



NATIONAL
HEALTH FREEDOM
COALITION

NHFC

2025 Annual Report

www.nationalhealthfreedom.org

A MESSAGE FROM OUR PRESIDENT



Greg Miller, NHFC President

“In health there is
freedom. Health
is the first of all
liberties.”

– Henri-Frédéric Amiel

Dear Friends of Health Freedom,

In 2025, the National Health Freedom Coalition continued to stand in the gap for practitioners and consumers. Together with you, we stayed focused on safeguarding our inherent God-given rights to bodily autonomy, informed consent, and access to holistic and complementary care. The climate is really changing. Leaders at both state and federal levels are challenging long-held assumptions. More people are realizing mandates are too restrictive. It is exciting and encouraging to see conversations happening now that have not ever happened in the past.

Throughout the year, NHFC attorneys and staff supported state leaders working on Safe Harbor practitioner exemption bills and other health freedom policies, building on years of coaching groups on legislative strategy and model language. We continued to track and analyze Right to Refuse-style efforts to protect bodily autonomy and genetic integrity, and we consulted with advocates in Vermont, Connecticut, Florida, and Texas who seek to advance protections for unlicensed practitioners and to resist coercive medical mandates. NHFC leaders also represented health freedom at national conferences, sharing our legal expertise on Safe Harbor, EMFs, licensure, and the broader landscape of health freedom law.

Financially, 2025 was a sober year. We mourned the loss of a major funder, and dealt with monthly operating losses. Yet, in a testament to our community’s resilience, we saw other committed donors step up with generous gifts. New relationships were formed to continue our work. We are seeking continued and increasing support from current donors, and seeking new long-term donors. Our work is so important! Thank you to each of you that are supporting NHFC’s health freedom work in big and small ways!

Through it all, we remain clear about our mission: to protect the freedom of every person to make their own health decisions, without coercion, and to access the practitioners and products they deem best for their healing journeys. Over twenty-five years into this work, NHFC continues to offer model legislation, legal analysis, and strategic coaching to citizens who are standing for freedom in their own states. Thank you for walking with us, for your courage in these unsettled times, and for your unwavering belief that health freedom is a right that belongs to us by the laws of God and nature. It is an honor to stand beside you.

In health freedom,

A handwritten signature in black ink that reads "Greg Miller". The signature is written in a cursive, flowing style.

Greg Miller
President, National Health Freedom Coalition

NHFC's educational role matters

Health freedom depends on knowledge. Without clear, credible education about health freedom, individuals cannot exercise informed consent, practitioners cannot navigate regulatory risk, and communities cannot engage meaningfully in public policy discussions.

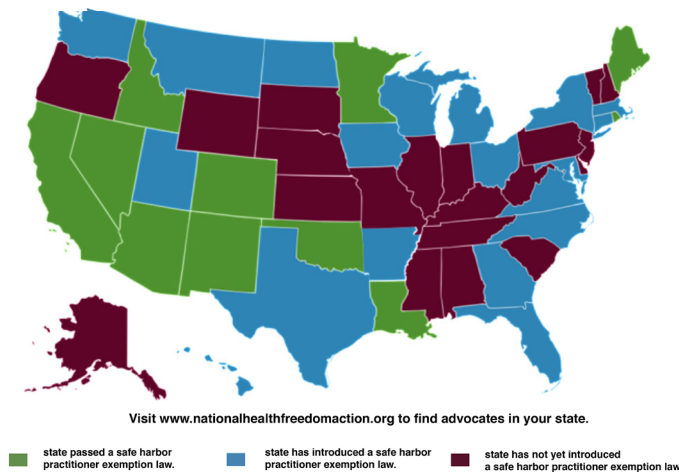
NHFC exists to provide:

- Model Health Freedom Policy
- Historical perspective
- Non-partisan, health freedom-based education
- Resources that empower informed decision-making

Safe Harbor Practitioner Exemption Laws Protect Consumer Access to Practitioners

In 2025, NHFC continued nationwide education on Safe Harbor Practitioner Exemption laws, a legislative framework that helps ensure consumer access to complementary and alternative health care practitioners while supporting transparency, informed consent, and accountability.

Is there a Safe Harbor Practitioner Exemption Law in Your State?



Educational outreach occurred with active or emerging groups in multiple states across all regions of the country. NHFC also provided education and analysis in states where existing practitioner protections faced regulatory or administrative pressure, helping communities understand how access can be preserved through lawful, freedom-based approaches.

Currently eleven states have passed a safe harbor practitioner exemption law in some form, including: Minnesota, Rhode Island, California, Louisiana, Idaho, Oklahoma, Arizona (for homeopaths), New Mexico, Colorado, Nevada and Maine.

We are dedicated to spreading awareness about the essential role of health freedom rights...



... and empowering citizens to take action in protecting them.

Every person
deserves the
freedom to
make their own
choices about
health and
healing.

Progress for health freedom continues to grow across the nation. Here are Right to Refuse by Highlights in 2025:

Medical mandates tied to vaccines, employment, education, and personal health decisions have placed many Americans under intense pressure and coercion. Since 2020, NHFC attorneys have researched, tracked, and supported legislation designed to protect bodily autonomy, informed consent, and genetic integrity. The numbers below reflect the growing movement to safeguard these fundamental rights.

49 states across the nation have filed over **1500** bills that explicitly **PROTECT** bodily autonomy.

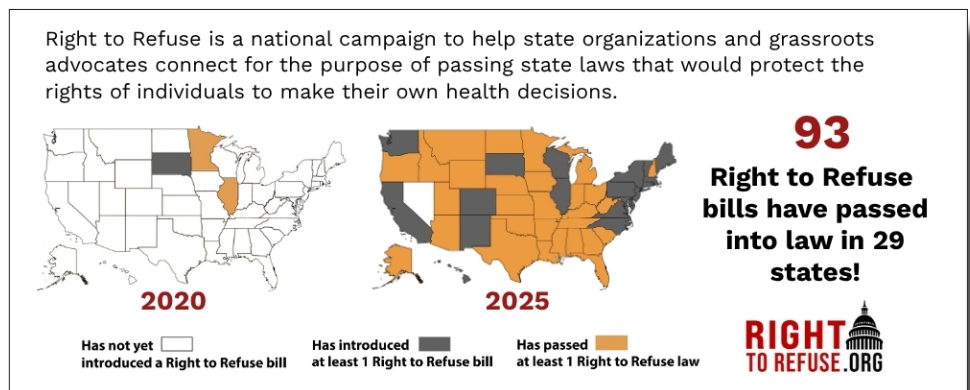
29 states have passed a total of **93** new laws, plus **9** resolutions.

10 new laws were passed in **2025!**

While progress is being made, many states still lack protective legislation. In these areas, coercive medical mandates persist, making our work to educate and support advocacy groups more critical than ever.

NHFC Attorney Steven O'Connor educated state groups working on **Right to Refuse legislation through a series of impactful presentations and resources.**

- Health Information Exchanges
- New Right to Refuse Bills Across the United States
- Executive Orders and Health: MAHA and Selected Federal Actions
- Freedom vs. Bans: The Case of mRNA and Related Technology
- Vaccine Liability History and Federal Reform Efforts
- 100 Days of Making America Healthy Again
- New Vaccine Case Rulings



Momentum Builds for Expanded Care Practice Act

NHFC continued advancing education around the **Expanded Care Practice Act** model, which outlines how **licensed health care professionals can responsibly offer expanded and integrative approaches which are typically outside of their standards of care while maintaining patient safety and informed consent.**

2025 educational efforts included:

- Updating and recording educational materials explaining the Expanded Care Practice model framework
- Conducting multi-state statutory research to identify best practices
- Reviewing medical discipline cases to inform practitioner risk awareness

Core principles emphasized include:

- Freedom to practice outside prevailing standards of care
- No greater risk than conventional treatment
- Reasonable skill and safety
- Full disclosure and informed consent

Educational Outreach: In-Person Conferences

NHFC representatives provided education at conferences and events throughout 2025.

Florida Herbal Conference – Winter Park, FL – March 1
Nate Gorman – Represented NHFC

American Herbalists Guild Conference: Roots & Renewal – Swannanoa, NC – May 31.
Nate Gorman – Represented NHFC

Life Unlimited – MN – July 14
Petra Brokken – *Presentation: Geoengineering: What It Is and How It Can Be Stopped*

17th International Herb Symposium – Cincinnati, OH – September 12–15
Diane Miller, JD (Virtual) – *Presentation: Protection of the Right of Herbalists to Practice Their Healing Art.* Petra Brokken – Represented NHFC

Minnesota Homeopathic Association Conference – MN – October 31–November 1
Leo Cashman – *Presentation: Water Fluoridation & Health Impacts*
Jerri Johnson – *Presentation: History of Safe Harbor Practitioner Exemption Laws*

Children’s Health Defense – MN – August 19
Petra Brokken – *Presentation: Decoding Wireless & 5G Science and Safety*

Ancient Wisdom, Modern Wellness: Ayurveda Conference – Tampa, FL – November 7–8
Nate Gorman – Panel Discussion

CHD 2025 Conference – Austin, TX – November 7–9
Julie Booras & Steven O’Connor – Represented NHFC

18th Annual Natural Living Expo – Marlborough, MA – November 8–9
Dan Seitz & Carol Bedrosian *Presentation: Drafting the Future of Health Freedom*

The freedom to
choose one’s
own path to
healing is a
fundamental
human right.



Julie Booras & Steven O’Connor JD, CHD Conference TX



Lisa Barychko & Nate Gorman, FL Herbal Conference



Robert Scott Bell, Steven O’Connor JD, Julie Booras, Majorie Roswell, CHD Conf, TX

Educational Outreach: Remote Presentations

NHFC also delivered education through national and international remote presentations:

Changing State Laws to Support Integrative Healers

Steven O'Connor & Petra Brokken – National Health Federation - March 21

Expanded Care Practices Act

Diane Miller – Integrative Oncology Working Group - May 18

Licensure and Legal Issues for Homeopathy: Is it beneficial to have a license to practice homeopathy?

Petra Brokken – North American Society of Homeopaths - June 16

Health Care and Healing Practitioners, and the Law

Diane Miller – World Health Congress, Prague, October 3–5



Meet the team:

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NHFC Mission Statement



To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.



THANK YOU TO OUR 2025 DONORS

NHFC gratefully acknowledges those whose gifts support our work.

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NHFC FINANCIAL 2025 STATEMENT AVAILABLE UPON REQUEST

Both a revenue and expense statement and an end of the year balance sheet for year 2025 are available upon request. Our Form 990 annual report for 2025, as submitted to the US Internal Revenue Service, is also available upon request. NHFC is a 501(c)(3) tax exempt non-profit organization and contributions to NHFC are tax deductible for the donor.



NATIONAL
HEALTH FREEDOM
COALITION

NHFC

A 501(c)3
non-profit
educational
organization

OUR MISSION

NHFC Vision

A healthy nation, with empowered people, making informed health care decisions.

NHFC Mission

To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.

National Health Freedom Coalition
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St. Paul, MN 55116-1863

Return Service Requested

**The freedom to
make personal
health decisions
belongs to every
individual**