



**National
Health Freedom
Coalition**

**Annual
Report
2013**

*Promoting
Freedom of
Choice
and
Access
To Health Care
Choices*



A Letter from the President

Marianne Lonergan Curtis

June, 2014

Dear Health Freedom Friends:

Greetings from our busy and industrious team here at National Health Freedom Coalition (NHFC). We are working to transform our healing systems to truly reflect all that is good and healing for the people. We are working to ensure that you and your family and friends have all the information that you need in order to access the health care practitioners, the products and the information that you choose to be healthy.

Unfortunately, some of the laws in our country favor only conventional medicine, or create barriers to obtaining the best information possible about the practices of many holistic practitioners. Many consumers are not informed of the fact that under existing laws, some holistic practitioners can be shut down for practicing medicine without a license, or, if they are licensed, for practicing outside of the standard of care for their professions. Or that producers of dietary supplements can be restricted from making truthful statements about the benefits of their products, or that manufacturers of harmful products such as GMOs (genetically modified foods) have no requirement to label their products as GMO. And people are often given vaccinations without receiving balanced information about the risks and benefits, or without the knowledge that they can refuse the vaccination in many states for medical, religious, or philosophical reasons. Consumers are receiving dental fillings without being informed that dental amalgam is 50% mercury, and there are many more examples of health seekers not receiving the truthful information they need to make sound health choices.

NHFC believes that consumers should have all of the information they need to make good decisions about their health care. We are committed to bringing leaders together across the country to share truthful information and strengthen alliances in order to ensure that truthful information reaches all health seekers. We are committed to protecting and enhancing your access to the information that you need, the products that you need, and the practitioners that you need. And, we are committed to educating you and the leaders in your state just how to protect these liberties and how to take action to change your laws if necessary. The freedom to make health care decisions for one's self and one's family is a basic liberty that we must forever protect.

Inside this report you will see a glimpse of the important work that our team is doing for you and for health freedom. We are filled with gratitude to be working together with all of you to strengthen the voice of health freedom. We could not do this work without you, and we appreciate so much your participation and support.

Warmest Blessings for Your Good Health,

A handwritten signature in black ink that reads "Marianne Lonergan Curtis". The signature is written in a cursive, flowing style.

Marianne Lonergan Curtis, CAMT, CFT
NHFC President

Our Core Work

Responding to the Public

NHFC responds daily to calls from around the country. Calls come from citizens, practitioners, and

manufacturers who are worried about losing access to natural health practitioners or products.

Educating About Health Freedom

NHFC educates citizens about health freedom by phone, emails and in-person meetings.

We travel to state capitols and grassroots venues, providing on-site presentations on health freedom principles, laws and public policies. We teach citizens how to best articulate health freedom concepts in public forums, and we provide an extensive informational website.

Educating About Political Process

We educate citizens on participation in the political process by providing advocacy

and lobbying training sessions. We help citizens start state health freedom groups, from the very beginning stages of incorporating, all the way through to their active stages where they are ready to implement effective projects to promote health freedom.

Providing Timely Updates and Alerts

Consumers are daily bombarded with information about health

freedom issues, and many look to NHFC for timely analysis on whether a particular event or happening will infringe on their health freedoms.

Building Collaboration in the Health Freedom Community

NHFC has long held the belief that if we work together we will have a stronger voice for health freedom. Since 2001 we have hosted eight national leadership conferences, bringing state and federal health freedom organizations and companies together to build solidarity in the freedom movement. We are daily in touch with health freedom leaders in small or large group conversations, and we host and manage a state leaders Yahoo group where state health freedom leaders can confidentially communicate with each other about key strategies and health freedom issues.

Global Health Freedom

As the world changes and globalization takes hold there are many health freedom issues impacting consumer options in health care. The passage of the Codex Guidelines for Vitamins and Minerals is just one example of where the assumption that dietary supplements are dangerous drug-like products has manifested and transformed into an international trade guideline. NHFC has attended Codex meetings in Geneva and Rome and stays in contact with the US NGO representing US consumers at Codex, National Health Federation, in order to help strengthen the voice of health freedom internationally. NHFC hosted the World Health Freedom Assembly in 2006, which brought together 14 international health freedom organizations that drafted and endorsed the **International Declaration for Health Freedom**, signed by 18 international health freedom organizations.

NHFC TEAM

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NHFC's Year 2013 in Review

NHFC Hosted the 2013 United States Health Freedom Congress



On June 5th, 2013, thirty-one national health freedom organizations and thirty additional organizations and observers representing millions of Americans came together in Schaumburg, Illinois, to strengthen collaboration in the health freedom movement. The 2013 Voting Members and attendees forged alliances and collaborative plans to ensure the vision of health freedom in our country



Health Freedom Congress Keynote Speaker and Awardee, Rosemary Gladstar, is known by many for her protection of American Herbalism. Founder of United Plant Savers, Rosemary is a world leader in herbs and indigenous plants, and protector of the natural habitat.

Health Freedom Awardees



Jeffrey Smith
Institute for
Responsible Technology



Scott Tips
National Health
Federation



Jan Kerschner
Colorado Sunshine
Health Freedom

NHFC Bids Farewell to Freedom Heroes Clinton Ray Miller and Robert D. Irons



Robert Irons and Clinton Ray Miller at 2006 World Health Freedom Assembly

Vitamins. Clinton worked to pass the 1994 Dietary Supplement Health and Education Act, establishing that all dietary supplements are to be regulated as foods and not as drugs. Clinton was a Board member of NHFA and has been a teacher to thousands of Americans about health freedom concerns. We are indebted to Clinton Miller for his major leadership in the health freedom movement and will continue his work for freedom.

Clinton Ray Miller passed away on July 24, 2013, in Cedar City Utah.

Robert D. Irons passed away on July 1, 2013 in Kansas City, Missouri.

Clinton Ray Miller, known by many as the "Father of Health Freedom", held the conviction that "Health Freedom is second only to Religious Freedom", a belief foundational to his life's work. Clinton represented National Health Federation in Washington DC for nearly 40 years, and was key in the successful passage of the Proxmire bill, which prohibited the FDA from setting upper limits of dosages for

Robert D. Irons, Board Member of NHFC and son of Victor Irons and Julia Wintar Irons, earned a PhD in Nutritional Immunology from the UN. of Missouri. He worked at the National Institutes of Health in Bethesda, Maryland, and walked firmly in his parents' footsteps, researching and educating on nutrition, and standing up for health freedom. In recent years he worked for his family's company, V.E. Irons Inc., founded in 1946 to produce and distribute pure and natural vitamins, minerals, and internal cleansing aids to help people achieve their optimal health. Victor Earl Irons, founder of V.E. Irons, was a nationally renowned nutritionist and health freedom fighter. NHFC is honored to have had Robert as a Board Member and Chairman of the Drafting Committee for the International Declaration of Health Freedom.

Awards

Diane Miller JD, NHFC's Director of Law and Public Policy received two prestigious awards. In August 2013 National Health Federation, the country's oldest health freedom organization and our voice at Codex, awarded Diane NHF's annual **Health Freedom Hero Award**. And in November, Diane received the first place **David Chow Humanitarian Foundation Award**, honoring humanitarians each year that unselfishly promote "man's humanity towards man," and "Improve the Quality of Human Life."



Educating On Laws and Public Policies That Impact Access to Health Care Options

NHFC Presentations to Groups Around the Country

NHFC's Attorney Diane Miller and Assistant Attorney Anne Tenner, had the opportunity to provide presentations to many health freedom groups around the country in 2013. In February, Diane and Anne both attended, and Anne gave a presentation in Washington DC at the [Voice for HOPE, Healers of Planet Earth, Day on the Hill](#). Voice for HOPE did a great job of teaching citizens how to establish a meaningful relationship with their own Congress members about their experiences with natural health, and participants actually met with Congress members to tell their story. Diane had opportunities twice this year to address national [distributors of Nature's Sunshine Inc. on behalf of Sunshine Health Freedom Foundation \(SHFF\)](#). SHFF is one of the largest organizations supporting the passage of safe harbor laws in the United States. We were delighted to make presentations and provide education for their members. In June, Diane traveled to Orlando, Florida to give a plenary speech to attendees of [the I-ACT \(International Association for Colon Hydrotherapy\) national conference](#). Colon hydro therapists have been recent targets of government action accusing practitioners of practicing medicine without a license, and Diane addressed these issues with participants. In the warmth of August summer, Diane was given the honor of being the keynote speaker at the [26th New England Women's Herbal Conference](#). Hundreds of women herbalists and healers from around the country gathered to study plants and the power of healing. Diane gave a speech on the power of women to transform and make change happen, and was deeply moved by the sense



of community and loving energy that the conference participants had for each other and the world. August also brought the opportunity for Diane and Anne to attend the [United Nations Codex Alimentarius Committee meeting](#) held in Minneapolis, as guests of National Health Federation (NHF). NHF is the only NGO (non-governmental organization) at Codex speaking up for consumer protections. NHF Attorney Scott Tips, and his Associate Editor Kat Carroll, were very vocal and successful in voicing consumer concerns of harm from drugs used in the raising of animals that humans eat. In September, Diane gave a presentation to the participants of the [University of Minnesota Center for Animal Health and Food Safety, College of Veterinary Medicine, Public Policy Development Seminar](#), about how public policy is shaped and developed, using the example of the issues surrounding access to raw unpasteurized milk. NHFC supports consumers having access to raw milk and has been instrumental in discussing solutions that can protect access. In February and June, NHFC made presentations at the [Health Freedom Expos in Long Beach, CA, and Chicago, IL](#). Diane Miller's presentations covered safe harbor laws for natural health practitioners in the many states, federal health claims laws, federal labeling issues for genetically modified foods (GMOs) and UN Codex issues regarding dietary supplements.

State Groups

We congratulate and salute the state of Colorado and the many hard working state groups that supported the passage of the **2013 Colorado Natural Health Consumer Protection Act**, a safe harbor bill protecting access to natural health care practitioners and options. What a grand accomplishment! Each year many state advocacy groups submit information requests to NHFC, asking for assistance on how to be effectively involved in the political process and address health freedom issues in their state. Many groups work with our sister organization, NHFA, and advocate for protecting access to all kinds of health care choices they deem beneficial to their healing.

HOT ISSUES

- 1. GMO Labeling:** NHFC educated consumers about GMO's (genetically modified organisms), and pointed readers to resources about the health risks of GMO's and the need for proper labeling.
- 2. Vaccine Safety:** NHFC and NHFA attended Minnesota Rulemaking hearings and NHFA opposed MN Department of Health proposed increasing the number of vaccines for school children. NHFA submitted written comments highlighting the constitutional issues of mandating vaccines for common preventable diseases.



NATIONAL HEALTH FREEDOM COALITION

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2013 National Health Freedom Coalition Financial Report

Statement of Revenue & Expense - 2013

REVENUE

Grants, matching	67200
Contributions	35569
Memberships	1265
HF Congress Revenue	33581
Advertising revenue	500
Interest revenue	2
TOTAL REVENUE	138117

EXPENSE

Wages	53331
Payroll Taxes and benefits	6687
Contracted services	14660
Supplies, merch fees, food	4567
Telephone	2148
Information technology/ on-line	4890
Postage	1467
Rent, space	4339
Utilities	1398
Copying, printing	1560
Travel, lodging, transportation	10279
Depreciation on equipment	780
Insurance	241
Mail appeal expenses	449
Health freedom Congress expenses	30731
Grant to National Health Freedom Action	7200
Filing fees, service charges, misc.	441
TOTAL EXPENSE	145168

NET, REVENUE over EXPENSE -7051

Balance Sheet - December 31, 2013

ASSETS

Checking	23047
Misc Receivables	1286
Security deposit	500
Total Current Assets	24833

Fixed Assets:

Equipment	3898
less: accumulated depreciation	-2359
Total Fixed Assets	1539

TOTAL ASSETS

26372

LIABILITIES

Payroll taxes owed and accrued	1775
Accounts payable	1786
Wages payable	266
TOTAL LIABILITIES	3827

NET ASSETS

Temporarily restricted net assets 2675

Unrestricted net assets 19870

TOTAL NET ASSETS 22545

TOTAL LIABILITIES & NET ASSETS 26372

Mission Statement of the National Health Freedom Coalition:

To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation

National Health Freedom Coalition gratefully acknowledges those whose gifts support our work, and our health freedoms.

January 1, 2013 – December 31, 2013

\$48,000 Matching Grant

David P. Amrein Dr. Clark Research Association

\$10,000 to \$20,000

Anonymous (1 donor)

\$5,000 to \$10,000

pH Miracle, Inc*

Sunshine Health Freedom Foundation*
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Our United Vision:

***A healthy nation,
with empowered
people,
making informed
health care
decisions.***

* Sponsors of 2012 United States Health Freedom Congress

**Health Freedom leaders who passed away in 2013 and 2014

National Health Freedom Coalition

*An educational 501(c)3 non-profit organization
"promoting freedom of access to health care"*

Our Vision: *A healthy nation, with empowered people, making informed health care decisions.*

Our Mission: *To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.*

***Working nationally, internationally, and statewide to ensure your
Health Freedom!***

***Join us and help us ensure your health care choices.
www.nationalhealthfreedom.org***

National Health Freedom Coalition

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