### National Health Freedom Coalition

An educational 501(c)3 non-profit organization
"promoting freedom of access to health care"

Our Vision: A healthy nation, with empowered people, making informed health care decisions.

<u>Our Mission:</u> To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.

Working nationally, internationally, and statewide to ensure your Health Freedom!

Join us and help us ensure your health care choices.

www.nationalhealthfreedom.org

**National Health Freedom Coalition** 

PMB 218, 2136 Ford Parkway St. Paul, MN 55116-1863 Phone 507-663-9018 Fax 507-663-9013 E-mail: info@nationalhealthfreedom.org www.nationalhealthfreedom.org

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National
Health Freedom
Coalition

Annual Report 2012

Promoting
Freedom of
Choice
and
Access
In Health Care



# A Letter from the President Marianne Lonergan Curtis

August, 2013

Dear Health Freedom friends:

The freedom to make health care decisions for one's self and one's family is a basic liberty that we must forever understand and protect. National Health Freedom Coalition (NHFC) is committed to educating all health seekers about health freedom, so that people can participate in protecting the freedom to access whatever health care information, practitioners, and products that we need to make the most beneficial decisions for our health.

Unfortunately, consumers are at risk of losing access to many health care practitioners because some of the laws in our country favor only conventional medicine, or create barriers to practice for many practitioners. The investigation and detaining of medical doctors, dentists, homeopaths, naturopaths, and alternative practitioners of all kinds continues, even when there is no showing of harm.

And consumers are at risk of losing access to precious dietary supplements and nutritious foods because attempts to restrict these substances continue, even when there is no showing of harm. Producers are restricted from making truthful statements about the benefits of their products. Meanwhile, GMO (genetically modified organisms) food is in widespread use, with no requirements to inform consumers of what they are eating. And drugs and vaccines that have harmful impacts on the population continue to be promoted without adequate warnings or informed consent.

NHFC educates about the importance of freedom of speech in all of these areas and calls for transparency in order to empower consumers to make informed decisions.

Inside this report you will see a glimpse of the important work that our team is doing for you and for health freedom. NHFC is a leader in supporting collaboration among key leaders in the health freedom movement. It is working to transform our healing systems by engaging citizens and leaders in the freedom conversation and by educating about the importance of protecting the ability of all people to access what and whom they need on their healing journey. NHFC supports all people having the ability to make truly informed health care decisions, and envisions a healing system that will reflect all that is good and healing for the people. We are filled with gratitude to be working together with all of you to strengthen the voice of health freedom. We could not do this work without you, and we appreciate so much your participation and support.

Warmest Blessings for Your Good Health,

Marianne Lonergan Curtis, CAMT, CFT NHFC – President

Misima Longo Castio

## National Health Freedom Coalition gratefully acknowledges those whose gifts support our work, and our health freedoms.

### January 1, 2012 - December 31, 2012

#### \$48,000 Matching Grant

David P. Amrein Dr. Clark Research Association

#### \$5,000 to \$10,000

Sunshine Health Freedom Foundation \* William L. Rand Company, Inc. Anonymous (2 donors)

#### \$2,500 to \$4,999

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Life Extension Foundation \*
Magnesium Advocacy Group \*
National Health Federation \*
Spring Forest Qigong Company, Inc. 3
Trinity School of Natural Health \*
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### Our United Vision:

A healthy nation,
with empowered
people,
making informed
health care
decisions.

<sup>\*</sup> Sponsors of 2012 United States Health Freedom Congress



### NATIONAL HEALTH FREEDOM COALITION

**Board of Directors** 

PMB 218, 2136 Ford Parkway St. Paul, MN 55116-1863 Phone 507-663-9018 Fax 507-663-9013 E-mail: info@nationalhealthfreedom.org www.nationalhealthfreedom.org Marianne Lonergan Curtis, President Leo Cashman, Treasurer Barbara Ford Robert Irons, PhD. Jerri Johnson, Vice President Diane M. Miller JD

### 2012 National Health Freedom Coalition Financial Report

Statement of Revenue & Expense - 2012	Balance Sheet - December 31, 2012
Statement of Nevenue & Expense 2012	Dalance Sheet December 31, 2012

REVENUE			ASSETS	
Grants, matching		48000	Checking	24608
Grant, other		14500	Misc Receivables	5270
Contributions			Security deposit	500
- matching	32781		Total Current Assets	30378
- year end	1830		Fixed Assets:	
- other contributions	250		Equipment	3898
Total, contributions	34861	34861	less: accumulated depreciation	-1579
Memberships		1865	Total Fixed Assets	2319
HF Congress Revenue		36003	Total Fixed Assets	2519
Sales		20	TOTAL ASSETS	32697
Interest revenue		6		
TOTAL REVENUE		135255	LIABILITIES	
EXPENSE			Payroll taxes owed and accrued	1075
Wages		60035	Accounts payable	1421
Payroll Taxes and benefits		14038	TOTAL LIABILITIES	2496
Contracted services		13478		
Supplies, merch fees, food		3711	Unrestricted net assets	30201
Telephone		2067	TOTAL NET ASSETS	30201
Information technology/ on-line		3999	TOTAL NET ASSETS	30201
Postage		421	TOTAL LIABILITIES & NET ASSETS	32697
Rent, space		4145		
Utilities		1152		
Copying, printing		74		
Travel, lodging, transportation		3693		
Depreciation on equipment		673		
Insurance		374		
Mail appeal expenses		921		
Health freedom Congress expense	es	32046		
Grant to National Health Freedom		5000		
Filing fees, service charges, misc.		111		
TOTAL EXPENSE		145938		
NET, REVENUE over EXPENSE		-10683		

### **Mission Statement of the National Health Freedom Coalition:**

To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation

### **Our Core Work**

### **Responding to the Public**

NHFC responds daily to calls from around the country. Calls come from citizens, practitioners, and

manufacturers who are worried about losing access to natural health practitioners or products.

### **Educating About Health Freedom**

**NHFC educates citizens about health freedom** by phone, emails and in-person meetings.

We travel to state capitols and grassroots venues, providing on-site presentations on health freedom principles, laws and public policies. We teach citizens how to best articulate health freedom concepts in public forums, and we provide an extensive informational website.

### **Educating About Political Process**

We educate citizens on participation in the political process by providing advocacy

and lobbying training sessions. We help citizens start state health freedom groups, from the very beginning stages of incorporating, all the way through to their active stages where they are ready to implement effective projects to promote health freedom.

### **Providing Timely Updates and Alerts**

Consumers are daily bombarded with information about health freedom issues, and many

look to NHFC for timely analysis on whether a particular event or happening will infringe on their health freedoms.

### **NHFC TEAM**

### JUDY BUROKER Administrative Assistant

**LEO CASHMAN** *Accountant* 

### JERRI JOHNSON

Public Relations Coordinator

### DIANE MILLER JD

Director of Law and Public Policy

### ANNE TENNER JD Assistant Attorney

ADVISORS
PETER HELGASON
LINDA PETERSON
DR. NORM SHEALY
WILLIAM LEE RAND

### **BOARD OF DIRECTORS**

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### **BARBARA FORD**

Social Media Coordinator Herbalist

### JERRI JOHNSON CCH, Homeopath Vice President

ROBERT D. IRONS, Ph.D. V.E. Irons, Inc

DIANE MILLER JD

### Building Collaboration in the Health Freedom Community

NHFC has long held the belief that if we work together we will have a stronger voice for health freedom. Since 2001 we have hosted seven national leadership conferences, bringing state and federal health freedom organizations and companies together to build solidarity in the freedom movement. We are daily in touch with health freedom leaders in small or large group conversations, and we host and manage a state leaders Yahoo group where state health freedom leaders can confidentially communicate with each other about key strategies and health freedom issues.

#### Global Health Freedom

As

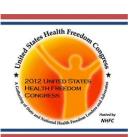
the world changes and globalization takes hold there are many health freedom issues impacting consumer options in health care. The passage of the Codex Guidelines for Vitamins and Minerals is just one example of where the assumption that dietary supplements are dangerous druglike products has manifested and transformed into an international trade guideline. NHFC has attended Codex meetings in Geneva and Rome and stays in contact with the US NGO representing US consumers at Codex, National Health Federation, in order to help strengthen the voice of health freedom internationally. NHFC hosted the World Health Freedom Assembly in 2006, which brought together 14 international health freedom organizations that drafted and endorsed the International **Declaration for Health Freedom**, signed by 18 international health freedom organizations.

### The Year 2012 in Review

### **NHFC Hosted the United States Health Freedom Congress**



On June 14<sup>th</sup>, 2012, NHFC implemented and hosted the US Health Freedom Congress in Schaumburg, Illinois. Thirty five national health freedom organizations and forty additional observing organizations representing millions of Americans came together to build collaboration in the health freedom movement, to pass resolutions and to celebrate and present awards for special achievements.



## 2012 US Health Freedom Congress VOTING MEMBERS

AHI Productions. Alliance for Natural Health USA. Autism One, Bolen Reports, The Canary Party, Citizens for Health, Clinton Miller Health Freedom Advocates, CoMeD, DAMS Dental Amalgam Mercury Solutions, Dr. Clark Research Association, Electromagnetic Health.org, Emord & Associates, P.C., Farm and Ranch Freedom Alliance, Farm-to-Consumer Legal Defense Fund, Gary Null & Associates - (provided a first showing of his new documentary "War on Health: the FDA's Cult of Tyranny"), The HealthKeepers Alliance ,IAACN International and American Assoc. of Clinical Nutritionists, The Institute for Responsible Technology, Institute of Integrative Nutrition, Rick Jaffe Law Firm, Michigan Natural Health Coalition, Minnesota Natural Health - Legal Reform Project , National Health Federation, National Health Freedom Action, National Health Freedom Coalition, NASH North American Society of Homeopaths. The Nutritional Magnesium Association. Ohio Sunshine Health Freedom Coalition, Sunshine Health Freedom Foundation, Dr. Sherri J. Tenpenny, Texas Health Freedom Coalition, Robert Scott Bell Radio, Truehope Institute, Virginians for Health Freedom, Voice for HOPE - Healers Of Planet Earth

#### **Health Freedom Awardees**



Wynn Werner and NMCAAMP (New Mexico Complementary and Alternative Medicine Project); Judith McGeary, JD, and Farm and Ranch Freedom Alliance; Becky Hanks, and Virginians for Health

Freedom; Rick Jaffe, Esquire; Jim Jenks, and Nevada Sunshine Health Freedom Foundation; and Robert Scott Bell, Keynote Presenter at the Awards Banquet.

## 2012 Health Freedom RESOLUTIONS





Voting Members adopted:

Resolution 1A Protecting Humanity from Mercurycontaining Drugs; and

Resolution 3B Supporting the California Right to Know Genetically Engineered Food;

Voting Members also adopted the health freedom principles embodied in 13 additional resolutions with the support of the member organizations to the extent determined by each organization's governing principles including the following resolutions:

Resolution 2B Resolution on Electromagnetic Health
Resolution 3A Genetically Engineered Food Right to Know
Resolution 4A Dietary Supplement Protection
Resolution 5A Misrepresentations of High Fructose Corn
Syrup HFCS

Resolution 6B Food Freedom

Resolution 7A Right to Refuse Vaccination
Resolution 8A Water Fluoridation Resolution

Resolution 9A Dental Amalgam (Mercury) Fillings

Resolution 11A Autism

Resolution 13A Protecting the Profession of Colon Hydrotherapy

Resolution 14A Informed Consent

Resolution 15A FDA Warning Letters

**Resolution 16A FDA Treatment of Synthetic Botanicals** 

# Educating On Laws and Public Policies That Impact Access to Health Care Options and Information

For 12 years, National Health Freedom Coalition has taught grassroots advocates about health freedom issues and how to participate in the political process to protect health freedoms.

### **Health Freedom EXPOS**

► In 2012 NHFC made presentations at the Health Freedom Expos in Long Beach CA, and Chicago IL. Attorney Director Diane Miller's presentations covered safe harbor laws for any states, federal health plains laws federal labeling issues for genetically modified foods.

natural health practitioners in the many states, federal health claims laws, federal labeling issues for genetically modified foods (GMOs) and UN Codex issues regarding dietary supplement guidelines.

▶ Many state advocacy groups submitted information requests to NHFC, asking for information or training on how to be effectively involved in the political process,

**Health Freedom State Groups** 

asking for NHFC's participation in group start-up conference calls, and for more information on bills that might have been introduced in a state. Some of these state groups were: **Colorado Sunshine Health Freedom Foundation, Colorado Springs** 



Illinois Health Freedom Leaders

Health Freedom Steering Committee, Ohio Sunshine Health Freedom Coalition, Virginians for Health Freedom, Wisconsin Health Freedom Coalition, Illinois Citizens for Health Freedom, Pennsylvania Health Freedom Coalition, and California GMO Labeling advocates, as well as International Colon Hydrotherapy Association I-ACT. Many of these groups were concerned about state laws that make natural health care practitioners vulnerable to criminal charges of practicing medicine without a license. Some states were concerned about how their Dietitian laws restricted their freedom of speech, or about overly broad bills that would restrict the rights of citizens to speak about nutrition, or massage bills that would attempt to block the right of citizens to do healing touch. Many of these groups went on to advocate for safe harbor

legislation to protect consumer access to herbalists, naturopaths, homeopaths, colon hydro therapists, and many other complementary health care practitioners.

#### **HOT ISSUES**

GMO labeling
 Forced Chemotherapy
 Fluoride and

Mercury

▶ NHFC educated as many consumers as possible about GMO's (genetically modified organisms), and pointed readers to resources about the health risks of GMO's and the need for proper labeling.



- ▶ NHFC attended hearings in the case of the State of MN v. Persian where the parents of a 12 year old girl with cancer were being charged with neglect for successfully and effectively choosing alternative treatments instead of chemotherapy for their daughter.
- ▶ NHFC attended the International Academy of Oral Medicine and Toxicology Conference, a conference that addresses a broad range of issues by leading professionals in the field of toxicology, including the toxic nature of fluoridation of water, and mercury in vaccines and dental amalgam fillings.



▶ NHFC is excited to announce that attorney Anne Tenner, JD, a top notch Hamline University School of Law graduate, has joined the staff. Anne is a valuable staff member promoting the NHFC mission of health freedom. Already she has made presentations in Hawaii, Washington DC, and Minnesota. NHFC's new subscription to Westlaw Capitol Watch, supported by funding from a generous donor, has given Anne the tools she needs to keep abreast of the status of hundreds of legislative bills across the country.