National Health Freedom Coalition Third Annual Conference October 28-30, 2005

Attendee Statements

(The following statements were written on individual poster papers during the NHFC conference by attendees and hung in the main hall for all to see in response to an invitation for individuals to make statements that a person might think everyone could agree with in the health freedom movement. This was an informal process and attendees discussed these statements with each other. The statements are the author's alone. They give us a glimpse of the health freedom movement's solidarity. Enjoy!

- ► The right to choose and have access to ones own health care options is a fundamental constitutional right. (NHFC National Health Freedom Coalition Diane M. Miller JD)
- ▶ Dietary supplements have an important role to play in ending world hunger and promoting world health. (Citizens for Health James Turner JD)
- ► Let's all develop a global strategy. (Alliance for Natural Health Robert Verkerk PhD and David Hinde Solicitor)
- ► Helsinki Declaration: "The treatment of the sick person, the doctor must be free to use a new therapeutic measure if in his/her judgment it offers hope of saving life, reestablishing health, or alleviating suffering." Ratified by Congress! This is the law of the land! (Dan Haley Book Politics In Healing)
- ► We all share historic and cultural healing traditions that must be shared with current generations and preserved for future generations. (Jesse R. Brown Michigan)
- ▶ Blaze a trail for generations to come that will allow our children to have health freedom. (Joan Vandergriff Sunshine Health Freedom Foundation)
- ▶ We need to think about new ideas all the time. Pondering is a positive thing, especially when you do it together with your friends. (Greg Minnesota) Additions to poster: CAM vs. Health Freedom. Complementary is not accurate. It's not. Alternative is a negative term to lots of people. Or at least an alarm word. Medicine, also not. It's not complementary medicine. It's not medicine at all (as most people define medicine). Freedom is the word.
- ▶ Government regulation (i.e. licensure, registration or certification) historically has been brought forth by groups to secure their economic base and has proven to decrease access and increase cost of said services and stifle innovation, creativity and progress; further, it does not prove to guarantee protection of the public nor prove quality of the practitioner. (Nancy Hone Minnesota). Additions to poster: Licensing is a monopoly given to special groups (Adam Smith) and other economists have shown such monopolies on services including medical service lowers quality, limits choice and raises prices! Smith also said it would deter advancement of medical science.

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- ▶ There is really no such thing as government. It is those who influence government. (Joe Bassett Ohio). Additions to poster: If I have a right to defend my life (with a gun), I have a right to protect my life with a supplement.
- Document was taped up on poster entitled Who has earned the Conceptual Rosa Park Honor in the National Health War Struggle? It began by stating "I nominate all who sit here at this (dinner, meeting) you having well served we the people in the Health War Struggles from 1976-2006..." (Poster included attached document explaining history of the Declaration of Independence and the history of the health freedom movement and a call to action. Submitted by Jim Johnston, American Health Science University. Document available upon request)
- ▶ We need to preserve the precarious rights of Physicians to work outside the box of mainstream medicine without fear of reprisal. Physicians who defect are in the endangered species list!! Mainstream medicine controls defection by "public executions". Let's invoke the Helsinki Declaration. (Serafina Corsello M.D.)
- ▶ Preserve the concepts and tools of differing medical systems so that the complete expression of that system can happen And to not limit the treatment protocols for specific disease i.e. homeopathy, TCM, acupuncture, hand on healing, herbs, vitamins, ozone, etc. Can naturally gravitate to their best niches. (Kate Birch NASH North American Society of Homeopaths)
- ► Let us embrace the fact that we are the true health care. "Alternative" should be used in regard to allopathy. We are the leaders of health and wellness. (Claudia Ohio)
- ▶ Poster that attached a document that was entitled: After the Fall: Why America Needs a Spiritual Left by Michael Lerner (Nov 3, 2004) (Submitted by Louise Bouta Well Mind Association of Minnesota)
- ► Think Tank. (Tim Bolen)
- ► "The human right to adequate food is recognized in several instruments under international law. [...] The right of every human being to be free from hunger is fundamental and uncontested. The most important implication of the right to adequate ... is that states and peoples must be supported to enable them to address situations of food insecurity themselves. The right to culturally acceptable food should not be regarded

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primarily as a right to receive a specific type of food aid, but as a right to be supported so as to create one's own food security - ... support to address sustainable food security must therefore also include ensuring the capacity in recipient countries for food that is both safe and nutritious." --(Food and Agriculture Organization (FAO) Expert Consultation on Food Safety, Science & Ethics, Rome, Italy, September 2002.)

- ► Clinton Miller One Page Fax posted entitled Please Cosponsor HR 181. "I urge you to join Representative Ron Paul (R TX)... Many parents have already been threatened with child abuse if they resist efforts to drug their children with RITALIN and other horribly toxic behavior altering drugs. It is too easy for psychiatrists or teachers to label a person's disagreement with their own political or religious beliefs as a mental disorder...." (Clinton Miller)
- ▶ Clinton Miller One Page Fax posted entitled Please Call For a National Moratorium on Fluoridation of Public Water Supplies. "I respectfully, but urgently, urge you to ask the appropriate Federal and Congressional officials to call for a national moratorium on the fluoridation of public water supplies. My request is based on new information that a PhD theses by Elise Bassin at Harvard revealed a 7-fold increase in the ink between fluoride in drinking water and osteosarcoma in young boys…" (Clinton Miller)
- ► The first and most important task that we can accomplish is to respect fully and completely allow for the free and responsibly informed choice of the patient/public (Tammy Kennedy)
- ▶ Let's all go home and write letters to the editor of our hometown papers and summarize what we learned here. Also, lets have an info night at our local library and show Kevin's film. (The average U.S. citizen has no clue what is going on.) (Pamela Gerry, Maine).
- ▶ Preservation and protection of the peoples' agricultural seeds and cultural practices is an inherent human right. (Eugene McGrath, Minneapolis) Addition to the poster: "Educate and Enlighten!" Let's continue to give structure to our assembly to be represented at Codex (Mary Mellen, IHE Institute of Human Ecology).