



NATIONAL  
HEALTH FREEDOM  
COALITION

# NHFC

## 2025 Annual Report

[www.nationalhealthfreedom.org](http://www.nationalhealthfreedom.org)

## A MESSAGE FROM OUR PRESIDENT



Greg Miller, NHFC President

“In health there is  
freedom. Health  
is the first of all  
liberties.”

– Henri-Frédéric Amiel

### Dear Friends of Health Freedom,

In 2025, the National Health Freedom Coalition continued to stand in the gap for practitioners and consumers. Together with you, we stayed focused on safeguarding our inherent God-given rights to bodily autonomy, informed consent, and access to holistic and complementary care. The climate is really changing. Leaders at both state and federal levels are challenging long-held assumptions. More people are realizing mandates are too restrictive. It is exciting and encouraging to see conversations happening now that have not ever happened in the past.

Throughout the year, NHFC attorneys and staff supported state leaders working on Safe Harbor practitioner exemption bills and other health freedom policies, building on years of coaching groups on legislative strategy and model language. We continued to track and analyze Right to Refuse-style efforts to protect bodily autonomy and genetic integrity, and we consulted with advocates in Vermont, Connecticut, Florida, and Texas who seek to advance protections for unlicensed practitioners and to resist coercive medical mandates. NHFC leaders also represented health freedom at national conferences, sharing our legal expertise on Safe Harbor, EMFs, licensure, and the broader landscape of health freedom law.

Financially, 2025 was a sober year. We mourned the loss of a major funder, and dealt with monthly operating losses. Yet, in a testament to our community’s resilience, we saw other committed donors step up with generous gifts. New relationships were formed to continue our work. We are seeking continued and increasing support from current donors, and seeking new long-term donors. Our work is so important! Thank you to each of you that are supporting NHFC’s health freedom work in big and small ways!

Through it all, we remain clear about our mission: to protect the freedom of every person to make their own health decisions, without coercion, and to access the practitioners and products they deem best for their healing journeys. Over twenty-five years into this work, NHFC continues to offer model legislation, legal analysis, and strategic coaching to citizens who are standing for freedom in their own states. Thank you for walking with us, for your courage in these unsettled times, and for your unwavering belief that health freedom is a right that belongs to us by the laws of God and nature. It is an honor to stand beside you.

In health freedom,

A handwritten signature in black ink that reads "Greg Miller". The signature is written in a cursive, flowing style.

Greg Miller  
President, National Health Freedom Coalition

## NHFC's educational role matters

Health freedom depends on knowledge. Without clear, credible education about health freedom, individuals cannot exercise informed consent, practitioners cannot navigate regulatory risk, and communities cannot engage meaningfully in public policy discussions.

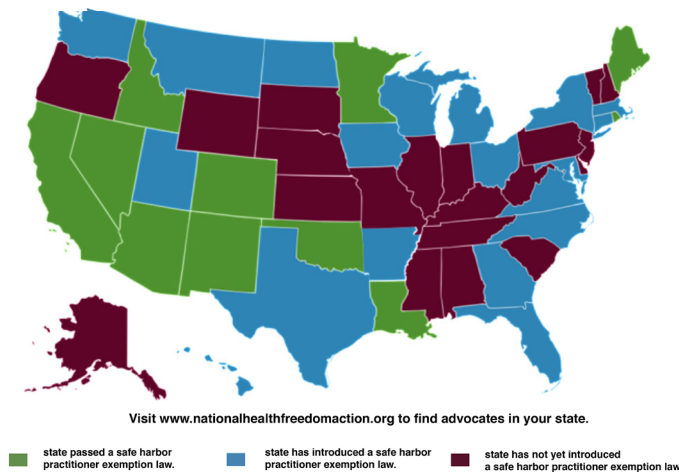
NHFC exists to provide:

- Model Health Freedom Policy
- Historical perspective
- Non-partisan, health freedom-based education
- Resources that empower informed decision-making

## Safe Harbor Practitioner Exemption Laws Protect Consumer Access to Practitioners

In 2025, NHFC continued nationwide education on Safe Harbor Practitioner Exemption laws, a legislative framework that helps ensure consumer access to complementary and alternative health care practitioners while supporting transparency, informed consent, and accountability.

### Is there a Safe Harbor Practitioner Exemption Law in Your State?



Educational outreach occurred with active or emerging groups in multiple states across all regions of the country. NHFC also provided education and analysis in states where existing practitioner protections faced regulatory or administrative pressure, helping communities understand how access can be preserved through lawful, freedom-based approaches.

Currently eleven states have passed a safe harbor practitioner exemption law in some form, including: Minnesota, Rhode Island, California, Louisiana, Idaho, Oklahoma, Arizona (for homeopaths), New Mexico, Colorado, Nevada and Maine.

We are dedicated to spreading awareness about the essential role of health freedom rights...



... and empowering citizens to take action in protecting them.

Every person  
deserves the  
freedom to  
make their own  
choices about  
health and  
healing.

## Progress for health freedom continues to grow across the nation. Here are Right to Refuse by Highlights in 2025:

Medical mandates tied to vaccines, employment, education, and personal health decisions have placed many Americans under intense pressure and coercion. Since 2020, NHFC attorneys have researched, tracked, and supported legislation designed to protect bodily autonomy, informed consent, and genetic integrity. The numbers below reflect the growing movement to safeguard these fundamental rights.

**49** states across the nation have filed over **1500** bills that explicitly **PROTECT** bodily autonomy.

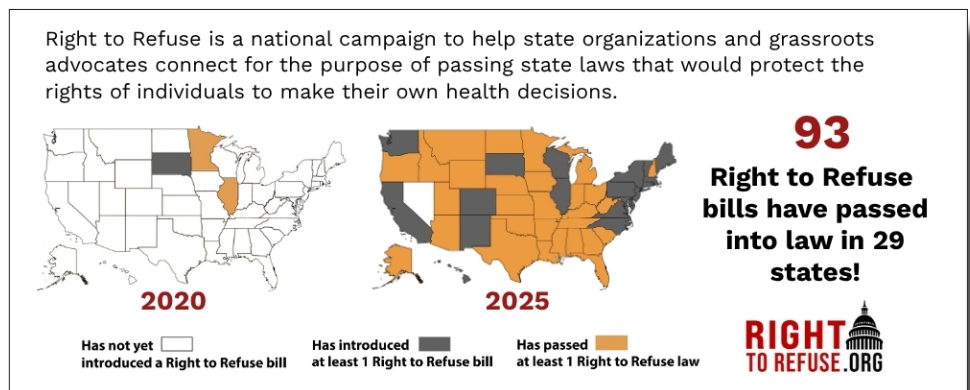
**29** states have passed a total of **93** new laws, plus **9** resolutions.

**10** new laws were passed in **2025!**

While progress is being made, many states still lack protective legislation. In these areas, coercive medical mandates persist, making our work to educate and support advocacy groups more critical than ever.

NHFC Attorney Steven O'Connor educated state groups working on **Right to Refuse legislation through a series of impactful presentations and resources.**

- Health Information Exchanges
- New Right to Refuse Bills Across the United States
- Executive Orders and Health: MAHA and Selected Federal Actions
- Freedom vs. Bans: The Case of mRNA and Related Technology
- Vaccine Liability History and Federal Reform Efforts
- 100 Days of Making America Healthy Again
- New Vaccine Case Rulings



# Momentum Builds for Expanded Care Practice Act

NHFC continued advancing education around the **Expanded Care Practice Act** model, which outlines how **licensed health care professionals can responsibly offer expanded and integrative approaches which are typically outside of their standards of care while maintaining patient safety and informed consent.**

## 2025 educational efforts included:

- Updating and recording educational materials explaining the Expanded Care Practice model framework
- Conducting multi-state statutory research to identify best practices
- Reviewing medical discipline cases to inform practitioner risk awareness

## Core principles emphasized include:

- Freedom to practice outside prevailing standards of care
- No greater risk than conventional treatment
- Reasonable skill and safety
- Full disclosure and informed consent

## Educational Outreach: In-Person Conferences

NHFC representatives provided education at conferences and events throughout 2025.

**Florida Herbal Conference** – Winter Park, FL – March 1  
Nate Gorman – Represented NHFC

**American Herbalists Guild Conference: Roots & Renewal** – Swannanoa, NC – May 31.  
Nate Gorman – Represented NHFC

**Life Unlimited** – MN – July 14  
Petra Brokken – *Presentation: Geoengineering: What It Is and How It Can Be Stopped*

**17th International Herb Symposium** – Cincinnati, OH – September 12–15  
Diane Miller, JD (Virtual) – *Presentation: Protection of the Right of Herbalists to Practice Their Healing Art.* Petra Brokken – Represented NHFC

**Minnesota Homeopathic Association Conference** – MN – October 31–November 1  
Leo Cashman – *Presentation: Water Fluoridation & Health Impacts*  
Jerri Johnson – *Presentation: History of Safe Harbor Practitioner Exemption Laws*

**Children’s Health Defense** – MN – August 19  
Petra Brokken – *Presentation: Decoding Wireless & 5G Science and Safety*

**Ancient Wisdom, Modern Wellness: Ayurveda Conference** – Tampa, FL – November 7–8  
Nate Gorman – Panel Discussion

**CHD 2025 Conference** – Austin, TX – November 7–9  
Julie Booras & Steven O’Connor – Represented NHFC

**18th Annual Natural Living Expo** – Marlborough, MA – November 8–9  
Dan Seitz & Carol Bedrosian *Presentation: Drafting the Future of Health Freedom*

The freedom to  
choose one’s  
own path to  
healing is a  
fundamental  
human right.



Julie Booras & Steven O’Connor JD, CHD Conference TX



Lisa Barychko & Nate Gorman, FL Herbal Conference



Robert Scott Bell, Steven O’Connor JD, Julie Booras, Majorie Roswell, CHD Conf, TX

# Educational Outreach: Remote Presentations

NHFC also delivered education through national and international remote presentations:

## Changing State Laws to Support Integrative Healers

Steven O'Connor & Petra Brokken – National Health Federation - March 21

## Expanded Care Practices Act

Diane Miller – Integrative Oncology Working Group - May 18

## Licensure and Legal Issues for Homeopathy: Is it beneficial to have a license to practice homeopathy?

Petra Brokken – North American Society of Homeopaths - June 16

## Health Care and Healing Practitioners, and the Law

Diane Miller – World Health Congress, Prague, October 3–5



## Meet the team:

### BOARD OF DIRECTORS



Greg Miller,  
President



Peter Helgason



Leo Cashman  
Treasurer, Secretary

### NHFC STAFF



Julie Booras  
Public Outreach &  
Development



Petra Brokken  
Staff Attorney



Judy Buroker  
Executive Office  
Administrator



Leo Cashman  
Accountant



Nate Gorman  
Leg. Policy Advisor



Jerri Johnson  
Public Relations



Diane Miller, JD  
Law & Public  
Policy Advisor



Steven O'Connor  
Staff Attorney



Lauren May Malis  
Fundraising

## NHFC Mission Statement



**To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.**



# THANK YOU TO OUR 2025 DONORS

NHFC gratefully acknowledges those whose gifts support our work.

## \$25,000 and above

Greg and Deanna Miller  
Anonymous (1)

## \$10,000-\$24,999

Jerri and Steve Johnson  
Thomas McKissick  
William L. Rand Company  
Barry Segal  
Annette Wuertz

## \$5,000-\$9,999

Spring Forest Qigong  
Company, Inc.  
Marjorie Roswell  
Anonymous (1)

## \$1,000-\$4,999

Paul Albrecht  
Tara Baklund  
Life Extension Foundation  
Christine Fiordalis  
Roopali Gupta  
Jigsaw Health  
Karen Lyke  
Donna Messinger  
Lori Osterheldt  
Kathleen Stienstra  
Patrick Sullivan Jr.  
Annette Vaughan  
Anonymous (4)

## \$500-\$999

Marybeth Buchele  
David Duarte  
JoAnn and Kirby Fager

Denise Fogg  
John and Diane Framsted  
Pamela Hansen  
Anne Hines  
Erin Holder  
Jeffrey Hubel  
Wenda O'Reilly  
Melanie Powell  
Newton Homeopathics  
Matthew Wood  
Anonymous (4)

## \$250-\$499

Brenda Bryan  
Miranda Castro  
Weston A. Price Foundation  
Roxanne Friedenfels  
Kathleen Gilday  
Rosemary Gladstar  
Stephen Henke  
Ronald Kenmir  
Marta Lettovsky  
Sally Norton  
Linda Pratt  
Tooth By The Lake  
Karen Stene Finch  
Linnie Thomas  
Sally Weatherly Nikolic  
Christine West  
Anonymous (4)

## \$100-\$249

Lynette Albrecht  
Kate Birch  
E Russel Brearley  
Tami Breidinger  
Barbara Brockway  
Leslie Chase  
Geoffrey and Charlotte  
Clark

James Dickerson  
Donald Dyall  
Arnold Gore  
Farah Gron  
Cecelia Hard  
Gina Inez  
Janean Kelly  
Ann Kennedy  
Amy & Joseph Kiefer  
Alice Kitzmann-Bates  
Beth Knudtsen Spears  
Jacalyn Krammer  
Patrick Lacy  
The NASH Foundation  
William Mears  
Diane Miller  
Chad Oler  
Robert Qualls  
Camilla Rees  
Andrea and Matthias Reisen  
Ann Richter  
Karina Roth  
DeJoy Salatino  
Jeff Schragin  
Susan Sonz  
JoAnn Swedock  
Alternative Horizons, LLC  
Charlene Terrana  
Barbara Vaile  
Bonnie Whitley  
Jay Wilson  
Sheila and Jeffrey Wines  
Anonymous (15)

## \$1-\$99

Anastasia Blaisdell  
Claudia Braun  
Ann Marie Clifton  
Ramona Coronado  
Cecelia Doucette  
Margaret Feravich

Dennis Gorman  
Nancy Groves  
Linda Hedquist  
Anita Hill  
Debra Hultgren  
Ramon Johannessen  
Kathryn Jones  
G. Kemman  
Deborah Klaus  
Susan Koecher  
Susan Kraemer  
Lasea Kusbel  
Christianne Liberatore  
Graciela Lopez  
Virginia Mainus  
Marcy Meiller  
Harmonie O'Loughlin  
Gina Orlando  
Christopher Overman  
Vital Force Consulting, Inc.  
Rebecca Pascal  
Ruth Pearson Smith  
Paula Quinlan  
Lori Radunz  
Mary Riposo  
Randy Rolen  
Jessica Rose  
Diane Rustic  
Carol Saddoris  
Helen Schilling  
Mary Sell  
David Shein  
Mary Spielberg  
Diane Spindler  
Carol Taylor  
Jennette Turner  
Paula Wenninger  
Anonymous (17)

## NHFC FINANCIAL 2025 STATEMENT AVAILABLE UPON REQUEST

Both a revenue and expense statement and an end of the year balance sheet for year 2025 are available upon request. Our Form 990 annual report for 2025, as submitted to the US Internal Revenue Service, is also available upon request. NHFC is a 501(c)(3) tax exempt non-profit organization and contributions to NHFC are tax deductible for the donor.



NATIONAL  
HEALTH FREEDOM  
COALITION

**NHFC**

A 501(c)3  
non-profit  
educational  
organization

## OUR MISSION

### **NHFC Vision**

A healthy nation, with empowered people, making informed health care decisions.

### **NHFC Mission**

To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.

National Health Freedom Coalition  
PMB 218, 2136 Ford Parkway  
St. Paul, MN 55116-1863

*Return Service Requested*

**The freedom to  
make personal  
health decisions  
belongs to every  
individual**