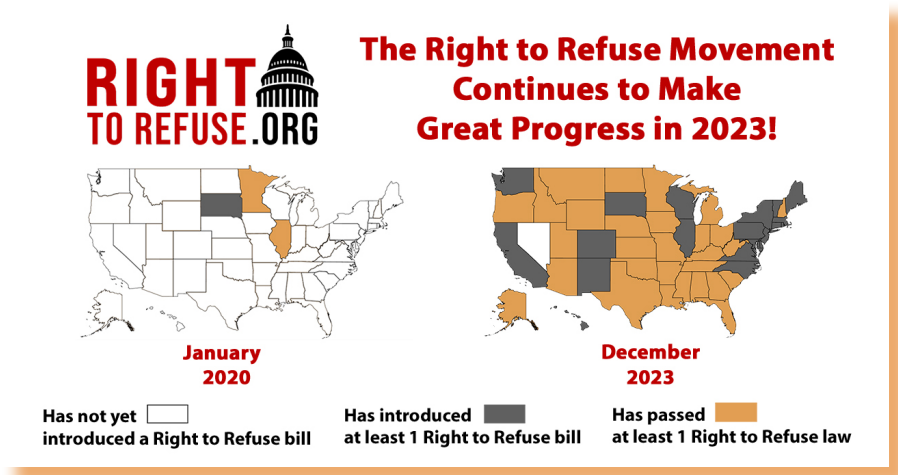
... and what citizens can do to protect these rights.

Right to Refuse 2023. Progress is being made for health freedom across the nation.

Right to Refuse by Numbers 2020- 2023

49 states across the nation have filed over **1075** bills that explicitly PROTECT bodily autonomy.

29 states have passed a total of **75** new laws, plus **8** resolutions



15 new laws were passed in **2023!**

However, there are still many states where protective bills have not been passed into law. In many states coercive medical mandates are still happening today, and access to employment or education is still contingent on getting a particular vaccine. We will not stop working for the freedom of each person to make their own health decisions, without coercive tactics.

NHFC is educating people about their health freedom rights and how to protect them.

NHFC and its sister organization, National Health Freedom Action (NHFA), gave many presentations about health freedom in 2023: Steven O'Connor gave radio interviews with Robert Scott Bell on the Robert Scott Bell show and with Ava Rockwell on the Rockwell School of Functional & Holistic Medicine radio show; Leo Cashman gave 2 interviews on One Life Radio on fluoride issues and EMF radiation; Julie Booras has been on CHD's Good Morning show several times; and NHFC made presentations at many virtual and in-person events throughout the country. NHFC works to help people understand how laws impact their freedoms, and how they can become active in making changes for health freedom.



Attorney Diane Miller participated in the **World Health Congress 2023 Prague** – Prague Czech Republic, giving an overview of health freedom issues for healing practitioners.

NHFC is educating about homeopathic remedies and how to protect them

NHFC created a special video to share with the public on **Homeopathic Remedies and the Law**.

NHFC, and its sister organization NHFA, recommend the federal law be changed to acknowledge that homeopathic remedies are “generally regarded as safe” with the burden of proof on the government to show harm before any action is taken against them.

NHFA has drafted federal legislation to address this issue and wants to work with any group who shares the same vision to make sure that all homeopathic remedies may be on the market.

Watch NHFC Attorney Diane Miller's Video Presentation: Homeopathic Remedies and the Law

Just scan to watch

[TINYURL.COM/NHFAPROTECTHOMEOPATHICREMEDIES](https://tinyurl.com/nhfaprotecthomeopathicremedies)

The freedom of each person to access what one needs on their health journey is essential.

NHFC on the road at In-Person Conferences and Presentations:



Health Freedom Leadership Summit – Orlando, FL – January 2023 - Julie Booras and Nate Gorman attended on behalf of NHFC where they collaborated with other health freedom leaders from around the world.

COVID Litigation Conference 2023 – Atlanta, GA – March 2023 - Attorney Steven O’Connor attended on behalf of NHFC where he connected with lawyers advancing COVID-19-related litigation.

Global Health Freedom Summit – Alexandria, MN – September 2023 – Board members Jeanne Handke and Lynette Albrecht represented NHFC and NHFA.

International Ayurvedic Mega-Conference – Orlando, FL – October 2023 – Nate Gorman represented in person for National Health Freedom Coalition and Diane Miller gave a virtual presentation.



Weston A Price’s 23rd Annual Conference - Kansas City, MO - October 2023 was represented by Julie Booras and Steven O’Connor for NHFC and NHFA.

16th Annual Natural Health Expo - Marlborough, MA – November 2023 was attended by Julie Booras and Dr.

Karen Moriarty, who were able to speak to hundreds of people about efforts in Massachusetts and across the nation to protect health rights. Julie gave a presentation entitled “Protecting the Future of Health Freedom.”

Children’s Health Defense 2nd Annual Rise & Resist Conference - Savannah, GA - November 2023 where Attorney Steven O’Conner and Julie Booras represented NHFC and NHFA.



We pledge to continue working for health freedom rights and to help people make policy changes that protect the fundamental right of all Americans to make their own health choices free from coercive tactics. We will not stop working for the freedom of each person to access what one needs on their health journey.

When citizens learn how to get active in the legislative process they can be agents of real change.

New Board Members and Staff

Petra Brokken, new NHFC Staff Attorney



We are excited to introduce our newest team member, Petra Brokken. Petra is currently working for NHFC and NHFA as a staff attorney. She is a Minnesota

attorney with a long-time interest in health freedom. She graduated from the University of Wisconsin Madison with a BA and an MA in English Literature and attended the University of Minnesota for law school, graduating with a JD in 1992. Petra clerked for a Judge in Minneapolis and then joined the Hennepin County Public Defender's Office, where she litigated cases from traffic to homicide. Her caseload also included juvenile delinquency cases and child protection, where she represented both children involved in the process and parents.

Petra has been an environmentalist since she was a young child and delved into natural healing to find help that was not available from the medical field. Nineteen years ago she obtained raw milk for her child from California, not realizing that it was available in Minnesota. When she found it available from nearby farms, she became active in protecting the right of individuals to obtain foods like raw milk.

Petra is a Board Member of the Minnesota Natural Health Coalition and has helped those who want to minimize the impacts of emfs in their homes, as well as lecturing on the health hazards of emfs, volunteering on lawsuits regarding emfs, and helping bring this issue to the attention of politicians and the general public.

Kelly McGillick, NHFC Board Member



Kelly McGillick joined our NHFC Board of Directors in November of 2023. Kelly joined the health freedom movement through her own health journey and that of her children. These

journeys introduced her to a world of healing modalities and philosophies missing from her university nursing program. Throughout her career she has advocated for patient education and choice in choosing the healing form appropriate to their biochemical individuality and belief system.

“Laws and customs must be carefully reviewed, revised, and even repealed if necessary, and new laws created, to reflect the development, evolution, and spiritual maturation of a people.”

-Diane Miller

Meet the team:

BOARD OF DIRECTORS



Leo Cashman
*Treasurer, Secretary
Ex. Director of DAMS, Inc.*



Peter Helgason



Rosanne Lindsay
President



Jeanne Handke



Kelly McGillick

NHFC STAFF



Julie Booras
*Public Outreach &
Development*



Petra Brokken
Staff Attorney



Judy Buroker
*Executive Office
Administrator*



Leo Cashman
Accountant



Nate Gorman
Leg. Policy Advisor



Jerri Johnson
*Public Relations
Coordinator*



Diane Miller, JD
*Law & Public
Policy Advisor*



Steven O'Connor
Staff Attorney

Working together
we have a chance
to prevail.

NHFC Mission Statement



To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.

Your ongoing
support makes all
this possible and we
are so very grateful.

NHFC FINANCIAL STATEMENT – 2023

2023 Statement of Revenue & Expenses

REVENUE:

Contributions and grants..... 186,349
 Sales of books..... 337
 Interest revenue 6

TOTAL REVENUE..... 186,692

EXPENSES:

Wages, payroll taxes and benefits85,722
 Contracted services..... 58,291
 Online services 13,066
 Rent, telephone, utilities, internet.....2,734
 Travel, transportation and lodging10,910
 Supplies, merchant and bank fees.....3,147
 Postage, copying and printing 8,499
 Equipment depreciation & repair1,404
 Insurance, sales tax, misc..... 538
 Health freedom books..... 239
 Congress direct expense.....180
 Grant to sister health freedom org..... 9,850

TOTAL EXPENSES197,082

NET, REVENUE OVER EXPENSE -10,390

Balance Sheet, December 31, 2023

ASSETS:

Cash.....\$109,418
 Accounts receivable.....97
 Equipment, net of depreciation3,164

TOTAL ASSETS112,679

LIABILITIES:

Accounts payable 9,374
 Wages payable.....4,475
 Payroll taxes owed and accrued2,219

TOTAL LIABILITIES..... 16,068

NET ASSETS 96,611

TOTAL LIABILITIES & NET ASSETS112,679



THANK YOU TO OUR 2023 DONORS
 NHFC gratefully acknowledges those whose gifts support our work.

\$25,000 and above

Barry Segal

California Community
 Foundation

\$10,000-\$24,999

Steve Johnson

Anonymous (1)

\$5,000-\$9,999

Thomas McKissick

NOW Health Group, Inc

Organic Consumers
 Association

William L Rand Company

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Spring Forest Qigong
 Company, Inc.

Ned Wuertz

\$1,000-\$4,999

David Amrein

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David Duarte

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Jigsaw Health LLC

Mary Langeron and Nicholas
Rumin
Julia McLean
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Northboro Chiropractic
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Margaret P Baldwin
JoAnn and Kirby Fager
John and Diane Framsted
Rosemary Gladstar
Newton Homeopathics
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Yoshi Rahm
Andrea Reisen
Matthew Wood
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Marybeth Buchele
The Carter Family Foundation
Bruce Hale
Jeanne Handke
Health Centered Dentistry
Ronald Kenmir
Marta Lettofsky
Karen Lyke
Diane Miller
Page Pulliam
Richard Stene

Karen Stene Finch
Linnie Thomas
Tooth By The Lake
Christine West
Weston A. Price Foundation
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\$100-\$249

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Joanne Aldrich
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Kathryn Berg
Julie Booras
Barbara Brockway
Judy Buroker
Geoffrey and Charlotte Clark
Martha and Jeff DeMarco
James Dickerson
Randy Floyd
Arnold Gore
Dennis Gorman
Cecelia Hard
Heloisa Holden
Megan Holm
Mark Houllif
Gina Inez
Anne Johnston Smith
Georganne Kaehler
Amy & Joseph Kiefer
Alice Kitzmann-Bates
Jacalyn Krammer
Karen Kurz-Riemer
Patrick Lacy
Amy Lansky
Bill Manahan
William Mears
Chad Oler

Monie Paro
Allison Plathe
Jennifer Polich
Karina Roth
Mary Smith
Susan Sonz
Rose Ann Steenhoek
JoAnn Swedock
Sally Tamplin
Charlene Terrana
Sally Weatherly Nikolic
Bonnie Whitley
Richard Williams
Anonymous (28)

\$1-\$99

Elizabeth Barnum
Ralph Bauer
Anastasia Blaisdell
Maria Bondanza
Margaret Brewster
Lottie Cocanig
Ramona Coronado
Christy Duckworth
Donald Dyall
Linda Hedquist
Debra Hultgren
Lynn Koll
Tedd Koren
Susan Kraemer
Andre Kulisz
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NATIONAL
HEALTH FREEDOM
COALITION

NHFC

A 501(c)3
non-profit
educational
organization

OUR MISSION

NHFC Vision

A healthy nation, with empowered people, making informed health care decisions.

NHFC Mission

To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.

National Health Freedom Coalition
PMB 218, 2136 Ford Parkway
St. Paul, MN 55116-1863

Return Service Requested

**The freedom
to direct our
own health care
decisions is
essential to all
freedom and
democracy.**