



**National  
Health  
Freedom  
Coalition**

**Annual  
Report  
2014**

*Promoting  
Freedom of  
Choice  
and  
Access  
To Health Care  
Choices*



# A Letter from the President

## Marianne Lonergan Curtis

July, 2015

Dear Health Freedom Friends:

Greetings from our busy and dedicated team here at National Health Freedom Coalition (NHFC). We are working to transform our healing systems to truly reflect all that is good and for the healing of people.

NHFC believes that consumers should have all of the information they need to make good decisions about their health care. We are committed to bringing leaders together across the country to share truthful information and strengthen alliances in order to ensure that truthful information reaches all health seekers. We are working to protect and enhance your access to the information that you need, the products that you need, and the practitioners that you need. And, we are committed to educate you and the leaders in your state just how to protect these liberties and how to take action to change your laws if necessary. The freedom to make health care decisions for one's self and one's family is a basic liberty that we must forever protect.

Unfortunately, some of the laws in our country favor only conventional medicine. Many consumers are not informed of the fact that under existing laws, some holistic practitioners can be shut down for practicing medicine without a license; that producers of dietary supplements can be restricted from making truthful statements about the benefits of their products; that manufacturers of harmful products such as GMOs (genetically modified foods) have no requirement to label their products as GMO; that people are often given vaccinations without receiving balanced information about the risks and benefits; and that consumers are receiving dental fillings without being informed that dental amalgam is 50% mercury.

But, successes are happening too, due to active and motivated citizens: the repeal of Michigan's Dietitian Law which had allowed only licensed dietitians to give nutritional advice, the passage of Vermont House Bill 112, requiring the labeling of GMO's, and the nine states that now have some form of Safe Harbor laws that protect holistic practitioners' right to practice without fear of criminal or civil charges for unlicensed practice of a regulated health care profession. It is our mission to continue to work towards health freedom for everyone!

This report will give you a glimpse of the important work that our team is doing for you and for health freedom. We are filled with gratitude to be working together with all of you to strengthen the voice of health freedom. We could not do this work without you, and we appreciate so much your participation and support.

Warmest Blessings for Your Good Health,

A handwritten signature in cursive script, reading "Marianne Lonergan Curtis". The signature is written in dark ink on a light-colored background.

Marianne Lonergan Curtis, CAMT,CFT  
NHFC President

# Our Core Work

## Responding to the Public

**NHFC responds daily to calls from around the country.** Calls come from citizens, practitioners, attorneys, lobbyists, and manufacturers who are worried about the impacts of losing access to desired health care options. Citizens may call because they want access to the practitioners they have chosen. They may want truthful information, such as the labeling of GMO foods. They may want exemptions from vaccine requirements.

## Educating Citizens About Health Freedom and the Political Process

**NHFC educates citizens about health freedom by phone, emails and in-person meetings. We travel to capitols and grassroots venues, providing** on-site presentations on health freedom principles, laws and public policies. We teach citizens how to best articulate health freedom concepts in public forums, and we provide an extensive informational website. **We educate citizens on participation in the political process** by providing advocacy and lobbying training sessions. We often help citizens in state groups from the very beginning stages of incorporating, all the way through to their active stages, and to success in their projects to promote health freedom.

## Providing Alerts

**Consumers are daily bombarded with information about health freedom issues,** and many look to NHFC for timely analysis on how a particular event or situation will infringe on their health freedoms. We provide point papers to assist in understanding issues and alerts for citizens to take action.

## Building Collaboration in the Health Freedom Community

**NHFC has long held the belief that if we work together we will have a stronger voice for health freedom.** We work closely with our sister educational organization, National Health Freedom Action, as well as leaders across the country to promote changes that protect health freedom. We are daily in touch with leaders in small or large group conversations, about key strategies and health freedom issues.

## Global Health Freedom

**NHFC is committed to assessing health freedom issues from a global perspective when time permits. As the world changes and globalization takes hold there are many health freedom issues impacting consumer options in health care.** The proliferation of childhood vaccines in countries across the world, and the vaccine safety issues manifesting is just one example of how the people of the planet must all work together to protect the integrity of individual choice in the context of public needs. Another example of global impact on health freedom is the passage of United Nations Codex Guidelines, for example the guideline on Vitamins and Minerals where there is an assumption that dietary supplements are dangerous drug-like products. NHFC has attended Codex meetings in Geneva and Rome in the past but now supports the effective work of **National Health Federation**, the US NGO representing US consumers at Codex and monitoring international trade guidelines of all kinds.

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# National Health Freedom Coalition

*Working to preserve your access to the healing practitioners, products, and information that you deserve in order to stay healthy!*

In 2014, NHFC educated citizens on health freedom issues including GMO labeling, holistic practitioners rights to practice, EMF radiation, dental mercury, exemption to vaccine mandates, and many other issues.

NHFC has been active in many states, helping state health freedom groups learn how to incorporate and become active in the process of making changes in their state for health freedom.

Once again, NHFC hosted the US Health Freedom Congress, bringing together health freedom organizations from around the country in order to enhance communication and collaboration in the health freedom movement.

## The 2014 U.S. Health Freedom Congress *Exponentially Expanding the Voice of Health Freedom!*

Hosted by  
National Health Freedom Coalition



September 26th and 27th, twenty five leading health freedom organizations and forty additional organizations and participants representing millions of health and freedom-conscious Americans came together. Meeting at Hamline University in St. Paul, Minnesota, they discussed urgent concerns for health freedom and strengthened collaboration within the health freedom movement.



The event began and closed with the Health Freedom Voting Member organizations convening for one hour each day in a circle Round. This year's Congress was enhanced by all leaders participating in what is known as Open Space dialogue sessions, led by Denise Lewis Premshak. Jason Haffley of One Ninth Media and his colleague Matt Olmon presented information on using social media effectively. Future plans for getting the message out are now underway and we look forward to technology helping Americans know their health freedoms and how to take action to protect them.



"Stories of Freedom, Stories of Courage" highlighted the efforts of ordinary citizens to stand for their health freedoms. Each aspect of the Congress inspired and motivated leaders to work together to strengthen the entire health freedom movement. Six resolutions were passed by the 2014 Health Freedom Congress.



**The event culminated with the Health Freedom Awards Banquet** and with the passionate address by Barbara Loe Fisher, world leader, expert, and advocate for the protection of informed consent and vaccine safety. Barbara Loe Fisher's presentation was stunning, giving leaders the data and statistics they need to leverage the cause of human, civil and parental rights in the area of informed consent and vaccine safety.

**Health Freedom Awards were presented** at the banquet to four outstanding health freedom leaders: Alexis Baden-Mayer of Organic Consumers Association; Judy Stone and the Michigan Nutrition Association; Vermont Right to Know GMOs Coalition, a partnership of four organizations; and Barbara Loe Fisher. Inspiring acceptance speeches were given by health freedom hero Ronnie Cummins of Organic Consumers Association, accepting on behalf of Alexis Baden-Mayer and the Vermont GMO Labeling coalition, and by Susan Gingerich accepting on behalf of Judy Stone and the Michigan Nutrition Association.



**The 2014 Voting Members and attendees forged alliances** and collaborative plans to ensure the vision of health freedom in our country. We encourage you to know and support these organizations and join in the health freedom movement.





# National Health Freedom Coalition gratefully acknowledges those whose gifts support our work, and our health freedoms.

January 1, 2014 – December 31, 2014

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***Our United Vision:***  
***A healthy nation,***  
***with empowered people,***  
***making informed***  
***health care***  
***decisions.***

\*Sponsors of 2014 United Health Freedom Congress

# **National Health Freedom Coalition**

**An educational 501(c)3 non-profit organization**  
**"promoting freedom of access to health care"**

**Our Vision:** *A healthy nation, with empowered people, making informed health care decisions.*

**Our Mission:** *To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.*

***Working nationally, internationally, and statewide to ensure your  
Health Freedom!***

***Join us and help us ensure your health care choices.***  
***[www.nationalhealthfreedom.org](http://www.nationalhealthfreedom.org)***

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